

Prova 14 200m Bruços 10 anos e mais velhos
03-02-2018 - 16:40 Resultados

S14	3:13.70	DUARTE Carlos	CDEC	Cantanhede	11-05-1997
S14	3:29.80	RESENDE Sonia Castanheiro	SCA	Mealhada	18-02-2017
S15	2:49.41	CRUZ Miguel Duarte	CFB	Alges	22-11-2015
S15	3:21.23	LOURENCO Susana Maria	SCP	Mealhada	18-02-2017
S21	3:20.00	VIEIRA Jose Gabriel	POR	Estarreja	20-09-2013
S21	3:54.68	NG Mannie	POR	Albufeira	03-12-2008

S14 Esp Masc.: 4:56.36; Sen Masc.: 4:50.55 / S15 Esp Masc.: 3:28.37; Sen Masc.: 3:23.29 / S21 Esp Masc.: 5:06.00; Sen Masc.: 5:00.00

Pontos: IPC NED S14

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S14-Absoluto, Masc.

1.	SILVA Andre Guimaraes	96	SB14		Fluvial Portuense	3:41.90	308	9,00
	25m: 21.20 21.20	75m: 1:15.24 28.08	125m: 2:14.76 30.63	175m: 3:12.63 29.68				
	50m: 47.16 25.96	100m: 1:44.13 28.89	150m: 2:42.95 28.19	200m: 3:41.90 29.27				
2.	CRUZ Henrique Benevides	83	SB14		Naval de Ponta Delgada	4:16.69	199	7,00
	25m: 26.02 26.02	75m: 1:28.40 32.27	125m: 2:16.36 14.32	175m: 3:43.03 33.57				
	50m: 56.13 30.11	100m: 2:02.04 33.64	150m: 3:09.46 53.10	200m: 4:16.69 33.66				

Classe S14-Seniores, Masc.

1.	SILVA Andre Guimaraes	96	SB14		Fluvial Portuense	3:41.90	308	9,00
	25m: 21.20 21.20	75m: 1:15.24 28.08	125m: 2:14.76 30.63	175m: 3:12.63 29.68				
	50m: 47.16 25.96	100m: 1:44.13 28.89	150m: 2:42.95 28.19	200m: 3:41.90 29.27				
2.	CRUZ Henrique Benevides	83	SB14		Naval de Ponta Delgada	4:16.69	199	7,00
	25m: 26.02 26.02	75m: 1:28.40 32.27	125m: 2:16.36 14.32	175m: 3:43.03 33.57				
	50m: 56.13 30.11	100m: 2:02.04 33.64	150m: 3:09.46 53.10	200m: 4:16.69 33.66				

Classe S21 (SDown)-Absoluto, Masc.

1.	VIEIRA Jose Gabriel	83	SB21		FC Ferreiras	3:35.93	204	9,00
	25m: 21.67 21.67	75m: 1:17.18 28.29	125m: 2:13.94 28.12	175m: 3:10.25 27.79				
	50m: 48.89 27.22	100m: 1:45.82 28.64	150m: 2:42.46 28.52	200m: 3:35.93 25.68				

Classe S21 (SDown)-Absoluto, Femin.

1.	REIS Filipa Sa	00	SB21		Sporting de Aveiro	4:36.17	128	9,00
	25m: 28.82 28.82	75m: 1:37.05 34.92	125m: 2:47.63 34.97	175m: 4:00.14 35.94				
	50m: 1:02.13 33.31	100m: 2:12.66 35.61	150m: 3:24.20 36.57	200m: 4:36.17 36.03				
2.	CASTRO Ana Alexandra	92	SB21		Fluvial Portuense	4:55.02	105	7,00
	25m: 32.26 32.26	75m: 1:49.30 39.24	125m: 3:05.27 37.71	175m: 4:18.98 37.17				
	50m: 1:10.06 37.80	100m: 2:27.56 38.26	150m: 3:41.81 36.54	200m: 4:55.02 36.04				

Classe S21 (SDown)-Seniores, Masc.

1.	VIEIRA Jose Gabriel	83	SB21		FC Ferreiras	3:35.93	204	9,00
	25m: 21.67 21.67	75m: 1:17.18 28.29	125m: 2:13.94 28.12	175m: 3:10.25 27.79				
	50m: 48.89 27.22	100m: 1:45.82 28.64	150m: 2:42.46 28.52	200m: 3:35.93 25.68				

Prova 14, 200m Bruços

Classe S21 (SDown)-Seniores, Femin.

1. REIS Filipa Sa	00	SB21	Sporting de Aveiro				4:36.17	128	9,00
25m: 28.82 28.82	75m: 1:37.05	34.92	125m: 2:47.63	34.97	175m: 4:00.14	35.94			
50m: 1:02.13 33.31	100m: 2:12.66	35.61	150m: 3:24.20	36.57	200m: 4:36.17	36.03			
2. CASTRO Ana Alexandra	92	SB21	Fluvial Portuense				4:55.02	105	7,00
25m: 32.26 32.26	75m: 1:49.30	39.24	125m: 3:05.27	37.71	175m: 4:18.98	37.17			
50m: 1:10.06 37.80	100m: 2:27.56	38.26	150m: 3:41.81	36.54	200m: 4:55.02	36.04			