

Prova 36 Masc., 400m Livres Juvenis  
28-07-2018 - 12:15 Resultados Elimin

Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006

TAC Juv A 50m: 4:25.47 - 25m: 4:19.48; Juv B 50m: 4:32.48 - 25m: 4:27.38

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOPES Tomas Teixeira	02	Foca	<b>4:12.86</b>	+0,70	659	
	50m: 29.35 29.35 150m: 1:34.21 32.13 250m: 2:39.10 32.72 350m: 3:42.33 31.35						
	100m: 1:02.08 32.73 200m: 2:06.38 32.17 300m: 3:10.98 31.88 400m: 4:12.86 30.53						
2.	FERNANDES Eduardo Gomes	02	Hoquei Mealhada/ CA	<b>4:15.18</b>	+0,71	641	
	50m: 29.01 29.01 150m: 1:33.49 32.31 250m: 2:38.38 32.32 350m: 3:43.77 32.90						
	100m: 1:01.18 32.17 200m: 2:06.06 32.57 300m: 3:10.87 32.49 400m: 4:15.18 31.41						
3.	VAKULYUK Paulo	03	Torres Novas	<b>4:17.75</b>	+0,68	622	
	50m: 28.80 28.80 150m: 1:32.80 32.27 250m: 2:39.37 33.28 350m: 3:45.79 33.47						
	100m: 1:00.53 31.73 200m: 2:06.09 33.29 300m: 3:12.32 32.95 400m: 4:17.75 31.96						
4.	TRAVASSOS Rodrigo Alexandre	02	CASP AE	<b>4:18.11</b>	+0,69	619	
	50m: 29.23 29.23 150m: 1:33.71 32.59 250m: 2:39.63 32.86 350m: 3:46.10 32.96						
	100m: 1:01.12 31.89 200m: 2:06.77 33.06 300m: 3:13.14 33.51 400m: 4:18.11 32.01						
5.	COSTA Samson Silva	02	Fluvial Portuense	<b>4:18.48</b>	+0,68	617	
	50m: 28.77 28.77 150m: 1:34.01 32.53 250m: 2:39.45 32.46 350m: 3:45.76 32.82						
	100m: 1:01.48 32.71 200m: 2:06.99 32.98 300m: 3:12.94 33.49 400m: 4:18.48 32.72						
6.	FROTA Paulo Andre	02	CASP AE	<b>4:18.56</b>	+0,65	616	
	50m: 30.40 30.40 150m: 1:34.74 32.15 250m: 2:40.76 32.68 350m: 3:48.65 34.20						
	100m: 1:02.59 32.19 200m: 2:08.08 33.34 300m: 3:14.45 33.69 400m: 4:18.56 29.91						
7.	JACINTO Rafael Rodrigues	02	Belenenses	<b>4:18.70</b>	+0,71	615	
	50m: 29.34 29.34 150m: 1:34.18 32.29 250m: 2:39.04 32.40 350m: 3:44.99 33.16						
	100m: 1:01.89 32.55 200m: 2:06.64 32.46 300m: 3:11.83 32.79 400m: 4:18.70 33.71						
8.	MONTEIRO Tomas Penha	02	Alges	<b>4:19.62</b>	+0,60	609	
	50m: 29.15 29.15 150m: 1:34.82 33.15 250m: 2:41.65 33.29 350m: 3:47.45 32.03						
	100m: 1:01.67 32.52 200m: 2:08.36 33.54 300m: 3:15.42 33.77 400m: 4:19.62 32.17						
9.	DEUS Andre Portugal	02	Naval do Funchal	<b>4:20.19</b>	+0,63	605	
	50m: 29.91 29.91 150m: 1:35.31 33.05 250m: 2:41.48 32.97 350m: 3:48.21 33.14						
	100m: 1:02.26 32.35 200m: 2:08.51 33.20 300m: 3:15.07 33.59 400m: 4:20.19 31.98						
10.	AMARAL Francisco Rodriguez	02	Campinho	<b>4:20.48</b>	+0,66	603	
	50m: 29.60 29.60 150m: 1:35.71 33.55 250m: 2:42.42 33.19 350m: 3:49.26 33.44						
	100m: 1:02.16 32.56 200m: 2:09.23 33.52 300m: 3:15.82 33.40 400m: 4:20.48 31.22						
11.	ALVES Manuel Landeiro	02	Naval Praia da Vitoria	<b>4:21.33</b>	+0,72	597	
	50m: 30.01 30.01 150m: 1:35.98 33.72 250m: 2:43.88 33.84 350m: 3:50.72 33.37						
	100m: 1:02.26 32.25 200m: 2:10.04 34.06 300m: 3:17.35 33.47 400m: 4:21.33 30.61						
12.	VIEGAS Hugo Miguel	02	Natacao Olhao	<b>4:21.39</b>	+0,70	596	
	50m: 29.97 29.97 150m: 1:36.19 33.10 250m: 2:42.58 32.93 350m: 3:49.55 33.71						
	100m: 1:03.09 33.12 200m: 2:09.65 33.46 300m: 3:15.84 33.26 400m: 4:21.39 31.84						

Prova 36, Masc., 400m Livres, Elimín, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	OLIVEIRA Vitor Teixeira	03	Columbofila Cantanhedense	<b>4:21.50</b>	+0,69	596	
	50m: 30.13 30.13	150m: 1:36.37	33.80	250m: 2:43.21	33.30	350m: 3:50.51	33.54
	100m: 1:02.57 32.44	200m: 2:09.91	33.54	300m: 3:16.97	33.76	400m: 4:21.50	30.99
14.	SIMOES Bernardo Jorge	02	Torres Novas	<b>4:22.85</b>	+0,61	586	
	50m: 29.70 29.70	150m: 1:35.47	33.23	250m: 2:42.25	33.09	350m: 3:49.55	33.85
	100m: 1:02.24 32.54	200m: 2:09.16	33.69	300m: 3:15.70	33.45	400m: 4:22.85	33.30
15.	CARVALHO Fernando Costa	03	Foca	<b>4:23.31</b>	+0,64	583	
	50m: 29.71 29.71	150m: 1:36.52	33.51	250m: 2:44.06	33.83	350m: 3:51.51	33.43
	100m: 1:03.01 33.30	200m: 2:10.23	33.71	300m: 3:18.08	34.02	400m: 4:23.31	31.80
16.	LOURENCO Tomas Galvao	02	Natacao Olhao	<b>4:23.39</b>	+0,73	583	
	50m: 29.45 29.45	150m: 1:35.97	33.70	250m: 2:44.19	34.13	350m: 3:52.60	34.14
	100m: 1:02.27 32.82	200m: 2:10.06	34.09	300m: 3:18.46	34.27	400m: 4:23.39	30.79
17.	SOUZA Francisco Alves	02	Gesloures	<b>4:23.43</b>	+0,70	583	
	50m: 29.09 29.09	150m: 1:36.90	34.05	250m: 2:44.32	33.66	350m: 3:51.55	33.70
	100m: 1:02.85 33.76	200m: 2:10.66	33.76	300m: 3:17.85	33.53	400m: 4:23.43	31.88
18.	GOMES Goncalo Andre	03	Individual ANC	<b>4:24.07</b>	+0,70	578	
	50m: 30.47 30.47	150m: 1:37.19	33.04	250m: 2:44.83	33.72	350m: 3:52.41	32.96
	100m: 1:04.15 33.68	200m: 2:11.11	33.92	300m: 3:19.45	34.62	400m: 4:24.07	31.66
19.	BRITO Bernardo Geada	02	Uniao Piedense	<b>4:24.42</b>	+0,61	576	
	50m: 29.82 29.82	150m: 1:35.76	33.36	250m: 2:43.07	33.57	350m: 3:51.09	34.13
	100m: 1:02.40 32.58	200m: 2:09.50	33.74	300m: 3:16.96	33.89	400m: 4:24.42	33.33
20.	MACHADO Martim Miranda	03	Uniao Coimbra	<b>4:25.16</b>	+0,63	571	
	50m: 29.00 29.00	150m: 1:34.76	33.43	250m: 2:42.83	33.93	350m: 3:51.60	34.36
	100m: 1:01.33 32.33	200m: 2:08.90	34.14	300m: 3:17.24	34.41	400m: 4:25.16	33.56
21.	RODRIGUES Pedro Reis	02	Sao Roque	<b>4:25.73</b>	+0,68	568	
	50m: 29.15 29.15	150m: 1:35.16	33.30	250m: 2:43.52	34.39	350m: 3:52.92	34.41
	100m: 1:01.86 32.71	200m: 2:09.13	33.97	300m: 3:18.51	34.99	400m: 4:25.73	32.81
	CARVALHO Daniel Luis	02	Braga	<b>4:25.73</b>	+0,75	568	
	50m: 30.10 30.10	150m: 1:36.43	33.70	250m: 2:44.77	34.27	350m: 3:52.98	33.88
	100m: 1:02.73 32.63	200m: 2:10.50	34.07	300m: 3:19.10	34.33	400m: 4:25.73	32.75
23.	DIAS Ruben Fonseca	03	Natacao de Valongo	<b>4:26.92</b>	+0,73	560	
	50m: 29.89 29.89	150m: 1:36.47	33.95	250m: 2:44.91	33.94	350m: 3:53.98	34.59
	100m: 1:02.52 32.63	200m: 2:10.97	34.50	300m: 3:19.39	34.48	400m: 4:26.92	32.94
24.	ROCHA Eduardo Chicralla	02	Sporting	<b>4:28.61</b>	+0,68	549	
	50m: 31.02 31.02	150m: 1:38.02	33.49	250m: 2:46.45	34.16	350m: 3:55.31	34.39
	100m: 1:04.53 33.51	200m: 2:12.29	34.27	300m: 3:20.92	34.47	400m: 4:28.61	33.30
25.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	<b>4:28.67</b>	+0,68	549	
	50m: 30.35 30.35	150m: 1:38.99	34.89	250m: 2:47.66	34.30	350m: 3:56.78	34.28
	100m: 1:04.10 33.75	200m: 2:13.36	34.37	300m: 3:22.50	34.84	400m: 4:28.67	31.89
26.	DIAS Rodrigo Reis	03	Belenenses	<b>4:28.93</b>	+0,73	547	
	50m: 30.29 30.29	150m: 1:39.08	34.89	250m: 2:48.05	34.26	350m: 3:57.49	34.28
	100m: 1:04.19 33.90	200m: 2:13.79	34.71	300m: 3:23.21	35.16	400m: 4:28.93	31.44

