

Prova 45 Femin., 1500m Livres Junior 16
29-07-2018 - 16:00 Resultados

| | | | | | |
|------------------|----------|-------------------------|-----|---------------------------|------------|
| Rec Nac Absoluto | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Jun16 | 16:47.35 | HOLUB Tamila Hryhorivna | POR | Coimbra | 31-05-2015 |

Pontos: FINA 2018

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------|---------------------|-----------------------|-----------------------|-------|----------|-----|
| 1. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 17:24.20 | +0,78 | 696 | |
| | 50m: 32.49 32.49 | 450m: 5:12.96 35.06 | 850m: 9:53.45 35.16 | 1250m: 14:31.95 34.73 | | | |
| | 100m: 1:07.30 34.81 | 500m: 5:48.21 35.25 | 900m: 10:28.49 35.04 | 1300m: 15:06.79 34.84 | | | |
| | 150m: 1:42.14 34.84 | 550m: 6:23.24 35.03 | 950m: 11:03.33 34.84 | 1350m: 15:41.71 34.92 | | | |
| | 200m: 2:17.19 35.05 | 600m: 6:58.21 34.97 | 1000m: 11:38.14 34.81 | 1400m: 16:16.07 34.36 | | | |
| | 250m: 2:52.20 35.01 | 650m: 7:33.26 35.05 | 1050m: 12:12.80 34.66 | 1450m: 16:50.55 34.48 | | | |
| | 300m: 3:27.50 35.30 | 700m: 8:08.02 34.76 | 1100m: 12:47.66 34.86 | 1500m: 17:24.20 33.65 | | | |
| | 350m: 4:02.77 35.27 | 750m: 8:43.30 35.28 | 1150m: 13:22.32 34.66 | | | | |
| | 400m: 4:37.90 35.13 | 800m: 9:18.29 34.99 | 1200m: 13:57.22 34.90 | | | | |
| 2. | QUEIROZ Ana Rita | 02 | CASPAE | 17:39.53 | +0,71 | 666 | |
| | 50m: 31.86 31.86 | 450m: 5:11.94 35.38 | 850m: 9:54.21 35.18 | 1250m: 14:39.63 36.18 | | | |
| | 100m: 1:06.08 34.22 | 500m: 5:47.58 35.64 | 900m: 10:29.53 35.32 | 1300m: 15:15.72 36.09 | | | |
| | 150m: 1:40.76 34.68 | 550m: 6:22.71 35.13 | 950m: 11:05.01 35.48 | 1350m: 15:52.30 36.58 | | | |
| | 200m: 2:15.55 34.79 | 600m: 6:57.80 35.09 | 1000m: 11:40.60 35.59 | 1400m: 16:28.31 36.01 | | | |
| | 250m: 2:50.77 35.22 | 650m: 7:32.96 35.16 | 1050m: 12:16.06 35.46 | 1450m: 17:04.04 35.73 | | | |
| | 300m: 3:26.04 35.27 | 700m: 8:08.16 35.20 | 1100m: 12:51.81 35.75 | 1500m: 17:39.53 35.49 | | | |
| | 350m: 4:01.32 35.28 | 750m: 8:43.54 35.38 | 1150m: 13:27.31 35.50 | | | | |
| | 400m: 4:36.56 35.24 | 800m: 9:19.03 35.49 | 1200m: 14:03.45 36.14 | | | | |

DNS FRAZAO Alexandra Couto 02 CASPAE

Prova 45 Femin., 1500m Livres Junior 17
29-07-2018 - 16:00 Resultados

| | | | | | |
|------------------|----------|-------------------------|-----|---------------------------|------------|
| Rec Nac Absoluto | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Jun17 | 16:20.80 | HOLUB Tamila Hryhorivna | POR | Hodmezovasarhely (HUN) | 08-07-2016 |

