

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1 Femin., 1500m Livres Master Esc A
24-02-2018 Resultados

RN Esc A(25-29) 19:28.13 SILVA Carolina Santos CNMAIA Coimbra 18-04-2015

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	21:28.42		648	30,00
	100m: 1:15.52 1:15.52		500m: 6:54.16 1:26.47	900m: 12:44.98 1:27.74	1300m: 18:35.53 1:27.00		
	200m: 2:37.87 1:22.35		600m: 8:21.58 1:27.42	1000m: 14:13.51 1:28.53	1400m: 20:05.73 1:30.20		
	300m: 4:02.64 1:24.77		700m: 9:49.61 1:28.03	1100m: 15:41.57 1:28.06	1500m: 21:28.42 1:22.69		
	400m: 5:27.69 1:25.05		800m: 11:17.24 1:27.63	1200m: 17:08.53 1:26.96			
2.	MATEUS Susana Maria	89	Litoral Alentejano	21:45.36		623	26,00
	100m: 1:24.61 1:24.61		500m: 7:19.04 1:28.88	900m: 13:07.00 1:25.87	1300m: 18:53.95 1:26.64		
	200m: 2:52.83 1:28.22		600m: 8:46.83 1:27.79	1000m: 14:33.43 1:26.43	1400m: 20:20.28 1:26.33		
	300m: 4:21.31 1:28.48		700m: 10:14.84 1:28.01	1100m: 16:00.31 1:26.88	1500m: 21:45.36 1:25.08		
	400m: 5:50.16 1:28.85		800m: 11:41.13 1:26.29	1200m: 17:27.31 1:27.00			
3.	SILVA Joana Filipa	91	Leixoes	22:14.36		584	22,00
	100m: 1:25.14 1:25.14		500m: 7:26.95 1:29.93	900m: 13:26.17 1:29.93	1300m: 19:20.77 1:27.89		
	200m: 2:55.14 1:30.00		600m: 8:56.77 1:29.82	1000m: 14:56.49 1:30.32	1400m: 20:48.25 1:27.48		
	300m: 4:26.59 1:31.45		700m: 10:26.38 1:29.61	1100m: 16:26.08 1:29.59	1500m: 22:14.36 1:26.11		
	400m: 5:57.02 1:30.43		800m: 11:56.24 1:29.86	1200m: 17:52.88 1:26.80			
4.	MENDES Ana Rita	91	Gesloures	22:32.06		561	20,00
	100m: 1:19.24 1:19.24		500m: 7:19.17 1:31.72	900m: 13:25.32 1:32.15	1300m: 19:32.69 1:32.12		
	200m: 2:46.86 1:27.62		600m: 8:50.47 1:31.30	1000m: 14:56.30 1:30.98	1400m: 21:05.20 1:32.51		
	300m: 4:17.19 1:30.33		700m: 10:22.11 1:31.64	1100m: 16:29.08 1:32.78	1500m: 22:32.06 1:26.86		
	400m: 5:47.45 1:30.26		800m: 11:53.17 1:31.06	1200m: 18:00.57 1:31.49			
5.	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	22:32.65		560	19,00
	100m: 1:25.43 1:25.43		500m: 7:25.88 1:30.02	900m: 13:29.05 1:31.40	1300m: 19:34.08 1:31.41		