Prova 36, Masc., 400m Livres, Elimin, Juvenis

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	MALFEITO Martim Rebelo	02	Sporting	<b>4:29.53</b>	+0,73	544	
	50m: 30.70 30.70 150m: 1:37.61 33.31 250m: 2:45.79 33.40 350m: 3:54.64 34.67						
	100m: 1:04.30 33.60 200m: 2:12.39 34.78 300m: 3:19.97 34.18 400m: 4:29.53 34.89						
28.	COSTA Afonso Filipe	03	Naval da Nazare	<b>4:30.98</b>	+0,71	535	
	50m: 29.40 29.40 150m: 1:37.09 34.01 250m: 2:46.94 34.80 350m: 3:57.23 35.23						
	100m: 1:03.08 33.68 200m: 2:12.14 35.05 300m: 3:22.00 35.06 400m: 4:30.98 33.75						
29.	PEREIRA Joao Neto	02	Fundacao Beatriz Santos	<b>4:31.36</b>	+0,62	533	
	50m: 29.11 29.11 150m: 1:37.23 34.64 250m: 2:47.13 34.93 350m: 3:57.28 34.63						
	100m: 1:02.59 33.48 200m: 2:12.20 34.97 300m: 3:22.65 35.52 400m: 4:31.36 34.08						
30.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	<b>4:31.67</b>	+0,77	531	
	50m: 29.34 29.34 150m: 1:35.90 34.17 250m: 2:46.76 35.69 350m: 3:57.73 35.12						
	100m: 1:01.73 32.39 200m: 2:11.07 35.17 300m: 3:22.61 35.85 400m: 4:31.67 33.94						
31.	CRISTOVAO Goncalo Magalhaes	03	Viver Santarem	<b>4:33.09</b>	+0,82	523	
	50m: 30.28 30.28 150m: 1:39.00 35.03 250m: 2:50.58 35.79 350m: 4:00.65 33.57						
	100m: 1:03.97 33.69 200m: 2:14.79 35.79 300m: 3:27.08 36.50 400m: 4:33.09 32.44						
32.	RELVAS David Ferreira	03	Nautico Marinha Grande	<b>4:33.81</b>	+0,70	519	
	50m: 29.13 29.13 150m: 1:36.28 34.53 250m: 2:46.94 35.83 350m: 3:59.08 36.10						
	100m: 1:01.75 32.62 200m: 2:11.11 34.83 300m: 3:22.98 36.04 400m: 4:33.81 34.73						
33.	BORGES Rafael Braga	03	Naval de Ponta Delgada	<b>4:35.79</b>	+0,71	508	
	50m: 30.43 30.43 150m: 1:39.71 35.10 250m: 2:50.39 35.27 350m: 4:01.24 35.47						
	100m: 1:04.61 34.18 200m: 2:15.12 35.41 300m: 3:25.77 35.38 400m: 4:35.79 34.55						
34.	LIMONES Sergio Miguel	03	Galitos / Bresimar	<b>4:36.67</b>	+0,81	503	
	50m: 30.40 30.40 150m: 1:38.34 34.31 250m: 2:48.17 35.29 350m: 4:00.48 36.60						
	100m: 1:04.03 33.63 200m: 2:12.88 34.54 300m: 3:23.88 35.71 400m: 4:36.67 36.19						
35.	SANTOS Joao Pedro	03	Naval de Ponta Delgada	<b>4:38.48</b>	+0,64	493	
	50m: 30.32 30.32 150m: 1:38.41 34.57 250m: 2:49.25 35.79 350m: 4:02.10 36.86						
	100m: 1:03.84 33.52 200m: 2:13.46 35.05 300m: 3:25.24 35.99 400m: 4:38.48 36.38						
36.	MARQUES Andre Costa	03	Famalicao	<b>4:39.46</b>	+0,69	488	
	50m: 31.98 31.98 150m: 1:42.65 35.35 250m: 2:53.78 35.56 350m: 4:04.99 35.96						
	100m: 1:07.30 35.32 200m: 2:18.22 35.57 300m: 3:29.03 35.25 400m: 4:39.46 34.47						
37.	PLESHKAN Valentino Garvasyuk	03	Ba/Bomcar	<b>4:44.01</b>	+0,72	465	
	50m: 29.88 29.88 150m: 1:39.39 35.85 250m: 2:51.97 36.76 350m: 4:06.92 37.74						
	100m: 1:03.54 33.66 200m: 2:15.21 35.82 300m: 3:29.18 37.21 400m: 4:44.01 37.09						
DNS	CANADAS Joao Vasco	03	Rio Maior				

Prova 36, Masc., 400m Livres, Elimin

Prova 36	Masc., 400m Livres				Juvenis B
28-07-2018 - 12:15					Resultados Elimin
Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006

TAC 50m: 4:32.48 - 25m: 4:27.38

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	VAKULYUK Paulo	03	Torres Novas	<b>4:17.75</b>	+0,68	622	
	50m: 28.80 28.80	150m: 1:32.80 32.27	250m: 2:39.37 33.28	350m: 3:45.79 33.47			
	100m: 1:00.53 31.73	200m: 2:06.09 33.29	300m: 3:12.32 32.95	400m: 4:17.75 31.96			
2.	OLIVEIRA Vitor Teixeira	03	Columbofila Cantanhedense	<b>4:21.50</b>	+0,69	596	
	50m: 30.13 30.13	150m: 1:36.37 33.80	250m: 2:43.21 33.30	350m: 3:50.51 33.54			
	100m: 1:02.57 32.44	200m: 2:09.91 33.54	300m: 3:16.97 33.76	400m: 4:21.50 30.99			
3.	CARVALHO Fernando Costa	03	Foca	<b>4:23.31</b>	+0,64	583	
	50m: 29.71 29.71	150m: 1:36.52 33.51	250m: 2:44.06 33.83	350m: 3:51.51 33.43			
	100m: 1:03.01 33.30	200m: 2:10.23 33.71	300m: 3:18.08 34.02	400m: 4:23.31 31.80			
4.	GOMES Goncalo Andre	03	Individual ANC	<b>4:24.07</b>	+0,70	578	
	50m: 30.47 30.47	150m: 1:37.19 33.04	250m: 2:44.83 33.72	350m: 3:52.41 32.96			
	100m: 1:04.15 33.68	200m: 2:11.11 33.92	300m: 3:19.45 34.62	400m: 4:24.07 31.66			
5.	MACHADO Martim Miranda	03	Uniao Coimbra	<b>4:25.16</b>	+0,63	571	
	50m: 29.00 29.00	150m: 1:34.76 33.43	250m: 2:42.83 33.93	350m: 3:51.60 34.36			
	100m: 1:01.33 32.33	200m: 2:08.90 34.14	300m: 3:17.24 34.41	400m: 4:25.16 33.56			
6.	DIAS Ruben Fonseca	03	Natacao de Valongo	<b>4:26.92</b>	+0,73	560	
	50m: 29.89 29.89	150m: 1:36.47 33.95	250m: 2:44.91 33.94	350m: 3:53.98 34.59			
	100m: 1:02.52 32.63	200m: 2:10.97 34.50	300m: 3:19.39 34.48	400m: 4:26.92 32.94			
7.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	<b>4:28.67</b>	+0,68	549	
	50m: 30.35 30.35	150m: 1:38.99 34.89	250m: 2:47.66 34.30	350m: 3:56.78 34.28			
	100m: 1:04.10 33.75	200m: 2:13.36 34.37	300m: 3:22.50 34.84	400m: 4:28.67 31.89			
8.	DIAS Rodrigo Reis	03	Belenenses	<b>4:28.93</b>	+0,73	547	
	50m: 30.29 30.29	150m: 1:39.08 34.89	250m: 2:48.05 34.26	350m: 3:57.49 34.28			
	100m: 1:04.19 33.90	200m: 2:13.79 34.71	300m: 3:23.21 35.16	400m: 4:28.93 31.44			
9.	COSTA Afonso Filipe	03	Naval da Nazare	<b>4:30.98</b>	+0,71	535	
	50m: 29.40 29.40	150m: 1:37.09 34.01	250m: 2:46.94 34.80	350m: 3:57.23 35.23			
	100m: 1:03.08 33.68	200m: 2:12.14 35.05	300m: 3:22.00 35.06	400m: 4:30.98 33.75			
10.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	<b>4:31.67</b>	+0,77	531	
	50m: 29.34 29.34	150m: 1:35.90 34.17	250m: 2:46.76 35.69	350m: 3:57.73 35.12			
	100m: 1:01.73 32.39	200m: 2:11.07 35.17	300m: 3:22.61 35.85	400m: 4:31.67 33.94			
11.	CRISTOVAO Goncalo Magalhaes	03	Viver Santarem	<b>4:33.09</b>	+0,82	523	
	50m: 30.28 30.28	150m: 1:39.00 35.03	250m: 2:50.58 35.79	350m: 4:00.65 33.57			
	100m: 1:03.97 33.69	200m: 2:14.79 35.79	300m: 3:27.08 36.50	400m: 4:33.09 32.44			
12.	RELVAS David Ferreira	03	Nautico Marinha Grande	<b>4:33.81</b>	+0,70	519	
	50m: 29.13 29.13	150m: 1:36.28 34.53	250m: 2:46.94 35.83	350m: 3:59.08 36.10			
	100m: 1:01.75 32.62	200m: 2:11.11 34.83	300m: 3:22.98 36.04	400m: 4:33.81 34.73			