Pontos: FINA 2018

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|---------------------|---------------------------|-----------------------|-------|----------|-----|
| 1. | ALVES Sara Sofia | 01 | Columbofila Cantanhedense | 17:49.23 | +0,71 | 648 | |
| | 50m: 32.30 32.30 | 450m: 5:13.59 35.39 | 850m: 9:58.47 35.92 | 1250m: 14:48.39 36.32 | | | |
| | 100m: 1:06.35 34.05 | 500m: 5:48.44 34.85 | 900m: 10:34.64 36.17 | 1300m: 15:24.98 36.59 | | | |
| | 150m: 1:41.55 35.20 | 550m: 6:23.98 35.54 | 950m: 11:10.75 36.11 | 1350m: 16:01.27 36.29 | | | |
| | 200m: 2:16.64 35.09 | 600m: 6:59.17 35.19 | 1000m: 11:46.93 36.18 | 1400m: 16:37.62 36.35 | | | |
| | 250m: 2:51.96 35.32 | 650m: 7:34.63 35.46 | 1050m: 12:23.27 36.34 | 1450m: 17:13.65 36.03 | | | |
| | 300m: 3:27.42 35.46 | 700m: 8:10.57 35.94 | 1100m: 12:59.47 36.20 | 1500m: 17:49.23 35.58 | | | |
| | 350m: 4:02.91 35.49 | 750m: 8:46.46 35.89 | 1150m: 13:35.94 36.47 | | | | |
| | 400m: 4:38.20 35.29 | 800m: 9:22.55 36.09 | 1200m: 14:12.07 36.13 | | | | |
| 2. | RODRIGUES Filipa Serrano | 01 | Benfica | 18:00.38 | +0,78 | 628 | |
| | 50m: 32.29 32.29 | 450m: 5:15.16 35.94 | 850m: 10:04.94 36.56 | 1250m: 14:58.75 36.75 | | | |
| | 100m: 1:06.81 34.52 | 500m: 5:50.90 35.74 | 900m: 10:41.72 36.78 | 1300m: 15:35.59 36.84 | | | |
| | 150m: 1:42.14 35.33 | 550m: 6:26.81 35.91 | 950m: 11:18.39 36.67 | 1350m: 16:11.60 36.01 | | | |
| | 200m: 2:17.37 35.23 | 600m: 7:02.62 35.81 | 1000m: 11:55.15 36.76 | 1400m: 16:48.35 36.75 | | | |
| | 250m: 2:52.92 35.55 | 650m: 7:38.97 36.35 | 1050m: 12:32.02 36.87 | 1450m: 17:24.90 36.55 | | | |
| | 300m: 3:28.21 35.29 | 700m: 8:15.19 36.22 | 1100m: 13:08.67 36.65 | 1500m: 18:00.38 35.48 | | | |
| | 350m: 4:03.70 35.49 | 750m: 8:51.84 36.65 | 1150m: 13:45.28 36.61 | | | | |
| | 400m: 4:39.22 35.52 | 800m: 9:28.38 36.54 | 1200m: 14:22.00 36.72 | | | | |

Prova 45, Femin., 1500m Livres

Prova 45 Femin., 1500m Livres Seniores
29-07-2018 - 16:00 Resultados

| | | | | | |
|------------------|----------|------------------------|-----|---------------------------|------------|
| Rec Nac Absoluto | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Sen | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |

Pontos: FINA 2018

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------|---------------|-------|-----------------|--------------|-----------------|-------|
| 1. | HOLUB Tamila Hryhorivna | 99 | Braga | 16:50.08 | +0,76 | 769 | |
| | 50m: 31.43 31.43 | 450m: 5:03.07 | 34.14 | 850m: 9:34.23 | 33.84 | 1250m: 14:03.12 | 33.46 |
| | 100m: 1:05.09 33.66 | 500m: 5:37.01 | 33.94 | 900m: 10:08.02 | 33.79 | 1300m: 14:36.77 | 33.65 |
| | 150m: 1:39.22 34.13 | 550m: 6:11.06 | 34.05 | 950m: 10:41.72 | 33.70 | 1350m: 15:10.34 | 33.57 |
| | 200m: 2:12.98 33.76 | 600m: 6:44.94 | 33.88 | 1000m: 11:15.50 | 33.78 | 1400m: 15:44.28 | 33.94 |
| | 250m: 2:46.84 33.86 | 650m: 7:18.96 | 34.02 | 1050m: 11:49.01 | 33.51 | 1450m: 16:17.92 | 33.64 |
| | 300m: 3:20.88 34.04 | 700m: 7:52.82 | 33.86 | 1100m: 12:22.50 | 33.49 | 1500m: 16:50.08 | 32.16 |
| | 350m: 3:54.83 33.95 | 750m: 8:26.62 | 33.80 | 1150m: 12:55.86 | 33.36 | | |
| | 400m: 4:28.93 34.10 | 800m: 9:00.39 | 33.77 | 1200m: 13:29.66 | 33.80 | | |