	200m: 2:55.12 1:29.69		600m: 8:55.95 1:30.07	1000m: 15:00.83 1:31.78	1400m: 21:05.34 1:31.26		
	300m: 4:25.62 1:30.50		700m: 10:26.56 1:30.61	1100m: 16:31.42 1:30.59	1500m: 22:32.65 1:27.31		
	400m: 5:55.86 1:30.24		800m: 11:57.65 1:31.09	1200m: 18:02.67 1:31.25			
6.	MACHADO Sandra Marisa	93	Pimpoes/Cimai	23:03.45		524	18,00
	100m: 1:30.47 1:30.47		500m: 7:45.15 1:34.17	900m: 13:53.46 1:31.78	1300m: 20:03.01 1:32.15		
	200m: 3:04.30 1:33.83		600m: 9:18.00 1:32.85	1000m: 15:25.87 1:32.41	1400m: 21:35.22 1:32.21		
	300m: 4:37.43 1:33.13		700m: 10:49.71 1:31.71	1100m: 16:58.47 1:32.60	1500m: 23:03.45 1:28.23		
	400m: 6:10.98 1:33.55		800m: 12:21.68 1:31.97	1200m: 18:30.86 1:32.39			
7.	MARTINS Joana Catarina	92	Propaganda da Natacao	23:33.45		491	17,00
	100m: 1:27.15 1:27.15		500m: 7:37.88 1:34.85	900m: 13:59.03 1:36.00	1300m: 20:22.99 1:37.49		
	200m: 2:59.48 1:32.33		600m: 9:12.99 1:35.11	1000m: 15:34.66 1:35.63	1400m: 22:00.27 1:37.28		
	300m: 4:30.84 1:31.36		700m: 10:48.62 1:35.63	1100m: 17:10.40 1:35.74	1500m: 23:33.45 1:33.18		
	400m: 6:03.03 1:32.19		800m: 12:23.03 1:34.41	1200m: 18:45.50 1:35.10			
8.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	23:49.01		475	16,00
	100m: 1:27.33 1:27.33		500m: 7:45.58 1:35.97	900m: 14:13.55 1:36.76	1300m: 20:39.18 1:36.95		
	200m: 3:00.31 1:32.98		600m: 9:22.17 1:36.59	1000m: 15:49.35 1:35.80	1400m: 22:15.33 1:36.15		
	300m: 4:34.98 1:34.67		700m: 10:59.23 1:37.06	1100m: 17:25.77 1:36.42	1500m: 23:49.01 1:33.68		
	400m: 6:09.61 1:34.63		800m: 12:36.79 1:37.56	1200m: 19:02.23 1:36.46			
9.	RIBEIRO Patricia Marisa	91	Vila DEste/Gaia	24:29.57		437	14,00
	100m: 1:26.61 1:26.61		500m: 7:56.72 1:38.45	900m: 14:32.90 1:39.65	1300m: 21:14.14 1:42.30		
	200m: 3:00.98 1:34.37		600m: 9:35.52 1:38.80	1000m: 16:12.24 1:39.34	1400m: 22:55.84 1:41.70		
	300m: 4:39.32 1:38.34		700m: 11:14.11 1:38.59	1100m: 17:51.20 1:38.96	1500m: 24:29.57 1:33.73		
	400m: 6:18.27 1:38.95		800m: 12:53.25 1:39.14	1200m: 19:31.84 1:40.64			

