

Prova 42 Femin., 200m Livres Absoluto
04-02-2018 - 17:05 Resultados

S1	59:00.00	start							
S2	59:00.00	start							
S3	59:00.00	start							
S4	59:00.00	start							
S5	6:23.64	BARBOSA Teresa Raquel	FCP	Santa Maria da Feira					14-01-2018
S14	2:51.05	RESENDE Sonia Castanheiro	SCA	Santa Maria da Feira					22-01-2017
S15	2:38.70	ALMEIDA Eunice Evora	CNA	Lisboa					21-06-2015
S21	3:27.39	TORRES Diana Ines	POR	Loano (ITA)					09-11-2015

S1 Esp: 10:56.40; Sen: 7:30.47 / S2 Esp: 9:32.25; Sen: 9:21.03 / S3 Esp: 8:31.02; Sen: 8:21.00 / S4 Esp: 8:08.07; Sen: 7:58.50 / S5 Esp: 7:39.00; Sen: 7:30.00 / S14 Esp: 4:21.71; Sen: 4:16.57 / S15 Esp: 2:38.70; Sen: 3:10.44 / S16 Esp: 4:12.71; Sen: 4:16.57 / S21 Esp: 5:17.31; Sen: 5:11.09

Pontos: IPC NED S14

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S1-S14-Absolutos

1.	SIMOES Diana Vieira	98	S14		Sporting de Aveiro	3:17.59	253	9,00
	25m: 21.04 21.04	75m: 1:08.51 24.59	125m: 2:00.65 26.39	175m: 2:52.38 25.95				
	50m: 43.92 22.88	100m: 1:34.26 25.75	150m: 2:26.43 25.78	200m: 3:17.59 25.21				
2.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	3:38.47	187	7,00
	25m: 21.79 21.79	75m: 1:11.45 25.94	125m: 2:08.99 30.14	175m: 3:10.65 30.43				
	50m: 45.51 23.72	100m: 1:38.85 27.40	150m: 2:40.22 31.23	200m: 3:38.47 27.82				
3.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	4:11.40	123	9,00
	25m: 24.79 24.79	75m: 1:29.21 33.24	125m: 2:35.00 31.79	175m: 3:37.42 28.33				
	50m: 55.97 31.18	100m: 2:03.21 34.00	150m: 3:09.09 34.09	200m: 4:11.40 33.98				
4.	BARBOSA Teresa Raquel	90	S5	*6,12+	Porto	6:14.13	85	9,00
	<i>Rec Nac Classe S5</i>							
	25m: 42.83 42.83	75m: 2:18.50 47.90	125m: 3:54.29 47.29	175m: 5:27.68 44.44				
	50m: 1:30.60 47.77	100m: 3:07.00 48.50	150m: 4:43.24 48.95	200m: 6:14.13 46.45				
5.	PENELAS Beatriz Marques	99	S5	A 3,5,12+	Alhandra	8:30.91	33	7,00
	25m: 58.25 58.25	75m: 3:07.08 1:06.29	125m: 5:18.58 1:06.81	175m: 7:29.57 1:05.18				
	50m: 2:00.79 1:02.54	100m: 4:11.77 1:04.69	150m: 6:24.39 1:05.81	200m: 8:30.91 1:01.34				

Classe S5-Seniores

1.	BARBOSA Teresa Raquel	90	S5	*6,12+	Porto	6:14.13	85	9,00
	<i>Rec Nac Classe S5</i>							
	25m: 42.83 42.83	75m: 2:18.50 47.90	125m: 3:54.29 47.29	175m: 5:27.68 44.44				
	50m: 1:30.60 47.77	100m: 3:07.00 48.50	150m: 4:43.24 48.95	200m: 6:14.13 46.45				
2.	PENELAS Beatriz Marques	99	S5	A 3,5,12+	Alhandra	8:30.91	33	7,00
	25m: 58.25 58.25	75m: 3:07.08 1:06.29	125m: 5:18.58 1:06.81	175m: 7:29.57 1:05.18				
	50m: 2:00.79 1:02.54	100m: 4:11.77 1:04.69	150m: 6:24.39 1:05.81	200m: 8:30.91 1:01.34				