Prova 36, Masc., 400m Livres, Elimin, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	BORGES Rafael Braga	03	Naval de Ponta Delgada	<b>4:35.79</b>	+0,71	508	
	50m: 30.43 30.43	150m: 1:39.71 35.10	250m: 2:50.39	35.27	350m: 4:01.24	35.47	
	100m: 1:04.61 34.18	200m: 2:15.12 35.41	300m: 3:25.77	35.38	400m: 4:35.79	34.55	
14.	LIMÕES Sergio Miguel	03	Galitos / Bresimar	<b>4:36.67</b>	+0,81	503	
	50m: 30.40 30.40	150m: 1:38.34 34.31	250m: 2:48.17	35.29	350m: 4:00.48	36.60	
	100m: 1:04.03 33.63	200m: 2:12.88 34.54	300m: 3:23.88	35.71	400m: 4:36.67	36.19	
15.	SANTOS Joao Pedro	03	Naval de Ponta Delgada	<b>4:38.48</b>	+0,64	493	
	50m: 30.32 30.32	150m: 1:38.41 34.57	250m: 2:49.25	35.79	350m: 4:02.10	36.86	
	100m: 1:03.84 33.52	200m: 2:13.46 35.05	300m: 3:25.24	35.99	400m: 4:38.48	36.38	
16.	MARQUES Andre Costa	03	Famalicao	<b>4:39.46</b>	+0,69	488	
	50m: 31.98 31.98	150m: 1:42.65 35.35	250m: 2:53.78	35.56	350m: 4:04.99	35.96	
	100m: 1:07.30 35.32	200m: 2:18.22 35.57	300m: 3:29.03	35.25	400m: 4:39.46	34.47	
17.	PLESHKAN Valentino Garvasyuk	03	Ba/Bomcar	<b>4:44.01</b>	+0,72	465	
	50m: 29.88 29.88	150m: 1:39.39 35.85	250m: 2:51.97	36.76	350m: 4:06.92	37.74	
	100m: 1:03.54 33.66	200m: 2:15.21 35.82	300m: 3:29.18	37.21	400m: 4:44.01	37.09	
DNS	CANADAS Joao Vasco	03	Rio Maior				

Prova 36 Masc., 400m Livres Juvenis A  
28-07-2018 - 12:15 Resultados Elimin

Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009

TAC 50m: 4:25.47 - 25m: 4:19.48

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOPES Tomas Teixeira	02	Foca	<b>4:12.86</b>	+0,70	659	
	50m: 29.35 29.35	150m: 1:34.21 32.13	250m: 2:39.10	32.72	350m: 3:42.33	31.35	
	100m: 1:02.08 32.73	200m: 2:06.38 32.17	300m: 3:10.98	31.88	400m: 4:12.86	30.53	
2.	FERNANDES Eduardo Gomes	02	Hoquei Mealhada/ CA	<b>4:15.18</b>	+0,71	641	
	50m: 29.01 29.01	150m: 1:33.49 32.31	250m: 2:38.38	32.32	350m: 3:43.77	32.90	
	100m: 1:01.18 32.17	200m: 2:06.06 32.57	300m: 3:10.87	32.49	400m: 4:15.18	31.41	
3.	TRAVASSOS Rodrigo Alexandre	02	CASP AE	<b>4:18.11</b>	+0,69	619	
	50m: 29.23 29.23	150m: 1:33.71 32.59	250m: 2:39.63	32.86	350m: 3:46.10	32.96	
	100m: 1:01.12 31.89	200m: 2:06.77 33.06	300m: 3:13.14	33.51	400m: 4:18.11	32.01	
4.	COSTA Samson Silva	02	Fluvial Portuense	<b>4:18.48</b>	+0,68	617	
	50m: 28.77 28.77	150m: 1:34.01 32.53	250m: 2:39.45	32.46	350m: 3:45.76	32.82	
	100m: 1:01.48 32.71	200m: 2:06.99 32.98	300m: 3:12.94	33.49	400m: 4:18.48	32.72	
5.	FROTA Paulo Andre	02	CASP AE	<b>4:18.56</b>	+0,65	616	
	50m: 30.40 30.40	150m: 1:34.74 32.15	250m: 2:40.76	32.68	350m: 3:48.65	34.20	
	100m: 1:02.59 32.19	200m: 2:08.08 33.34	300m: 3:14.45	33.69	400m: 4:18.56	29.91	
6.	JACINTO Rafael Rodrigues	02	Belenenses	<b>4:18.70</b>	+0,71	615	
	50m: 29.34 29.34	150m: 1:34.18 32.29	250m: 2:39.04	32.40	350m: 3:44.99	33.16	
	100m: 1:01.89 32.55	200m: 2:06.64 32.46	300m: 3:11.83	32.79	400m: 4:18.70	33.71	

Prova 36, Masc., 400m Livres, Elimin, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	MONTEIRO Tomas Penha	02	Alges	<b>4:19.62</b>	+0,60	609	
	50m: 29.15 29.15	150m: 1:34.82 33.15	250m: 2:41.65 33.29	350m: 3:47.45 32.03			
	100m: 1:01.67 32.52	200m: 2:08.36 33.54	300m: 3:15.42 33.77	400m: 4:19.62 32.17			
8.	DEUS Andre Portugal	02	Naval do Funchal	<b>4:20.19</b>	+0,63	605	
	50m: 29.91 29.91	150m: 1:35.31 33.05	250m: 2:41.48 32.97	350m: 3:48.21 33.14			
	100m: 1:02.26 32.35	200m: 2:08.51 33.20	300m: 3:15.07 33.59	400m: 4:20.19 31.98			
9.	AMARAL Francisco Rodriguez	02	Campinho	<b>4:20.48</b>	+0,66	603	
	50m: 29.60 29.60	150m: 1:35.71 33.55	250m: 2:42.42 33.19	350m: 3:49.26 33.44			
	100m: 1:02.16 32.56	200m: 2:09.23 33.52	300m: 3:15.82 33.40	400m: 4:20.48 31.22			
10.	ALVES Manuel Landeiro	02	Naval Praia da Vitoria	<b>4:21.33</b>	+0,72	597	
	50m: 30.01 30.01	150m: 1:35.98 33.72	250m: 2:43.88 33.84	350m: 3:50.72 33.37			
	100m: 1:02.26 32.25	200m: 2:10.04 34.06	300m: 3:17.35 33.47	400m: 4:21.33 30.61			
11.	VIEGAS Hugo Miguel	02	Natacao Olhao	<b>4:21.39</b>	+0,70	596	
	50m: 29.97 29.97	150m: 1:36.19 33.10	250m: 2:42.58 32.93	350m: 3:49.55 33.71			
	100m: 1:03.09 33.12	200m: 2:09.65 33.46	300m: 3:15.84 33.26	400m: 4:21.39 31.84			
12.	SIMOES Bernardo Jorge	02	Torres Novas	<b>4:22.85</b>	+0,61	586	
	50m: 29.70 29.70	150m: 1:35.47 33.23	250m: 2:42.25 33.09	350m: 3:49.55 33.85			
	100m: 1:02.24 32.54	200m: 2:09.16 33.69	300m: 3:15.70 33.45	400m: 4:22.85 33.30			
13.	LOURENCO Tomas Galvao	02	Natacao Olhao	<b>4:23.39</b>	+0,73	583	
	50m: 29.45 29.45	150m: 1:35.97 33.70	250m: 2:44.19 34.13	350m: 3:52.60 34.14			
	100m: 1:02.27 32.82	200m: 2:10.06 34.09	300m: 3:18.46 34.27	400m: 4:23.39 30.79			
14.	SOUZA Francisco Alves	02	Gesloures	<b>4:23.43</b>	+0,70	583	
	50m: 29.09 29.09	150m: 1:36.90 34.05	250m: 2:44.32 33.66	350m: 3:51.55 33.70			
	100m: 1:02.85 33.76	200m: 2:10.66 33.76	300m: 3:17.85 33.53	400m: 4:23.43 31.88			
15.	BRITO Bernardo Geada	02	Uniao Piedense	<b>4:24.42</b>	+0,61	576	
	50m: 29.82 29.82	150m: 1:35.76 33.36	250m: 2:43.07 33.57	350m: 3:51.09 34.13			
	100m: 1:02.40 32.58	200m: 2:09.50 33.74	300m: 3:16.96 33.89	400m: 4:24.42 33.33			
16.	RODRIGUES Pedro Reis	02	Sao Roque	<b>4:25.73</b>	+0,68	568	
	50m: 29.15 29.15	150m: 1:35.16 33.30	250m: 2:43.52 34.39	350m: 3:52.92 34.41			
	100m: 1:01.86 32.71	200m: 2:09.13 33.97	300m: 3:18.51 34.99	400m: 4:25.73 32.81			
	CARVALHO Daniel Luis	02	Braga	<b>4:25.73</b>	+0,75	568	
	50m: 30.10 30.10	150m: 1:36.43 33.70	250m: 2:44.77 34.27	350m: 3:52.98 33.88			
	100m: 1:02.73 32.63	200m: 2:10.50 34.07	300m: 3:19.10 34.33	400m: 4:25.73 32.75			
18.	ROCHA Eduardo Chicralla	02	Sporting	<b>4:28.61</b>	+0,68	549	
	50m: 31.02 31.02	150m: 1:38.02 33.49	250m: 2:46.45 34.16	350m: 3:55.31 34.39			
	100m: 1:04.53 33.51	200m: 2:12.29 34.27	300m: 3:20.92 34.47	400m: 4:28.61 33.30			
19.	MALFEITO Martim Rebelo	02	Sporting	<b>4:29.53</b>	+0,73	544	
	50m: 30.70 30.70	150m: 1:37.61 33.31	250m: 2:45.79 33.40	350m: 3:54.64 34.67			
	100m: 1:04.30 33.60	200m: 2:12.39 34.78	300m: 3:19.97 34.18	400m: 4:29.53 34.89			
20.	PEREIRA Joao Neto	02	Fundacao Beatriz Santos	<b>4:31.36</b>	+0,62	533	
	50m: 29.11 29.11	150m: 1:37.23 34.64	250m: 2:47.13 34.93	350m: 3:57.28 34.63			
	100m: 1:02.59 33.48	200m: 2:12.20 34.97	300m: 3:22.65 35.52	400m: 4:31.36 34.08			