Prova 45 Femin., 1500m Livres Absolutos
29-07-2018 - 16:00 Resultados

| | | | | | |
|------------------|----------|-------------------------|------|---------------------------|------------|
| Rec Nac Absoluto | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Sen | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Jun17 | 16:20.80 | HOLUB Tamila Hryhorivna | POR | Hodmezovasarhely (HUN) | 08-07-2016 |
| Rec Nac Jun16 | 16:47.35 | HOLUB Tamila Hryhorivna | POR | Coimbra | 31-05-2015 |
| Rec Nac Juv A | 16:54.60 | HOLUB Tamila Hryhorivna | POR | Dordrecht (NED) | 11-07-2014 |
| Rec Nac Juv B | 17:34.28 | VELOSO Maria Miguel | CNAC | Coimbra | 08-07-2007 |

Pontos: FINA 2018

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-------------------------|---------------|---------------------|-----------------|--------------|-----------------|-------|
| 1. | HOLUB Tamila Hryhorivna | 99 | Braga | 16:50.08 | +0,76 | 769 | |
| | 50m: 31.43 31.43 | 450m: 5:03.07 | 34.14 | 850m: 9:34.23 | 33.84 | 1250m: 14:03.12 | 33.46 |
| | 100m: 1:05.09 33.66 | 500m: 5:37.01 | 33.94 | 900m: 10:08.02 | 33.79 | 1300m: 14:36.77 | 33.65 |
| | 150m: 1:39.22 34.13 | 550m: 6:11.06 | 34.05 | 950m: 10:41.72 | 33.70 | 1350m: 15:10.34 | 33.57 |
| | 200m: 2:12.98 33.76 | 600m: 6:44.94 | 33.88 | 1000m: 11:15.50 | 33.78 | 1400m: 15:44.28 | 33.94 |
| | 250m: 2:46.84 33.86 | 650m: 7:18.96 | 34.02 | 1050m: 11:49.01 | 33.51 | 1450m: 16:17.92 | 33.64 |
| | 300m: 3:20.88 34.04 | 700m: 7:52.82 | 33.86 | 1100m: 12:22.50 | 33.49 | 1500m: 16:50.08 | 32.16 |
| | 350m: 3:54.83 33.95 | 750m: 8:26.62 | 33.80 | 1150m: 12:55.86 | 33.36 | | |
| | 400m: 4:28.93 34.10 | 800m: 9:00.39 | 33.77 | 1200m: 13:29.66 | 33.80 | | |
| 2. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 17:24.20 | +0,78 | 696 | |
| | 50m: 32.49 32.49 | 450m: 5:12.96 | 35.06 | 850m: 9:53.45 | 35.16 | 1250m: 14:31.95 | 34.73 |
| | 100m: 1:07.30 34.81 | 500m: 5:48.21 | 35.25 | 900m: 10:28.49 | 35.04 | 1300m: 15:06.79 | 34.84 |
| | 150m: 1:42.14 34.84 | 550m: 6:23.24 | 35.03 | 950m: 11:03.33 | 34.84 | 1350m: 15:41.71 | 34.92 |
| | 200m: 2:17.19 35.05 | 600m: 6:58.21 | 34.97 | 1000m: 11:38.14 | 34.81 | 1400m: 16:16.07 | 34.36 |
| | 250m: 2:52.20 35.01 | 650m: 7:33.26 | 35.05 | 1050m: 12:12.80 | 34.66 | 1450m: 16:50.55 | 34.48 |
| | 300m: 3:27.50 35.30 | 700m: 8:08.02 | 34.76 | 1100m: 12:47.66 | 34.86 | 1500m: 17:24.20 | 33.65 |
| | 350m: 4:02.77 35.27 | 750m: 8:43.30 | 35.28 | 1150m: 13:22.32 | 34.66 | | |
| | 400m: 4:37.90 35.13 | 800m: 9:18.29 | 34.99 | 1200m: 13:57.22 | 34.90 | | |