Prova 42, Femin., 200m Livres

Classe S14-Esperanças

1. ALMEIDA Beatriz Moreira	04	S14	ADADA Porto	4:11.40	123	9,00
25m: 24.79 24.79	75m: 1:29.21	33.24	125m: 2:35.00 31.79	175m: 3:37.42	28.33	
50m: 55.97 31.18	100m: 2:03.21	34.00	150m: 3:09.09 34.09	200m: 4:11.40	33.98	

Classe S14-Seniores

1. SIMOES Diana Vieira	98	S14	Sporting de Aveiro	3:17.59	253	9,00
25m: 21.04 21.04	75m: 1:08.51	24.59	125m: 2:00.65 26.39	175m: 2:52.38	25.95	
50m: 43.92 22.88	100m: 1:34.26	25.75	150m: 2:26.43 25.78	200m: 3:17.59	25.21	
2. GOUVEIA Susana Raquel	89	S14	ADADA Porto	3:38.47	187	7,00
25m: 21.79 21.79	75m: 1:11.45	25.94	125m: 2:08.99 30.14	175m: 3:10.65	30.43	
50m: 45.51 23.72	100m: 1:38.85	27.40	150m: 2:40.22 31.23	200m: 3:38.47	27.82	

Classe S21 (SDown)-Absolutos

1. REIS Filipa Sa	00	S21	Sporting de Aveiro	3:43.09	130	9,00
25m: 22.38 22.38	75m: 1:16.86	28.64	125m: 2:15.00 29.16	175m: 3:14.07	29.58	
50m: 48.22 25.84	100m: 1:45.84	28.98	150m: 2:44.49 29.49	200m: 3:43.09	29.02	
2. REIS Adriana Godinho	95	S21	Feira Viva	3:51.15	117	7,00
25m: 23.40 23.40	75m: 1:25.96	30.86	125m: 2:26.18 30.32	175m: 3:25.48	29.72	
50m: 55.10 31.70	100m: 1:55.86	29.90	150m: 2:55.76 29.58	200m: 3:51.15	25.67	
3. DUARTE Sara Isabel	91	S21	Porto	4:20.11	82	6,00
25m: 24.69 24.69	75m: 1:29.47	32.72	125m: 2:38.14 33.56	175m: 3:47.13	34.02	
50m: 56.75 32.06	100m: 2:04.58	35.11	150m: 3:13.11 34.97	200m: 4:20.11	32.98	
4. MOREIRA Carina Barbosa	81	S21	Propaganda da Natacao	4:33.36	71	5,00
25m: 30.11 30.11	75m: 1:36.91	34.20	125m: 2:47.21 35.07	175m: 3:58.26	34.52	
50m: 1:02.71 32.60	100m: 2:12.14	35.23	150m: 3:23.74 36.53	200m: 4:33.36	35.10	

Classe S21 (SDown)-Seniores

1. REIS Filipa Sa	00	S21	Sporting de Aveiro	3:43.09	130	9,00
25m: 22.38 22.38	75m: 1:16.86	28.64	125m: 2:15.00 29.16	175m: 3:14.07	29.58	
50m: 48.22 25.84	100m: 1:45.84	28.98	150m: 2:44.49 29.49	200m: 3:43.09	29.02	
2. REIS Adriana Godinho	95	S21	Feira Viva	3:51.15	117	7,00
25m: 23.40 23.40	75m: 1:25.96	30.86	125m: 2:26.18 30.32	175m: 3:25.48	29.72	
50m: 55.10 31.70	100m: 1:55.86	29.90	150m: 2:55.76 29.58	200m: 3:51.15	25.67	
3. DUARTE Sara Isabel	91	S21	Porto	4:20.11	82	6,00
25m: 24.69 24.69	75m: 1:29.47	32.72	125m: 2:38.14 33.56	175m: 3:47.13	34.02	
50m: 56.75 32.06	100m: 2:04.58	35.11	150m: 3:13.11 34.97	200m: 4:20.11	32.98	
4. MOREIRA Carina Barbosa	81	S21	Propaganda da Natacao	4:33.36	71	5,00
25m: 30.11 30.11	75m: 1:36.91	34.20	125m: 2:47.21 35.07	175m: 3:58.26	34.52	
50m: 1:02.71 32.60	100m: 2:12.14	35.23	150m: 3:23.74 36.53	200m: 4:33.36	35.10	