Prova 36, Masc., 400m Livres, Elimin

Prova 36 Masc., 400m Livres Junior 17  
28-07-2018 - 12:15 Resultados Elimin

Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinquia (FIN)	14-07-2010

TAC Jun 50m: 4:17.41 - 25m: 4:09.51

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LEBRE Diogo Ramos	01	Sporting de Aveiro	<b>4:05.72</b>	+0,70	718	
	50m: 28.60 28.60	150m: 1:29.87 30.79	250m: 2:32.19 30.85	350m: 3:34.94 31.39			
	100m: 59.08 30.48	200m: 2:01.34 31.47	300m: 3:03.55 31.36	400m: 4:05.72 30.78			
2.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	<b>4:07.02</b>	+0,63	707	
	50m: 28.85 28.85	150m: 1:30.94 30.94	250m: 2:33.65 31.35	350m: 3:36.54 31.34			
	100m: 1:00.00 31.15	200m: 2:02.30 31.36	300m: 3:05.20 31.55	400m: 4:07.02 30.48			
3.	SANTOS Pedro Miguel	01	Porto	<b>4:08.57</b>	+0,64	693	
	50m: 28.31 28.31	150m: 1:30.67 31.52	250m: 2:33.50 31.20	350m: 3:37.51 32.15			
	100m: 59.15 30.84	200m: 2:02.30 31.63	300m: 3:05.36 31.86	400m: 4:08.57 31.06			
4.	JORGE Duarte Miguel	01	Galitos / Bresimar	<b>4:08.87</b>	+0,72	691	
	50m: 28.92 28.92	150m: 1:32.06 31.77	250m: 2:34.47 30.54	350m: 3:37.93 31.73			
	100m: 1:00.29 31.37	200m: 2:03.93 31.87	300m: 3:06.20 31.73	400m: 4:08.87 30.94			
5.	CRISTINO David Matias	01	Uniao Piedense	<b>4:09.77</b>	+0,72	684	
	50m: 28.62 28.62	150m: 1:31.91 31.93	250m: 2:35.68 31.52	350m: 3:38.99 31.27			
	100m: 59.98 31.36	200m: 2:04.16 32.25	300m: 3:07.72 32.04	400m: 4:09.77 30.78			
6.	VILHENA Tiago Miguel	01	Natacao de Faro	<b>4:11.62</b>	+0,67	669	
	50m: 28.21 28.21	150m: 1:32.11 32.40	250m: 2:35.50 31.01	350m: 3:40.36 32.91			
	100m: 59.71 31.50	200m: 2:04.49 32.38	300m: 3:07.45 31.95	400m: 4:11.62 31.26			
7.	CARDOSO Diogo Santos	01	Colegio Monte Maior	<b>4:13.68</b>	+0,72	652	
	50m: 29.51 29.51	150m: 1:32.59 31.49	250m: 2:36.75 32.11	350m: 3:41.96 32.51			
	100m: 1:01.10 31.59	200m: 2:04.64 32.05	300m: 3:09.45 32.70	400m: 4:13.68 31.72			
8.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	<b>4:14.64</b>	+0,69	645	
	50m: 29.28 29.28	150m: 1:32.80 31.86	250m: 2:37.76 32.50	350m: 3:43.22 32.59			
	100m: 1:00.94 31.66	200m: 2:05.26 32.46	300m: 3:10.63 32.87	400m: 4:14.64 31.42			
9.	PEREIRA Joao Peixoto	01	Braga	<b>4:16.65</b>	+0,73	630	
	50m: 29.42 29.42	150m: 1:33.36 32.10	250m: 2:38.71 32.84	350m: 3:44.99 32.65			
	100m: 1:01.26 31.84	200m: 2:05.87 32.51	300m: 3:12.34 33.63	400m: 4:16.65 31.66			
DSQ	PIRES Rui Miguel	01	Nautico Marinha Grande				
	<i>403 - Falsa partida - SW 4.4</i>						

Prova 36, Masc., 400m Livres, Elimin

Prova 36	Masc., 400m Livres				Junior 18
28-07-2018 - 12:15					Resultados Elimin
Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Jun18	3:54.78	LOPES Jose Paulo	POR	Helsinki (FIN)	04-07-2018

TAC Jun 50m: 4:17.41 - 25m: 4:09.51

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LOPES Jose Paulo	00	Braga	<b>4:02.02</b>	+0,64	751	
	50m: 27.55 27.55	150m: 1:28.17 30.65	250m: 2:28.83 30.07	350m: 3:30.73 31.14			
	100m: 57.52 29.97	200m: 1:58.76 30.59	300m: 2:59.59 30.76	400m: 4:02.02 31.29			
2.	SANTO Filipe Miguel	00	Benfica	<b>4:05.36</b>	+0,76	721	
	50m: 28.30 28.30	150m: 1:29.96 31.04	250m: 2:32.47 31.33	350m: 3:35.06 31.37			
	100m: 58.92 30.62	200m: 2:01.14 31.18	300m: 3:03.69 31.22	400m: 4:05.36 30.30			
3.	BASTOS Lucas Pereira	00	Nautico Academico	<b>4:07.17</b>	+0,65	705	
	50m: 27.87 27.87	150m: 1:29.73 31.34	250m: 2:32.44 30.87	350m: 3:35.39 31.76			
	100m: 58.39 30.52	200m: 2:01.57 31.84	300m: 3:03.63 31.19	400m: 4:07.17 31.78			
4.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	<b>4:07.34</b>	+0,76	704	
	50m: 28.57 28.57	150m: 1:30.99 31.90	250m: 2:34.68 31.94	350m: 3:37.45 30.43			
	100m: 59.09 30.52	200m: 2:02.74 31.75	300m: 3:07.02 32.34	400m: 4:07.34 29.89			
5.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	<b>4:10.06</b>	+0,64	681	
	50m: 28.79 28.79	150m: 1:31.73 31.72	250m: 2:35.07 31.38	350m: 3:38.92 31.72			
	100m: 1:00.01 31.22	200m: 2:03.69 31.96	300m: 3:07.20 32.13	400m: 4:10.06 31.14			
6.	NUNES Diogo Barbosa	00	Fluvial Portuense	<b>4:11.00</b>	+0,78	674	
	50m: 28.39 28.39	150m: 1:29.94 31.19	250m: 2:33.47 31.67	350m: 3:39.09 33.34			
	100m: 58.75 30.36	200m: 2:01.80 31.86	300m: 3:05.75 32.28	400m: 4:11.00 31.91			
7.	NEVES Pedro Barata	00	Laranjeiro	<b>4:12.94</b>	+0,70	658	
	50m: 29.23 29.23	150m: 1:32.62 31.89	250m: 2:37.03 32.38	350m: 3:41.68 32.20			
	100m: 1:00.73 31.50	200m: 2:04.65 32.03	300m: 3:09.48 32.45	400m: 4:12.94 31.26			
8.	DANTAS Diogo Leal	00	Sporting	<b>4:13.04</b>	+0,61	657	
	50m: 28.27 28.27	150m: 1:30.64 31.57	250m: 2:34.20 31.97	350m: 3:39.92 33.19			
	100m: 59.07 30.80	200m: 2:02.23 31.59	300m: 3:06.73 32.53	400m: 4:13.04 33.12			
9.	GOMES Rodrigo Ribeiro	00	Individual ANC	<b>4:16.32</b>	+0,79	632	
	50m: 29.37 29.37	150m: 1:33.30 31.50	250m: 2:38.07 32.35	350m: 3:44.42 33.13			
	100m: 1:01.80 32.43	200m: 2:05.72 32.42	300m: 3:11.29 33.22	400m: 4:16.32 31.90			
10.	TOMAS Francisco Xavier	00	Alcobaca	<b>4:16.49</b>	+0,81	631	
	50m: 29.06 29.06	150m: 1:34.16 32.93	250m: 2:39.83 32.85	350m: 3:44.48 32.02			
	100m: 1:01.23 32.17	200m: 2:06.98 32.82	300m: 3:12.46 32.63	400m: 4:16.49 32.01			



Prova 36, Masc., 400m Livres, Elimin

Prova 36 Masc., 400m Livres Seniores  
28-07-2018 - 12:15 Resultados Elimin

Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Sen	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009

TAC 50m: 4:10.56 - 25m: 4:03.51

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MOGNE Igor Araujo	96	Sporting	<b>4:01.75</b>	+0,74	754	
	50m: 27.73 27.73	150m: 1:28.16 30.52	250m: 2:29.34 30.65	350m: 3:31.28 31.09			
	100m: 57.64 29.91	200m: 1:58.69 30.53	300m: 3:00.19 30.85	400m: 4:01.75 30.47			
2.	CARVALHO Jose Paula	98	Uniao Piedense	<b>4:05.13</b>	+0,69	723	
	50m: 28.05 28.05	150m: 1:29.03 30.67	250m: 2:30.68 30.89	350m: 3:34.23 32.09			
	100m: 58.36 30.31	200m: 1:59.79 30.76	300m: 3:02.14 31.46	400m: 4:05.13 30.90			
3.	PINTO Antonio Fernando	99	Benfica	<b>4:07.33</b>	+0,70	704	
	50m: 28.26 28.26	150m: 1:31.63 31.93	250m: 2:34.64 31.29	350m: 3:37.22 30.61			
	100m: 59.70 31.44	200m: 2:03.35 31.72	300m: 3:06.61 31.97	400m: 4:07.33 30.11			
4.	BATE Miguel Ribeiro	99	Alges	<b>4:08.49</b>	+0,71	694	
	50m: 28.11 28.11	150m: 1:31.07 31.46	250m: 2:34.42 31.61	350m: 3:38.70 31.90			
	100m: 59.61 31.50	200m: 2:02.81 31.74	300m: 3:06.80 32.38	400m: 4:08.49 29.79			
5.	MORIM Ruben Jose	97	Vilacondense	<b>4:11.85</b>	+0,69	667	
	50m: 28.55 28.55	150m: 1:31.24 31.52	250m: 2:35.48 32.25	350m: 3:40.12 32.14			
	100m: 59.72 31.17	200m: 2:03.23 31.99	300m: 3:07.98 32.50	400m: 4:11.85 31.73			
6.	FARIA Rui Pedro	94	Famalicao	<b>4:16.45</b>	+0,84	631	
	50m: 28.50 28.50	150m: 1:30.40 30.99	250m: 2:35.55 32.47	350m: 3:42.81 33.52			
	100m: 59.41 30.91	200m: 2:03.08 32.68	300m: 3:09.29 33.74	400m: 4:16.45 33.64			
7.	GONCALVES Francisco Xavier	97	Nautico Academico	<b>4:18.12</b>	+0,67	619	
	50m: 28.72 28.72	150m: 1:32.31 32.23	250m: 2:37.39 32.65	350m: 3:44.12 33.86			
	100m: 1:00.08 31.36	200m: 2:04.74 32.43	300m: 3:10.26 32.87	400m: 4:18.12 34.00			
DNS	COSTA Tiago Cunha	99	Sporting				