Prova 45, Femin., 1500m Livres, Absolutos

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|---------------|---------------------------|-----------------|--------------|-----------------|-------|
| 3. | QUEIROZ Ana Rita | 02 | CASP AE | 17:39.53 | +0,71 | 666 | |
| | 50m: 31.86 31.86 | 450m: 5:11.94 | 35.38 | 850m: 9:54.21 | 35.18 | 1250m: 14:39.63 | 36.18 |
| | 100m: 1:06.08 34.22 | 500m: 5:47.58 | 35.64 | 900m: 10:29.53 | 35.32 | 1300m: 15:15.72 | 36.09 |
| | 150m: 1:40.76 34.68 | 550m: 6:22.71 | 35.13 | 950m: 11:05.01 | 35.48 | 1350m: 15:52.30 | 36.58 |
| | 200m: 2:15.55 34.79 | 600m: 6:57.80 | 35.09 | 1000m: 11:40.60 | 35.59 | 1400m: 16:28.31 | 36.01 |
| | 250m: 2:50.77 35.22 | 650m: 7:32.96 | 35.16 | 1050m: 12:16.06 | 35.46 | 1450m: 17:04.04 | 35.73 |
| | 300m: 3:26.04 35.27 | 700m: 8:08.16 | 35.20 | 1100m: 12:51.81 | 35.75 | 1500m: 17:39.53 | 35.49 |
| | 350m: 4:01.32 35.28 | 750m: 8:43.54 | 35.38 | 1150m: 13:27.31 | 35.50 | | |
| | 400m: 4:36.56 35.24 | 800m: 9:19.03 | 35.49 | 1200m: 14:03.45 | 36.14 | | |
| 4. | ALVES Sara Sofia | 01 | Columbofila Cantanhedense | 17:49.23 | +0,71 | 648 | |
| | 50m: 32.30 32.30 | 450m: 5:13.59 | 35.39 | 850m: 9:58.47 | 35.92 | 1250m: 14:48.39 | 36.32 |
| | 100m: 1:06.35 34.05 | 500m: 5:48.44 | 34.85 | 900m: 10:34.64 | 36.17 | 1300m: 15:24.98 | 36.59 |
| | 150m: 1:41.55 35.20 | 550m: 6:23.98 | 35.54 | 950m: 11:10.75 | 36.11 | 1350m: 16:01.27 | 36.29 |
| | 200m: 2:16.64 35.09 | 600m: 6:59.17 | 35.19 | 1000m: 11:46.93 | 36.18 | 1400m: 16:37.62 | 36.35 |
| | 250m: 2:51.96 35.32 | 650m: 7:34.63 | 35.46 | 1050m: 12:23.27 | 36.34 | 1450m: 17:13.65 | 36.03 |
| | 300m: 3:27.42 35.46 | 700m: 8:10.57 | 35.94 | 1100m: 12:59.47 | 36.20 | 1500m: 17:49.23 | 35.58 |
| | 350m: 4:02.91 35.49 | 750m: 8:46.46 | 35.89 | 1150m: 13:35.94 | 36.47 | | |
| | 400m: 4:38.20 35.29 | 800m: 9:22.55 | 36.09 | 1200m: 14:12.07 | 36.13 | | |
| 5. | RODRIGUES Filipa Serrano | 01 | Benfica | 18:00.38 | +0,78 | 628 | |
| | 50m: 32.29 32.29 | 450m: 5:15.16 | 35.94 | 850m: 10:04.94 | 36.56 | 1250m: 14:58.75 | 36.75 |
| | 100m: 1:06.81 34.52 | 500m: 5:50.90 | 35.74 | 900m: 10:41.72 | 36.78 | 1300m: 15:35.59 | 36.84 |
| | 150m: 1:42.14 35.33 | 550m: 6:26.81 | 35.91 | 950m: 11:18.39 | 36.67 | 1350m: 16:11.60 | 36.01 |
| | 200m: 2:17.37 35.23 | 600m: 7:02.62 | 35.81 | 1000m: 11:55.15 | 36.76 | 1400m: 16:48.35 | 36.75 |
| | 250m: 2:52.92 35.55 | 650m: 7:38.97 | 36.35 | 1050m: 12:32.02 | 36.87 | 1450m: 17:24.90 | 36.55 |
| | 300m: 3:28.21 35.29 | 700m: 8:15.19 | 36.22 | 1100m: 13:08.67 | 36.65 | 1500m: 18:00.38 | 35.48 |
| | 350m: 4:03.70 35.49 | 750m: 8:51.84 | 36.65 | 1150m: 13:45.28 | 36.61 | | |
| | 400m: 4:39.22 35.52 | 800m: 9:28.38 | 36.54 | 1200m: 14:22.00 | 36.72 | | |
| DNS | FRAZAO Alexandra Couto | 02 | CASP AE | | | | |