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
10.	MACHADO Catarina Sofia	91	Gesloures	25:00.48		410	12,00
	100m: 1:34.23 1:34.23	500m: 8:14.72 1:40.22	900m: 14:58.50 1:40.47	1300m: 21:41.26 1:40.35			
	200m: 3:13.83 1:39.60	600m: 9:55.41 1:40.69	1000m: 16:39.64 1:41.14	1400m: 23:24.01 1:42.75			
	300m: 4:53.89 1:40.06	700m: 11:36.80 1:41.39	1100m: 18:19.77 1:40.13	1500m: 25:00.48 1:36.47			
	400m: 6:34.50 1:40.61	800m: 13:18.03 1:41.23	1200m: 20:00.91 1:41.14				
11.	BRUNO Marta Garanhoto	93	Colegio Monte Maior	25:04.89		407	11,00
	100m: 1:41.70 1:41.70	500m: 8:30.94 1:41.08	900m: 15:12.62 1:38.36	1300m: 21:53.71 1:42.33			
	200m: 3:23.68 1:41.98	600m: 10:12.72 1:41.78	1000m: 16:53.98 1:41.36	1400m: 23:31.94 1:38.23			
	300m: 5:05.00 1:41.32	700m: 11:54.46 1:41.74	1100m: 18:32.89 1:38.91	1500m: 25:04.89 1:32.95			
	400m: 6:49.86 1:44.86	800m: 13:34.26 1:39.80	1200m: 20:11.38 1:38.49				
12.	JOSE Maria Joao	90	Ginasio Santo Tirso	25:05.61		406	10,00
	100m: 1:29.93 1:29.93	500m: 8:08.13 1:42.46	900m: 14:56.93 1:42.05	1300m: 21:45.50 1:42.17			
	200m: 3:05.28 1:35.35	600m: 9:50.13 1:42.00	1000m: 16:39.63 1:42.70	1400m: 23:27.17 1:41.67			
	300m: 4:45.05 1:39.77	700m: 11:31.68 1:41.55	1100m: 18:21.10 1:41.47	1500m: 25:05.61 1:38.44			
	400m: 6:25.67 1:40.62	800m: 13:14.88 1:43.20	1200m: 20:03.33 1:42.23				
13.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	25:20.29		394	9,00
	100m: 1:29.89 1:29.89	500m: 7:56.28 1:39.43	900m: 14:37.55 1:41.13	1300m: 21:41.53 1:49.83			
	200m: 3:02.96 1:33.07	600m: 9:35.74 1:39.46	1000m: 16:17.99 1:40.44	1400m: 23:31.21 1:49.68			
	300m: 4:37.98 1:35.02	700m: 11:15.99 1:40.25	1100m: 18:02.96 1:44.97	1500m: 25:20.29 1:49.08			
	400m: 6:16.85 1:38.87	800m: 12:56.42 1:40.43	1200m: 19:51.70 1:48.74				
14.	JOSE Helena Manuel	90	Ginasio Santo Tirso	26:05.11		362	8,00
	100m: 1:32.32 1:32.32	500m: 8:25.26 1:46.74	900m: 15:30.76 1:45.77	1300m: 22:36.91 1:46.16			
	200m: 3:11.04 1:38.72	600m: 10:12.07 1:46.81	1000m: 17:17.49 1:46.73	1400m: 24:23.44 1:46.53			
	300m: 4:52.19 1:41.15	700m: 11:58.75 1:46.68	1100m: 19:04.46 1:46.97	1500m: 26:05.11 1:41.67			
	400m: 6:38.52 1:46.33	800m: 13:44.99 1:46.24	1200m: 20:50.75 1:46.29				
15.	ALVES Filipa Ramalho	91	Gesloures	27:27.10		310	7,00
	100m: 1:38.63 1:38.63	500m: 8:49.92 1:48.62	900m: 16:16.65 1:53.61	1300m: 23:48.26 1:52.87			
	200m: 3:24.35 1:45.72	600m: 10:40.96 1:51.04	1000m: 18:09.64 1:52.99	1400m: 25:39.85 1:51.59			
	300m: 5:12.68 1:48.33	700m: 12:32.22 1:51.26	1100m: 20:02.01 1:52.37	1500m: 27:27.10 1:47.25			
	400m: 7:01.30 1:48.62	800m: 14:23.04 1:50.82	1200m: 21:55.39 1:53.38				
16.	ALVES Diana Filipa	90	Gesloures	32:00.14		196	6,00
	100m: 1:52.80 1:52.80	500m: 10:22.53 2:09.34	900m: 18:59.91 2:09.45	1300m: 27:42.48 2:12.14			
	200m: 3:58.13 2:05.33	600m: 12:32.20 2:09.67	1000m: 21:10.20 2:10.29	1400m: 29:54.12 2:11.64			
	300m: 6:05.13 2:07.00	700m: 14:40.94 2:08.74	1100m: 23:19.26 2:09.06	1500m: 32:00.14 2:06.02			
	400m: 8:13.19 2:08.06	800m: 16:50.46 2:09.52	1200m: 25:30.34 2:11.08				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres

Prova 1
24-02-2018

Femin., 1500m Livres

Master Esc B
Resultados

RN Esc B(30-34) 19:27.87 SILVA Carolina Santos CPN Rio Maior 25-02-2017

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	SILVA Carolina Santos	86	Propaganda da Natacao	19:52.58		883	30,00
	100m: 1:15.32 1:15.32	500m: 6:30.43 1:20.03	900m: 11:52.44 1:21.02	1:21.02	1300m: 17:13.61 1:19.67		
	200m: 2:33.16 1:17.84	600m: 7:50.01 1:19.58	1000m: 13:13.45 1:21.01	1:21.01	1400m: 18:34.02 1:20.41		
	300m: 3:51.48 1:18.32	700m: 9:10.57 1:20.56	1100m: 14:33.59 1:20.14	1:20.14	1500m: 19:52.58 1:18.56		
	400m: 5:10.40 1:18.92	800m: 10:31.42 1:20.85	1200m: 15:53.94 1:20.35	1:20.35			
2.	SOUSA Keissy Joselin	85	Porto	21:43.38		676	26,00
	100m: 1:19.87 1:19.87	500m: 7:03.03 1:26.70	900m: 12:53.30 1:27.81	1:27.81	1300m: 18:48.10 1:29.68		
	200m: 2:44.78 1:24.91	600m: 8:29.84 1:26.81	1000m: 14:21.75 1:28.45	1:28.45	1400m: 20:17.24 1:29.14		
	300m: 4:09.92 1:25.14	700m: 9:57.68 1:27.84	1100m: 15:49.60 1:27.85	1:27.85	1500m: 21:43.38 1:26.14		
	400m: 5:36.33 1:26.41	800m: 11:25.49 1:27.81	1200m: 17:18.42 1:28.82	1:28.82			
3.	FOUGO Rita Claudia	88	Natacao da Maia	22:06.77		641	22,00
	100m: 1:23.14 1:23.14	500m: 7:16.93 1:28.82	900m: 13:13.48 1:29.84	1:29.84	1300m: 19:13.00 1:29.32		
	200m: 2:50.53 1:27.39	600m: 8:44.82 1:27.89	1000m: 14:43.66 1:30.18	1:30.18	1400m: 20:41.14 1:28.14		
	300m: 4:19.14 1:28.61	700m: 10:13.67 1:28.85	1100m: 16:13.22 1:29.56	1:29.56	1500m: 22:06.77 1:25.63		
	400m: 5:48.11 1:28.97	800m: 11:43.64 1:29.97	1200m: 17:43.68 1:30.46	1:30.46			
4.	RODRIGUES Sara Daniela	87	Galitos / Bresimar	22:09.33		637	20,00
	100m: 1:25.33 1:25.33	500m: 7:15.37 1:28.11	900m: 13:10.48 1:28.56	1:28.56	1300m: 19:10.81 1:30.90		
	200m: 2:52.09 1:26.76	600m: 8:44.48 1:29.11	1000m: 14:39.83 1:29.35	1:29.35	1400m: 20:41.70 1:30.89		
	300m: 4:20.04 1:27.95	700m: 10:13.22 1:28.74	1100m: 16:09.55 1:29.72	1:29.72	1500m: 22:09.33 1:27.63		
	400m: 5:47.26 1:27.22	800m: 11:41.92 1:28.70	1200m: 17:39.91 1:30.36	1:30.36			
5.	NUNES Ana Teresa	88	CASP AE	22:24.60		616	19,00
	100m: 1:25.74 1:25.74	500m: 7:14.97 1:28.34	900m: 13:16.51 1:30.56	1:30.56	1300m: 19:21.86 1:31.99		
	200m: 2:50.64 1:24.90	600m: 8:44.78 1:29.81	1000m: 14:47.89 1:31.38	1:31.38	1400m: 20:57.02 1:35.16		
	300m: 4:18.12 1:27.48	700m: 10:14.95 1:30.17	1100m: 16:19.14 1:31.25	1:31.25	1500m: 22:24.60 1:27.58		