Prova 36, Masc., 400m Livres, Elimin

Prova 36 Masc., 400m Livres Absolutos  
28-07-2018 - 12:15 Resultados Elimin

Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Sen	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Jun18	3:54.78	LOPES Jose Paulo	POR	Helsinki (FIN)	04-07-2018
Rec Nac Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinquia (FIN)	14-07-2010

TAC Sen 50m: 4:10.56 - 25m: 4:03.51; Jun 50m: 4:17.41 - 25m: 4:09.51

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MOGNE Igor Araujo	96	Sporting	<b>4:01.75</b>	+0,74	754	
	50m: 27.73 27.73	150m: 1:28.16 30.52	250m: 2:29.34 30.65	350m: 3:31.28 31.09			
	100m: 57.64 29.91	200m: 1:58.69 30.53	300m: 3:00.19 30.85	400m: 4:01.75 30.47			
2.	LOPES Jose Paulo	00	Braga	<b>4:02.02</b>	+0,64	751	
	50m: 27.55 27.55	150m: 1:28.17 30.65	250m: 2:28.83 30.07	350m: 3:30.73 31.14			
	100m: 57.52 29.97	200m: 1:58.76 30.59	300m: 2:59.59 30.76	400m: 4:02.02 31.29			
3.	CARVALHO Jose Paula	98	Uniao Piedense	<b>4:05.13</b>	+0,69	723	
	50m: 28.05 28.05	150m: 1:29.03 30.67	250m: 2:30.68 30.89	350m: 3:34.23 32.09			
	100m: 58.36 30.31	200m: 1:59.79 30.76	300m: 3:02.14 31.46	400m: 4:05.13 30.90			
4.	SANTO Filipe Miguel	00	Benfica	<b>4:05.36</b>	+0,76	721	
	50m: 28.30 28.30	150m: 1:29.96 31.04	250m: 2:32.47 31.33	350m: 3:35.06 31.37			
	100m: 58.92 30.62	200m: 2:01.14 31.18	300m: 3:03.69 31.22	400m: 4:05.36 30.30			
5.	LEBRE Diogo Ramos	01	Sporting de Aveiro	<b>4:05.72</b>	+0,70	718	
	50m: 28.60 28.60	150m: 1:29.87 30.79	250m: 2:32.19 30.85	350m: 3:34.94 31.39			
	100m: 59.08 30.48	200m: 2:01.34 31.47	300m: 3:03.55 31.36	400m: 4:05.72 30.78			
6.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	<b>4:07.02</b>	+0,63	707	
	50m: 28.85 28.85	150m: 1:30.94 30.94	250m: 2:33.65 31.35	350m: 3:36.54 31.34			
	100m: 1:00.00 31.15	200m: 2:02.30 31.36	300m: 3:05.20 31.55	400m: 4:07.02 30.48			
7.	BASTOS Lucas Pereira	00	Nautico Academico	<b>4:07.17</b>	+0,65	705	
	50m: 27.87 27.87	150m: 1:29.73 31.34	250m: 2:32.44 30.87	350m: 3:35.39 31.76			
	100m: 58.39 30.52	200m: 2:01.57 31.84	300m: 3:03.63 31.19	400m: 4:07.17 31.78			
8.	PINTO Antonio Fernando	99	Benfica	<b>4:07.33</b>	+0,70	704	
	50m: 28.26 28.26	150m: 1:31.63 31.93	250m: 2:34.64 31.29	350m: 3:37.22 30.61			
	100m: 59.70 31.44	200m: 2:03.35 31.72	300m: 3:06.61 31.97	400m: 4:07.33 30.11			
9.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	<b>4:07.34</b>	+0,76	704	
	50m: 28.57 28.57	150m: 1:30.99 31.90	250m: 2:34.68 31.94	350m: 3:37.45 30.43			
	100m: 59.09 30.52	200m: 2:02.74 31.75	300m: 3:07.02 32.34	400m: 4:07.34 29.89			
10.	BATE Miguel Ribeiro	99	Alges	<b>4:08.49</b>	+0,71	694	
	50m: 28.11 28.11	150m: 1:31.07 31.46	250m: 2:34.42 31.61	350m: 3:38.70 31.90			
	100m: 59.61 31.50	200m: 2:02.81 31.74	300m: 3:06.80 32.38	400m: 4:08.49 29.79			
11.	SANTOS Pedro Miguel	01	Porto	<b>4:08.57</b>	+0,64	693	
	50m: 28.31 28.31	150m: 1:30.67 31.52	250m: 2:33.50 31.20	350m: 3:37.51 32.15			
	100m: 59.15 30.84	200m: 2:02.30 31.63	300m: 3:05.36 31.86	400m: 4:08.57 31.06			
12.	JORGE Duarte Miguel	01	Galitos / Bresimar	<b>4:08.87</b>	+0,72	691	
	50m: 28.92 28.92	150m: 1:32.06 31.77	250m: 2:34.47 30.54	350m: 3:37.93 31.73			
	100m: 1:00.29 31.37	200m: 2:03.93 31.87	300m: 3:06.20 31.73	400m: 4:08.87 30.94			

Prova 36, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	CRISTINO David Matias	01	Uniao Piedense	<b>4:09.77</b>	+0,72	684	
	50m: 28.62 28.62	150m: 1:31.91 31.93	250m: 2:35.68	31.52	350m: 3:38.99	31.27	
	100m: 59.98 31.36	200m: 2:04.16 32.25	300m: 3:07.72	32.04	400m: 4:09.77	30.78	
14.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	<b>4:10.06</b>	+0,64	681	
	50m: 28.79 28.79	150m: 1:31.73 31.72	250m: 2:35.07	31.38	350m: 3:38.92	31.72	
	100m: 1:00.01 31.22	200m: 2:03.69 31.96	300m: 3:07.20	32.13	400m: 4:10.06	31.14	
15.	NUNES Diogo Barbosa	00	Fluvial Portuense	<b>4:11.00</b>	+0,78	674	
	50m: 28.39 28.39	150m: 1:29.94 31.19	250m: 2:33.47	31.67	350m: 3:39.09	33.34	
	100m: 58.75 30.36	200m: 2:01.80 31.86	300m: 3:05.75	32.28	400m: 4:11.00	31.91	
16.	VILHENA Tiago Miguel	01	Natacao de Faro	<b>4:11.62</b>	+0,67	669	
	50m: 28.21 28.21	150m: 1:32.11 32.40	250m: 2:35.50	31.01	350m: 3:40.36	32.91	
	100m: 59.71 31.50	200m: 2:04.49 32.38	300m: 3:07.45	31.95	400m: 4:11.62	31.26	
17.	MORIM Ruben Jose	97	Vilacondense	<b>4:11.85</b>	+0,69	667	
	50m: 28.55 28.55	150m: 1:31.24 31.52	250m: 2:35.48	32.25	350m: 3:40.12	32.14	
	100m: 59.72 31.17	200m: 2:03.23 31.99	300m: 3:07.98	32.50	400m: 4:11.85	31.73	
18.	NEVES Pedro Barata	00	Laranjeiro	<b>4:12.94</b>	+0,70	658	
	50m: 29.23 29.23	150m: 1:32.62 31.89	250m: 2:37.03	32.38	350m: 3:41.68	32.20	
	100m: 1:00.73 31.50	200m: 2:04.65 32.03	300m: 3:09.48	32.45	400m: 4:12.94	31.26	
19.	DANTAS Diogo Leal	00	Sporting	<b>4:13.04</b>	+0,61	657	
	50m: 28.27 28.27	150m: 1:30.64 31.57	250m: 2:34.20	31.97	350m: 3:39.92	33.19	
	100m: 59.07 30.80	200m: 2:02.23 31.59	300m: 3:06.73	32.53	400m: 4:13.04	33.12	
20.	CARDOSO Diogo Santos	01	Colegio Monte Maior	<b>4:13.68</b>	+0,72	652	
	50m: 29.51 29.51	150m: 1:32.59 31.49	250m: 2:36.75	32.11	350m: 3:41.96	32.51	
	100m: 1:01.10 31.59	200m: 2:04.64 32.05	300m: 3:09.45	32.70	400m: 4:13.68	31.72	
21.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	<b>4:14.64</b>	+0,69	645	
	50m: 29.28 29.28	150m: 1:32.80 31.86	250m: 2:37.76	32.50	350m: 3:43.22	32.59	
	100m: 1:00.94 31.66	200m: 2:05.26 32.46	300m: 3:10.63	32.87	400m: 4:14.64	31.42	
22.	GOMES Rodrigo Ribeiro	00	Individual ANC	<b>4:16.32</b>	+0,79	632	
	50m: 29.37 29.37	150m: 1:33.30 31.50	250m: 2:38.07	32.35	350m: 3:44.42	33.13	
	100m: 1:01.80 32.43	200m: 2:05.72 32.42	300m: 3:11.29	33.22	400m: 4:16.32	31.90	
23.	FARIA Rui Pedro	94	Famalicao	<b>4:16.45</b>	+0,84	631	
	50m: 28.50 28.50	150m: 1:30.40 30.99	250m: 2:35.55	32.47	350m: 3:42.81	33.52	
	100m: 59.41 30.91	200m: 2:03.08 32.68	300m: 3:09.29	33.74	400m: 4:16.45	33.64	
24.	TOMAS Francisco Xavier	00	Alcobaca	<b>4:16.49</b>	+0,81	631	
	50m: 29.06 29.06	150m: 1:34.16 32.93	250m: 2:39.83	32.85	350m: 3:44.48	32.02	
	100m: 1:01.23 32.17	200m: 2:06.98 32.82	300m: 3:12.46	32.63	400m: 4:16.49	32.01	
25.	PEREIRA Joao Peixoto	01	Braga	<b>4:16.65</b>	+0,73	630	
	50m: 29.42 29.42	150m: 1:33.36 32.10	250m: 2:38.71	32.84	350m: 3:44.99	32.65	
	100m: 1:01.26 31.84	200m: 2:05.87 32.51	300m: 3:12.34	33.63	400m: 4:16.65	31.66	
26.	GONCALVES Francisco Xavier	97	Nautico Academico	<b>4:18.12</b>	+0,67	619	
	50m: 28.72 28.72	150m: 1:32.31 32.23	250m: 2:37.39	32.65	350m: 3:44.12	33.86	
	100m: 1:00.08 31.36	200m: 2:04.74 32.43	300m: 3:10.26	32.87	400m: 4:18.12	34.00	