Prova 45, Femin., 1500m Livres

Prova 45
29-07-2018 - 16:00

Femin., 1500m Livres

Open
Resultados

| | | | | | |
|------------------|----------|-------------------------|------|---------------------------|------------|
| Rec Nac Absoluto | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Sen | 16:15.60 | DURAES Diana Margarida | POR | Canet-en-Roussillon (FRA) | 09-06-2018 |
| Rec Nac Jun17 | 16:20.80 | HOLUB Tamila Hryhorivna | POR | Hodmezovasarhely (HUN) | 08-07-2016 |
| Rec Nac Jun16 | 16:47.35 | HOLUB Tamila Hryhorivna | POR | Coimbra | 31-05-2015 |
| Rec Nac Juv A | 16:54.60 | HOLUB Tamila Hryhorivna | POR | Dordrecht (NED) | 11-07-2014 |
| Rec Nac Juv B | 17:34.28 | VELOSO Maria Miguel | CNAC | Coimbra | 08-07-2007 |
| Rec Nac Inf A | 18:05.56 | ROSA Mafalda Sofia | CNRM | Rio Maior | 24-06-2016 |
| Rec Nac Inf B | 18:11.07 | RUIVO Filipa Vilas | DNMG | Coimbra | 05-07-2009 |

Pontos: FINA 2018

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------------|---------------|---------------------|-----------------|--------------|-----------------|-------|
| 1. | HOLUB Tamila Hryhorivna | 99 | Braga | 16:50.08 | +0,76 | 769 | |
| | 50m: 31.43 31.43 | 450m: 5:03.07 | 34.14 | 850m: 9:34.23 | 33.84 | 1250m: 14:03.12 | 33.46 |
| | 100m: 1:05.09 33.66 | 500m: 5:37.01 | 33.94 | 900m: 10:08.02 | 33.79 | 1300m: 14:36.77 | 33.65 |
| | 150m: 1:39.22 34.13 | 550m: 6:11.06 | 34.05 | 950m: 10:41.72 | 33.70 | 1350m: 15:10.34 | 33.57 |
| | 200m: 2:12.98 33.76 | 600m: 6:44.94 | 33.88 | 1000m: 11:15.50 | 33.78 | 1400m: 15:44.28 | 33.94 |
| | 250m: 2:46.84 33.86 | 650m: 7:18.96 | 34.02 | 1050m: 11:49.01 | 33.51 | 1450m: 16:17.92 | 33.64 |
| | 300m: 3:20.88 34.04 | 700m: 7:52.82 | 33.86 | 1100m: 12:22.50 | 33.49 | 1500m: 16:50.08 | 32.16 |
| | 350m: 3:54.83 33.95 | 750m: 8:26.62 | 33.80 | 1150m: 12:55.86 | 33.36 | | |
| | 400m: 4:28.93 34.10 | 800m: 9:00.39 | 33.77 | 1200m: 13:29.66 | 33.80 | | |
| 2. | ALONSO LORENZO Paula | 95 | Castilla-Leon | 17:22.57 | +0,79 | 699 | |
| | 50m: 31.33 31.33 | 450m: 5:08.04 | 34.77 | 850m: 9:47.73 | 35.14 | 1250m: 14:28.49 | 35.03 |
| | 100m: 1:05.45 34.12 | 500m: 5:42.87 | 34.83 | 900m: 10:23.11 | 35.38 | 1300m: 15:03.30 | 34.81 |