Prova 36, Masc., 400m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	PIRES Rui Miguel 403 - Falsa partida - SW 4.4	01	Nautico Marinha Grande				
DNS	COSTA Tiago Cunha	99	Sporting				

Prova 36 Masc., 400m Livres Open  
28-07-2018 - 12:15 Resultados Elimin

Rec Nac Absoluto	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Sen	3:52.29	MAIA Jorge Manuel	POR	Málaga (ESP)	05-04-2009
Rec Nac Jun18	3:54.78	LOPES Jose Paulo	POR	Helsinki (FIN)	04-07-2018
Rec Nac Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinki (FIN)	14-07-2010
Rec Nac Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21-07-2009
Rec Nac Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29-07-2006
Rec Nac Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11-07-2004
Rec Nac Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26-07-2003

TAC Sen 50m: 4:10.56 - 25m: 4:03.51; Jun 50m: 4:17.41 - 25m: 4:09.51; Juv A 50m: 4:25.47 - 25m: 4:19.48; Juv B 50m: 4:32.48 - 25m: 4:27.38

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	MOGNE Igor Araujo	96	Sporting	<b>4:01.75</b>	+0,74	754	
	50m: 27.73 27.73	150m: 1:28.16 30.52	250m: 2:29.34 30.65	350m: 3:31.28 31.09			
	100m: 57.64 29.91	200m: 1:58.69 30.53	300m: 3:00.19 30.85	400m: 4:01.75 30.47			
2.	LOPES Jose Paulo	00	Braga	<b>4:02.02</b>	+0,64	751	
	50m: 27.55 27.55	150m: 1:28.17 30.65	250m: 2:28.83 30.07	350m: 3:30.73 31.14			
	100m: 57.52 29.97	200m: 1:58.76 30.59	300m: 2:59.59 30.76	400m: 4:02.02 31.29			
3.	MULET MATHEU Antoni	98	Espana	<b>4:02.64</b>	+0,70	746	
	50m: 27.96 27.96	150m: 1:29.12 30.96	250m: 2:30.51 30.22	350m: 3:32.03 31.02			
	100m: 58.16 30.20	200m: 2:00.29 31.17	300m: 3:01.01 30.50	400m: 4:02.64 30.61			
4.	LIESS Thomas	95	Turrita Nuoto	<b>4:03.68</b>	+0,72	736	
	50m: 27.30 27.30	150m: 1:28.05 30.76	250m: 2:29.89 31.11	350m: 3:33.02 31.87			
	100m: 57.29 29.99	200m: 1:58.78 30.73	300m: 3:01.15 31.26	400m: 4:03.68 30.66			
5.	MAKHIJA Aryan	00	India	<b>4:04.89</b>	+0,75	725	
	50m: 27.96 27.96	150m: 1:30.28 31.29	250m: 2:32.30 30.69	350m: 3:34.43 31.38			
	100m: 58.99 31.03	200m: 2:01.61 31.33	300m: 3:03.05 30.75	400m: 4:04.89 30.46			
6.	CARVALHO Jose Paula	98	Uniao Piedense	<b>4:05.13</b>	+0,69	723	
	50m: 28.05 28.05	150m: 1:29.03 30.67	250m: 2:30.68 30.89	350m: 3:34.23 32.09			
	100m: 58.36 30.31	200m: 1:59.79 30.76	300m: 3:02.14 31.46	400m: 4:05.13 30.90			
7.	SANTO Filipe Miguel	00	Benfica	<b>4:05.36</b>	+0,76	721	
	50m: 28.30 28.30	150m: 1:29.96 31.04	250m: 2:32.47 31.33	350m: 3:35.06 31.37			
	100m: 58.92 30.62	200m: 2:01.14 31.18	300m: 3:03.69 31.22	400m: 4:05.36 30.30			
8.	LEBRE Diogo Ramos	01	Sporting de Aveiro	<b>4:05.72</b>	+0,70	718	
	50m: 28.60 28.60	150m: 1:29.87 30.79	250m: 2:32.19 30.85	350m: 3:34.94 31.39			
	100m: 59.08 30.48	200m: 2:01.34 31.47	300m: 3:03.55 31.36	400m: 4:05.72 30.78			
9.	RODRIGUEZ FERNANDEZ Arturo	00	Castilla-Leon	<b>4:06.31</b>	+0,58	713	
	50m: 28.24 28.24	150m: 1:30.32 31.22	250m: 2:33.07 31.25	350m: 3:35.57 31.11			
	100m: 59.10 30.86	200m: 2:01.82 31.50	300m: 3:04.46 31.39	400m: 4:06.31 30.74			

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
10.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	<b>4:07.02</b>	+0,63	707		
	50m: 28.85 28.85	150m: 1:30.94 30.94	250m: 2:33.65 31.35	350m: 3:36.54 31.34	100m: 1:00.00 31.15	200m: 2:02.30 31.36	300m: 3:05.20 31.55	400m: 4:07.02 30.48
11.	BASTOS Lucas Pereira	00	Nautico Academico	<b>4:07.17</b>	+0,65	705		
	50m: 27.87 27.87	150m: 1:29.73 31.34	250m: 2:32.44 30.87	350m: 3:35.39 31.76	100m: 58.39 30.52	200m: 2:01.57 31.84	300m: 3:03.63 31.19	400m: 4:07.17 31.78
12.	PINTO Antonio Fernando	99	Benfica	<b>4:07.33</b>	+0,70	704		
	50m: 28.26 28.26	150m: 1:31.63 31.93	250m: 2:34.64 31.29	350m: 3:37.22 30.61	100m: 59.70 31.44	200m: 2:03.35 31.72	300m: 3:06.61 31.97	400m: 4:07.33 30.11
13.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	<b>4:07.34</b>	+0,76	704		
	50m: 28.57 28.57	150m: 1:30.99 31.90	250m: 2:34.68 31.94	350m: 3:37.45 30.43	100m: 59.09 30.52	200m: 2:02.74 31.75	300m: 3:07.02 32.34	400m: 4:07.34 29.89
14.	PETCHAKUL Sarith	01	Thailand	<b>4:07.68</b>	+0,69	701		
	50m: 28.25 28.25	150m: 1:31.10 31.70	250m: 2:34.67 31.64	350m: 3:38.26 31.76	100m: 59.40 31.15	200m: 2:03.03 31.93	300m: 3:06.50 31.83	400m: 4:07.68 29.42
15.	JEGHER Gabriel	99	Region Zentralschweiz-West	<b>4:07.87</b>	+0,67	699		
	50m: 27.80 27.80	150m: 1:31.20 32.14	250m: 2:35.35 32.14	350m: 3:38.79 32.15	100m: 59.06 31.26	200m: 2:03.21 32.01	300m: 3:06.64 31.29	400m: 4:07.87 29.08
16.	BATE Miguel Ribeiro	99	Alges	<b>4:08.49</b>	+0,71	694		
	50m: 28.11 28.11	150m: 1:31.07 31.46	250m: 2:34.42 31.61	350m: 3:38.70 31.90	100m: 59.61 31.50	200m: 2:02.81 31.74	300m: 3:06.80 32.38	400m: 4:08.49 29.79
17.	SANTOS Pedro Miguel	01	Porto	<b>4:08.57</b>	+0,64	693		
	50m: 28.31 28.31	150m: 1:30.67 31.52	250m: 2:33.50 31.20	350m: 3:37.51 32.15	100m: 59.15 30.84	200m: 2:02.30 31.63	300m: 3:05.36 31.86	400m: 4:08.57 31.06
18.	JORGE Duarte Miguel	01	Galitos / Bresimar	<b>4:08.87</b>	+0,72	691		
	50m: 28.92 28.92	150m: 1:32.06 31.77	250m: 2:34.47 30.54	350m: 3:37.93 31.73	100m: 1:00.29 31.37	200m: 2:03.93 31.87	300m: 3:06.20 31.73	400m: 4:08.87 30.94
19.	CRISTINO David Matias	01	Uniao Piedense	<b>4:09.77</b>	+0,72	684		
	50m: 28.62 28.62	150m: 1:31.91 31.93	250m: 2:35.68 31.52	350m: 3:38.99 31.27	100m: 59.98 31.36	200m: 2:04.16 32.25	300m: 3:07.72 32.04	400m: 4:09.77 30.78
20.	TRAVANCA Sergio Filipe	00	Fluvial Portuense	<b>4:10.06</b>	+0,64	681		
	50m: 28.79 28.79	150m: 1:31.73 31.72	250m: 2:35.07 31.38	350m: 3:38.92 31.72	100m: 1:00.01 31.22	200m: 2:03.69 31.96	300m: 3:07.20 32.13	400m: 4:10.06 31.14
21.	CASTELLANOS MOLINA Adrian	94	R.C. Nautico de Motril	<b>4:10.23</b>	+0,91	680		
	50m: 28.94 28.94	150m: 1:32.18 31.78	250m: 2:36.97 32.38	350m: 3:40.07 31.43	100m: 1:00.40 31.46	200m: 2:04.59 32.41	300m: 3:08.64 31.67	400m: 4:10.23 30.16
22.	NUNES Diogo Barbosa	00	Fluvial Portuense	<b>4:11.00</b>	+0,78	674		
	50m: 28.39 28.39	150m: 1:29.94 31.19	250m: 2:33.47 31.67	350m: 3:39.09 33.34	100m: 58.75 30.36	200m: 2:01.80 31.86	300m: 3:05.75 32.28	400m: 4:11.00 31.91
23.	HALDEMANN Leo-Luca	99	Region Zentralschweiz-West	<b>4:11.21</b>	+0,76	672		
	50m: 28.98 28.98	150m: 1:32.15 31.63	250m: 2:35.75 31.39	350m: 3:39.77 31.89	100m: 1:00.52 31.54	200m: 2:04.36 32.21	300m: 3:07.88 32.13	400m: 4:11.21 31.44

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	VILHENA Tiago Miguel	01	Natacao de Faro	<b>4:11.62</b>	+0,67	669	
	50m: 28.21 28.21	150m: 1:32.11	32.40	250m: 2:35.50	31.01	350m: 3:40.36	32.91
	100m: 59.71 31.50	200m: 2:04.49	32.38	300m: 3:07.45	31.95	400m: 4:11.62	31.26
25.	MORIM Ruben Jose	97	Vilacondense	<b>4:11.85</b>	+0,69	667	
	50m: 28.55 28.55	150m: 1:31.24	31.52	250m: 2:35.48	32.25	350m: 3:40.12	32.14
	100m: 59.72 31.17	200m: 2:03.23	31.99	300m: 3:07.98	32.50	400m: 4:11.85	31.73
26.	LOPES Tomas Teixeira	02	Foca	<b>4:12.86</b>	+0,70	659	
	50m: 29.35 29.35	150m: 1:34.21	32.13	250m: 2:39.10	32.72	350m: 3:42.33	31.35
	100m: 1:02.08 32.73	200m: 2:06.38	32.17	300m: 3:10.98	31.88	400m: 4:12.86	30.53
27.	NEVES Pedro Barata	00	Laranjeiro	<b>4:12.94</b>	+0,70	658	
	50m: 29.23 29.23	150m: 1:32.62	31.89	250m: 2:37.03	32.38	350m: 3:41.68	32.20
	100m: 1:00.73 31.50	200m: 2:04.65	32.03	300m: 3:09.48	32.45	400m: 4:12.94	31.26
28.	DANTAS Diogo Leal	00	Sporting	<b>4:13.04</b>	+0,61	657	
	50m: 28.27 28.27	150m: 1:30.64	31.57	250m: 2:34.20	31.97	350m: 3:39.92	33.19
	100m: 59.07 30.80	200m: 2:02.23	31.59	300m: 3:06.73	32.53	400m: 4:13.04	33.12
29.	CARDOSO Diogo Santos	01	Colegio Monte Maior	<b>4:13.68</b>	+0,72	652	
	50m: 29.51 29.51	150m: 1:32.59	31.49	250m: 2:36.75	32.11	350m: 3:41.96	32.51
	100m: 1:01.10 31.59	200m: 2:04.64	32.05	300m: 3:09.45	32.70	400m: 4:13.68	31.72
30.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	<b>4:14.64</b>	+0,69	645	
	50m: 29.28 29.28	150m: 1:32.80	31.86	250m: 2:37.76	32.50	350m: 3:43.22	32.59
	100m: 1:00.94 31.66	200m: 2:05.26	32.46	300m: 3:10.63	32.87	400m: 4:14.64	31.42
31.	FERNANDES Eduardo Gomes	02	Hoquei Mealhada/ CA	<b>4:15.18</b>	+0,71	641	
	50m: 29.01 29.01	150m: 1:33.49	32.31	250m: 2:38.38	32.32	350m: 3:43.77	32.90
	100m: 1:01.18 32.17	200m: 2:06.06	32.57	300m: 3:10.87	32.49	400m: 4:15.18	31.41
32.	MILLARD Austin James	02	Belenenses	<b>4:15.30</b>	+0,71	640	
	50m: 29.16 29.16	150m: 1:33.90	32.47	250m: 2:39.42	32.76	350m: 3:44.42	32.17
	100m: 1:01.43 32.27	200m: 2:06.66	32.76	300m: 3:12.25	32.83	400m: 4:15.30	30.88
33.	GOMES Rodrigo Ribeiro	00	Individual ANC	<b>4:16.32</b>	+0,79	632	
	50m: 29.37 29.37	150m: 1:33.30	31.50	250m: 2:38.07	32.35	350m: 3:44.42	33.13
	100m: 1:01.80 32.43	200m: 2:05.72	32.42	300m: 3:11.29	33.22	400m: 4:16.32	31.90
34.	FARIA Rui Pedro	94	Famalicao	<b>4:16.45</b>	+0,84	631	
	50m: 28.50 28.50	150m: 1:30.40	30.99	250m: 2:35.55	32.47	350m: 3:42.81	33.52
	100m: 59.41 30.91	200m: 2:03.08	32.68	300m: 3:09.29	33.74	400m: 4:16.45	33.64
35.	TOMAS Francisco Xavier	00	Alcobaca	<b>4:16.49</b>	+0,81	631	
	50m: 29.06 29.06	150m: 1:34.16	32.93	250m: 2:39.83	32.85	350m: 3:44.48	32.02
	100m: 1:01.23 32.17	200m: 2:06.98	32.82	300m: 3:12.46	32.63	400m: 4:16.49	32.01
36.	PEREIRA Joao Peixoto	01	Braga	<b>4:16.65</b>	+0,73	630	
	50m: 29.42 29.42	150m: 1:33.36	32.10	250m: 2:38.71	32.84	350m: 3:44.99	32.65
	100m: 1:01.26 31.84	200m: 2:05.87	32.51	300m: 3:12.34	33.63	400m: 4:16.65	31.66
37.	VAKULYUK Paulo	03	Torres Novas	<b>4:17.75</b>	+0,68	622	
	50m: 28.80 28.80	150m: 1:32.80	32.27	250m: 2:39.37	33.28	350m: 3:45.79	33.47
	100m: 1:00.53 31.73	200m: 2:06.09	33.29	300m: 3:12.32	32.95	400m: 4:17.75	31.96

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
38.	TRAVASSOS Rodrigo Alexandre	02	CASPAE	<b>4:18.11</b>	+0,69	619	
	50m: 29.23 29.23 150m: 1:33.71 32.59 250m: 2:39.63 32.86 350m: 3:46.10 32.96						
	100m: 1:01.12 31.89 200m: 2:06.77 33.06 300m: 3:13.14 33.51 400m: 4:18.11 32.01						
39.	GONCALVES Francisco Xavier	97	Nautico Academico	<b>4:18.12</b>	+0,67	619	
	50m: 28.72 28.72 150m: 1:32.31 32.23 250m: 2:37.39 32.65 350m: 3:44.12 33.86						
	100m: 1:00.08 31.36 200m: 2:04.74 32.43 300m: 3:10.26 32.87 400m: 4:18.12 34.00						
40.	COSTA Samson Silva	02	Fluvial Portuense	<b>4:18.48</b>	+0,68	617	
	50m: 28.77 28.77 150m: 1:34.01 32.53 250m: 2:39.45 32.46 350m: 3:45.76 32.82						
	100m: 1:01.48 32.71 200m: 2:06.99 32.98 300m: 3:12.94 33.49 400m: 4:18.48 32.72						
41.	FROTA Paulo Andre	02	CASPAE	<b>4:18.56</b>	+0,65	616	
	50m: 30.40 30.40 150m: 1:34.74 32.15 250m: 2:40.76 32.68 350m: 3:48.65 34.20						
	100m: 1:02.59 32.19 200m: 2:08.08 33.34 300m: 3:14.45 33.69 400m: 4:18.56 29.91						
42.	JACINTO Rafael Rodrigues	02	Belenenses	<b>4:18.70</b>	+0,71	615	
	50m: 29.34 29.34 150m: 1:34.18 32.29 250m: 2:39.04 32.40 350m: 3:44.99 33.16						
	100m: 1:01.89 32.55 200m: 2:06.64 32.46 300m: 3:11.83 32.79 400m: 4:18.70 33.71						
43.	MONTEIRO Tomas Penha	02	Alges	<b>4:19.62</b>	+0,60	609	
	50m: 29.15 29.15 150m: 1:34.82 33.15 250m: 2:41.65 33.29 350m: 3:47.45 32.03						
	100m: 1:01.67 32.52 200m: 2:08.36 33.54 300m: 3:15.42 33.77 400m: 4:19.62 32.17						
44.	DEUS Andre Portugal	02	Naval do Funchal	<b>4:20.19</b>	+0,63	605	
	50m: 29.91 29.91 150m: 1:35.31 33.05 250m: 2:41.48 32.97 350m: 3:48.21 33.14						
	100m: 1:02.26 32.35 200m: 2:08.51 33.20 300m: 3:15.07 33.59 400m: 4:20.19 31.98						
45.	AMARAL Francisco Rodriguez	02	Campinho	<b>4:20.48</b>	+0,66	603	
	50m: 29.60 29.60 150m: 1:35.71 33.55 250m: 2:42.42 33.19 350m: 3:49.26 33.44						
	100m: 1:02.16 32.56 200m: 2:09.23 33.52 300m: 3:15.82 33.40 400m: 4:20.48 31.22						
46.	ALVES Manuel Landeiro	02	Naval Praia da Vitoria	<b>4:21.33</b>	+0,72	597	
	50m: 30.01 30.01 150m: 1:35.98 33.72 250m: 2:43.88 33.84 350m: 3:50.72 33.37						
	100m: 1:02.26 32.25 200m: 2:10.04 34.06 300m: 3:17.35 33.47 400m: 4:21.33 30.61						
47.	VIEGAS Hugo Miguel	02	Natacao Olhao	<b>4:21.39</b>	+0,70	596	
	50m: 29.97 29.97 150m: 1:36.19 33.10 250m: 2:42.58 32.93 350m: 3:49.55 33.71						
	100m: 1:03.09 33.12 200m: 2:09.65 33.46 300m: 3:15.84 33.26 400m: 4:21.39 31.84						
48.	OLIVEIRA Vitor Teixeira	03	Columbofila Cantanhedense	<b>4:21.50</b>	+0,69	596	
	50m: 30.13 30.13 150m: 1:36.37 33.80 250m: 2:43.21 33.30 350m: 3:50.51 33.54						
	100m: 1:02.57 32.44 200m: 2:09.91 33.54 300m: 3:16.97 33.76 400m: 4:21.50 30.99						
49.	SIMOES Bernardo Jorge	02	Torres Novas	<b>4:22.85</b>	+0,61	586	
	50m: 29.70 29.70 150m: 1:35.47 33.23 250m: 2:42.25 33.09 350m: 3:49.55 33.85						
	100m: 1:02.24 32.54 200m: 2:09.16 33.69 300m: 3:15.70 33.45 400m: 4:22.85 33.30						
50.	CARVALHO Fernando Costa	03	Foca	<b>4:23.31</b>	+0,64	583	
	50m: 29.71 29.71 150m: 1:36.52 33.51 250m: 2:44.06 33.83 350m: 3:51.51 33.43						
	100m: 1:03.01 33.30 200m: 2:10.23 33.71 300m: 3:18.08 34.02 400m: 4:23.31 31.80						
51.	LOURENCO Tomas Galvao	02	Natacao Olhao	<b>4:23.39</b>	+0,73	583	
	50m: 29.45 29.45 150m: 1:35.97 33.70 250m: 2:44.19 34.13 350m: 3:52.60 34.14						
	100m: 1:02.27 32.82 200m: 2:10.06 34.09 300m: 3:18.46 34.27 400m: 4:23.39 30.79						

Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
52.	SOUZA Francisco Alves	02	Gesloures	<b>4:23.43</b>	+0,70	583	
	50m: 29.09 29.09	150m: 1:36.90 34.05	250m: 2:44.32 33.66	350m: 3:51.55 33.70	400m: 4:23.43 31.88		
	100m: 1:02.85 33.76	200m: 2:10.66 33.76	300m: 3:17.85 33.53				
53.	GOMES Goncalo Andre	03	Individual ANC	<b>4:24.07</b>	+0,70	578	
	50m: 30.47 30.47	150m: 1:37.19 33.04	250m: 2:44.83 33.72	350m: 3:52.41 32.96	400m: 4:24.07 31.66		
	100m: 1:04.15 33.68	200m: 2:11.11 33.92	300m: 3:19.45 34.62				
54.	BRITO Bernardo Geadá	02	Uniao Piedense	<b>4:24.42</b>	+0,61	576	
	50m: 29.82 29.82	150m: 1:35.76 33.36	250m: 2:43.07 33.57	350m: 3:51.09 34.13	400m: 4:24.42 33.33		
	100m: 1:02.40 32.58	200m: 2:09.50 33.74	300m: 3:16.96 33.89				
55.	MACHADO Martim Miranda	03	Uniao Coimbra	<b>4:25.16</b>	+0,63	571	
	50m: 29.00 29.00	150m: 1:34.76 33.43	250m: 2:42.83 33.93	350m: 3:51.60 34.36	400m: 4:25.16 33.56		
	100m: 1:01.33 32.33	200m: 2:08.90 34.14	300m: 3:17.24 34.41				
56.	RODRIGUES Pedro Reis	02	Sao Roque	<b>4:25.73</b>	+0,68	568	
	50m: 29.15 29.15	150m: 1:35.16 33.30	250m: 2:43.52 34.39	350m: 3:52.92 34.41	400m: 4:25.73 32.81		
	100m: 1:01.86 32.71	200m: 2:09.13 33.97	300m: 3:18.51 34.99				
	CARVALHO Daniel Luis	02	Braga	<b>4:25.73</b>	+0,75	568	
	50m: 30.10 30.10	150m: 1:36.43 33.70	250m: 2:44.77 34.27	350m: 3:52.98 33.88	400m: 4:25.73 32.75		
	100m: 1:02.73 32.63	200m: 2:10.50 34.07	300m: 3:19.10 34.33				
58.	GOMEZ CASAL Luis	02	CMarina	<b>4:26.79</b>	+0,77	561	
	50m: 29.90 29.90	150m: 1:37.17 34.33	250m: 2:46.28 34.44	350m: 3:55.12 34.46	400m: 4:26.79 31.67		
	100m: 1:02.84 32.94	200m: 2:11.84 34.67	300m: 3:20.66 34.38				
59.	DIAS Ruben Fonseca	03	Natacao de Valongo	<b>4:26.92</b>	+0,73	560	
	50m: 29.89 29.89	150m: 1:36.47 33.95	250m: 2:44.91 33.94	350m: 3:53.98 34.59	400m: 4:26.92 32.94		
	100m: 1:02.52 32.63	200m: 2:10.97 34.50	300m: 3:19.39 34.48				
60.	ROCHA Eduardo Chicralla	02	Sporting	<b>4:28.61</b>	+0,68	549	
	50m: 31.02 31.02	150m: 1:38.02 33.49	250m: 2:46.45 34.16	350m: 3:55.31 34.39	400m: 4:28.61 33.30		
	100m: 1:04.53 33.51	200m: 2:12.29 34.27	300m: 3:20.92 34.47				
61.	FARDILHA Manuel Cruz	03	Galitos / Bresimar	<b>4:28.67</b>	+0,68	549	
	50m: 30.35 30.35	150m: 1:38.99 34.89	250m: 2:47.66 34.30	350m: 3:56.78 34.28	400m: 4:28.67 31.89		
	100m: 1:04.10 33.75	200m: 2:13.36 34.37	300m: 3:22.50 34.84				
62.	DIAS Rodrigo Reis	03	Belenenses	<b>4:28.93</b>	+0,73	547	
	50m: 30.29 30.29	150m: 1:39.08 34.89	250m: 2:48.05 34.26	350m: 3:57.49 34.28	400m: 4:28.93 31.44		
	100m: 1:04.19 33.90	200m: 2:13.79 34.71	300m: 3:23.21 35.16				
63.	MALFEITO Martim Rebelo	02	Sporting	<b>4:29.53</b>	+0,73	544	
	50m: 30.70 30.70	150m: 1:37.61 33.31	250m: 2:45.79 33.40	350m: 3:54.64 34.67	400m: 4:29.53 34.89		
	100m: 1:04.30 33.60	200m: 2:12.39 34.78	300m: 3:19.97 34.18				
64.	COSTA Afonso Filipe	03	Naval da Nazare	<b>4:30.98</b>	+0,71	535	
	50m: 29.40 29.40	150m: 1:37.09 34.01	250m: 2:46.94 34.80	350m: 3:57.23 35.23	400m: 4:30.98 33.75		
	100m: 1:03.08 33.68	200m: 2:12.14 35.05	300m: 3:22.00 35.06				
65.	PEREIRA Joao Neto	02	Fundacao Beatriz Santos	<b>4:31.36</b>	+0,62	533	
	50m: 29.11 29.11	150m: 1:37.23 34.64	250m: 2:47.13 34.93	350m: 3:57.28 34.63	400m: 4:31.36 34.08		
	100m: 1:02.59 33.48	200m: 2:12.20 34.97	300m: 3:22.65 35.52				



Prova 36, Masc., 400m Livres, Elimin, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
66.	SOUSA Diogo Nunes	03	Vitoria Guimaraes	<b>4:31.67</b>	+0,77	531	
	50m: 29.34 29.34	150m: 1:35.90	34.17	250m: 2:46.76	35.69	350m: 3:57.73	35.12
	100m: 1:01.73 32.39	200m: 2:11.07	35.17	300m: 3:22.61	35.85	400m: 4:31.67	33.94
67.	CRISTOVAO Goncalo Magalhaes	03	Viver Santarem	<b>4:33.09</b>	+0,82	523	
	50m: 30.28 30.28	150m: 1:39.00	35.03	250m: 2:50.58	35.79	350m: 4:00.65	33.57
	100m: 1:03.97 33.69	200m: 2:14.79	35.79	300m: 3:27.08	36.50	400m: 4:33.09	32.44
68.	RELVAS David Ferreira	03	Nautico Marinha Grande	<b>4:33.81</b>	+0,70	519	
	50m: 29.13 29.13	150m: 1:36.28	34.53	250m: 2:46.94	35.83	350m: 3:59.08	36.10
	100m: 1:01.75 32.62	200m: 2:11.11	34.83	300m: 3:22.98	36.04	400m: 4:33.81	34.73
69.	BORGES Rafael Braga	03	Naval de Ponta Delgada	<b>4:35.79</b>	+0,71	508	
	50m: 30.43 30.43	150m: 1:39.71	35.10	250m: 2:50.39	35.27	350m: 4:01.24	35.47
	100m: 1:04.61 34.18	200m: 2:15.12	35.41	300m: 3:25.77	35.38	400m: 4:35.79	34.55
70.	LIMOES Sergio Miguel	03	Galitos / Bresimar	<b>4:36.67</b>	+0,81	503	
	50m: 30.40 30.40	150m: 1:38.34	34.31	250m: 2:48.17	35.29	350m: 4:00.48	36.60
	100m: 1:04.03 33.63	200m: 2:12.88	34.54	300m: 3:23.88	35.71	400m: 4:36.67	36.19
71.	SANTOS Joao Pedro	03	Naval de Ponta Delgada	<b>4:38.48</b>	+0,64	493	
	50m: 30.32 30.32	150m: 1:38.41	34.57	250m: 2:49.25	35.79	350m: 4:02.10	36.86
	100m: 1:03.84 33.52	200m: 2:13.46	35.05	300m: 3:25.24	35.99	400m: 4:38.48	36.38
72.	MARQUES Andre Costa	03	Famalicao	<b>4:39.46</b>	+0,69	488	
	50m: 31.98 31.98	150m: 1:42.65	35.35	250m: 2:53.78	35.56	350m: 4:04.99	35.96
	100m: 1:07.30 35.32	200m: 2:18.22	35.57	300m: 3:29.03	35.25	400m: 4:39.46	34.47
73.	PLESHKAN Valentino Garvasyuk	03	Ba/Bomcar	<b>4:44.01</b>	+0,72	465	
	50m: 29.88 29.88	150m: 1:39.39	35.85	250m: 2:51.97	36.76	350m: 4:06.92	37.74
	100m: 1:03.54 33.66	200m: 2:15.21	35.82	300m: 3:29.18	37.21	400m: 4:44.01	37.09
DSQ	PIRES Rui Miguel	01	Nautico Marinha Grande				
	<i>403 - Falsa partida - SW 4.4</i>						
DNS	COSTA Tiago Cunha	99	Sporting				
DNS	CANADAS Joao Vasco	03	Rio Maior				
DNS	FARES YOUSSEF AHMED Emara	02	Egypt				