| | 150m: 1:39.84 34.39 | 550m: 6:17.74 | 34.87 | 950m: 10:58.14 | 35.03 | 1350m: 15:38.82 | 35.52 |
| | 200m: 2:14.33 34.49 | 600m: 6:52.83 | 35.09 | 1000m: 11:32.93 | 34.79 | 1400m: 16:13.87 | 35.05 |
| | 250m: 2:48.98 34.65 | 650m: 7:27.66 | 34.83 | 1050m: 12:08.28 | 35.35 | 1450m: 16:48.67 | 34.80 |
| | 300m: 3:23.97 34.99 | 700m: 8:02.70 | 35.04 | 1100m: 12:43.13 | 34.85 | 1500m: 17:22.57 | 33.90 |
| | 350m: 3:58.37 34.40 | 750m: 8:37.52 | 34.82 | 1150m: 13:18.21 | 35.08 | | |
| | 400m: 4:33.27 34.90 | 800m: 9:12.59 | 35.07 | 1200m: 13:53.46 | 35.25 | | |
| 3. | MENDES Mariana Amaral | 02 | Colegio Monte Maior | 17:24.20 | +0,78 | 696 | |
| | 50m: 32.49 32.49 | 450m: 5:12.96 | 35.06 | 850m: 9:53.45 | 35.16 | 1250m: 14:31.95 | 34.73 |
| | 100m: 1:07.30 34.81 | 500m: 5:48.21 | 35.25 | 900m: 10:28.49 | 35.04 | 1300m: 15:06.79 | 34.84 |
| | 150m: 1:42.14 34.84 | 550m: 6:23.24 | 35.03 | 950m: 11:03.33 | 34.84 | 1350m: 15:41.71 | 34.92 |
| | 200m: 2:17.19 35.05 | 600m: 6:58.21 | 34.97 | 1000m: 11:38.14 | 34.81 | 1400m: 16:16.07 | 34.36 |
| | 250m: 2:52.20 35.01 | 650m: 7:33.26 | 35.05 | 1050m: 12:12.80 | 34.66 | 1450m: 16:50.55 | 34.48 |
| | 300m: 3:27.50 35.30 | 700m: 8:08.02 | 34.76 | 1100m: 12:47.66 | 34.86 | 1500m: 17:24.20 | 33.65 |
| | 350m: 4:02.77 35.27 | 750m: 8:43.30 | 35.28 | 1150m: 13:22.32 | 34.66 | | |
| | 400m: 4:37.90 35.13 | 800m: 9:18.29 | 34.99 | 1200m: 13:57.22 | 34.90 | | |
| 4. | QUEIROZ Ana Rita | 02 | CASPAE | 17:39.53 | +0,71 | 666 | |
| | 50m: 31.86 31.86 | 450m: 5:11.94 | 35.38 | 850m: 9:54.21 | 35.18 | 1250m: 14:39.63 | 36.18 |
| | 100m: 1:06.08 34.22 | 500m: 5:47.58 | 35.64 | 900m: 10:29.53 | 35.32 | 1300m: 15:15.72 | 36.09 |
| | 150m: 1:40.76 34.68 | 550m: 6:22.71 | 35.13 | 950m: 11:05.01 | 35.48 | 1350m: 15:52.30 | 36.58 |
| | 200m: 2:15.55 34.79 | 600m: 6:57.80 | 35.09 | 1000m: 11:40.60 | 35.59 | 1400m: 16:28.31 | 36.01 |
| | 250m: 2:50.77 35.22 | 650m: 7:32.96 | 35.16 | 1050m: 12:16.06 | 35.46 | 1450m: 17:04.04 | 35.73 |
| | 300m: 3:26.04 35.27 | 700m: 8:08.16 | 35.20 | 1100m: 12:51.81 | 35.75 | 1500m: 17:39.53 | 35.49 |
| | 350m: 4:01.32 35.28 | 750m: 8:43.54 | 35.38 | 1150m: 13:27.31 | 35.50 | | |
| | 400m: 4:36.56 35.24 | 800m: 9:19.03 | 35.49 | 1200m: 14:03.45 | 36.14 | | |

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 45, Femin., 1500m Livres, Open

| Lugar | Nome | Ano | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--------------------------|---------------------|---------------------------|-----------------------|--------------|------------|-----|
| 5. | ALVES Sara Sofia | 01 | Columbofila Cantanhedense | 17:49.23 | +0,71 | 648 | |
| | 50m: 32.30 32.30 | 450m: 5:13.59 35.39 | 850m: 9:58.47 35.92 | 1250m: 14:48.39 36.32 | | | |
| | 100m: 1:06.35 34.05 | 500m: 5:48.44 34.85 | 900m: 10:34.64 36.17 | 1300m: 15:24.98 36.59 | | | |
| | 150m: 1:41.55 35.20 | 550m: 6:23.98 35.54 | 950m: 11:10.75 36.11 | 1350m: 16:01.27 36.29 | | | |
| | 200m: 2:16.64 35.09 | 600m: 6:59.17 35.19 | 1000m: 11:46.93 36.18 | 1400m: 16:37.62 36.35 | | | |
| | 250m: 2:51.96 35.32 | 650m: 7:34.63 35.46 | 1050m: 12:23.27 36.34 | 1450m: 17:13.65 36.03 | | | |
| | 300m: 3:27.42 35.46 | 700m: 8:10.57 35.94 | 1100m: 12:59.47 36.20 | 1500m: 17:49.23 35.58 | | | |
| | 350m: 4:02.91 35.49 | 750m: 8:46.46 35.89 | 1150m: 13:35.94 36.47 | | | | |
| | 400m: 4:38.20 35.29 | 800m: 9:22.55 36.09 | 1200m: 14:12.07 36.13 | | | | |
| 6. | RODRIGUES Filipa Serrano | 01 | Benfica | 18:00.38 | +0,78 | 628 | |
| | 50m: 32.29 32.29 | 450m: 5:15.16 35.94 | 850m: 10:04.94 36.56 | 1250m: 14:58.75 36.75 | | | |
| | 100m: 1:06.81 34.52 | 500m: 5:50.90 35.74 | 900m: 10:41.72 36.78 | 1300m: 15:35.59 36.84 | | | |
| | 150m: 1:42.14 35.33 | 550m: 6:26.81 35.91 | 950m: 11:18.39 36.67 | 1350m: 16:11.60 36.01 | | | |
| | 200m: 2:17.37 35.23 | 600m: 7:02.62 35.81 | 1000m: 11:55.15 36.76 | 1400m: 16:48.35 36.75 | | | |
| | 250m: 2:52.92 35.55 | 650m: 7:38.97 36.35 | 1050m: 12:32.02 36.87 | 1450m: 17:24.90 36.55 | | | |
| | 300m: 3:28.21 35.29 | 700m: 8:15.19 36.22 | 1100m: 13:08.67 36.65 | 1500m: 18:00.38 35.48 | | | |
| | 350m: 4:03.70 35.49 | 750m: 8:51.84 36.65 | 1150m: 13:45.28 36.61 | | | | |
| | 400m: 4:39.22 35.52 | 800m: 9:28.38 36.54 | 1200m: 14:22.00 36.72 | | | | |
| DNS | FRAZAO Alexandra Couto | 02 | CASP AE | | | | |