	400m: 5:46.63 1:28.51	800m: 11:45.95 1:31.00	1200m: 17:49.87 1:30.73	1:30.73			
6.	ROCHA Ana Margarida	86	Galitos / Bresimar	23:08.75		559	18,00
	100m: 1:25.87 1:25.87	500m: 7:34.55 1:33.81	900m: 13:52.12 1:34.53	1:34.53	1300m: 20:09.02 1:33.24		
	200m: 2:56.13 1:30.26	600m: 9:08.39 1:33.84	1000m: 15:25.91 1:33.79	1:33.79	1400m: 21:40.54 1:31.52		
	300m: 4:27.20 1:31.07	700m: 10:43.09 1:34.70	1100m: 17:00.31 1:34.40	1:34.40	1500m: 23:08.75 1:28.21		
	400m: 6:00.74 1:33.54	800m: 12:17.59 1:34.50	1200m: 18:35.78 1:35.47	1:35.47			
7.	VALENTE Catia Marisa	84	Luz e Vida	23:15.83		551	17,00
	100m: 1:25.53 1:25.53	500m: 7:34.70 1:33.29	900m: 13:49.41 1:33.66	1:33.66	1300m: 20:07.73 1:34.98		
	200m: 2:56.00 1:30.47	600m: 9:08.24 1:33.54	1000m: 15:23.98 1:34.57	1:34.57	1400m: 21:42.97 1:35.24		
	300m: 4:27.99 1:31.99	700m: 10:41.73 1:33.49	1100m: 16:58.12 1:34.14	1:34.14	1500m: 23:15.83 1:32.86		
	400m: 6:01.41 1:33.42	800m: 12:15.75 1:34.02	1200m: 18:32.75 1:34.63	1:34.63			
8.	SOUSA Ana Oliveira	85	Academica de Coimbra	23:18.94		547	16,00
	100m: 1:23.99 1:23.99	500m: 7:37.45 1:36.05	900m: 13:56.19 1:34.37	1:34.37	1300m: 20:11.71 1:34.62		
	200m: 2:53.59 1:29.60	600m: 9:12.32 1:34.87	1000m: 15:29.13 1:32.94	1:32.94	1400m: 21:46.62 1:34.91		
	300m: 4:26.34 1:32.75	700m: 10:46.94 1:34.62	1100m: 17:03.48 1:34.35	1:34.35	1500m: 23:18.94 1:32.32		
	400m: 6:01.40 1:35.06	800m: 12:21.82 1:34.88	1200m: 18:37.09 1:33.61	1:33.61			
9.	PINTO Rita Loureiro	85	Ginasio Clube	23:48.08		514	14,00
	100m: 1:27.54 1:27.54	500m: 7:45.35 1:34.96	900m: 14:07.76 1:36.12	1:36.12	1300m: 20:35.94 1:37.06		
	200m: 3:00.76 1:33.22	600m: 9:20.31 1:34.96	1000m: 15:44.38 1:36.62	1:36.62	1400m: 22:13.63 1:37.69		
	300m: 4:35.35 1:34.59	700m: 10:55.58 1:35.27	1100m: 17:21.68 1:37.30	1:37.30	1500m: 23:48.08 1:34.45		
	400m: 6:10.39 1:35.04	800m: 12:31.64 1:36.06	1200m: 18:58.88 1:37.20	1:37.20			

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
10.	BARBOSA Ana Raquel	88	Gesloures	26:44.92		362	12,00
	100m: 1:36.38 1:36.38	500m: 8:45.24 1:48.50	900m: 15:55.30 1:47.18	1300m: 23:07.98 1:47.38			
	200m: 3:21.78 1:45.40	600m: 10:33.88 1:48.64	1000m: 17:44.25 1:48.95	1400m: 24:56.64 1:48.66			
	300m: 5:08.46 1:46.68	700m: 12:20.96 1:47.08	1100m: 19:33.04 1:48.79	1500m: 26:44.92 1:48.28			
	400m: 6:56.74 1:48.28	800m: 14:08.12 1:47.16	1200m: 21:20.60 1:47.56				

Prova 1
24-02-2018
Femin., 1500m Livres
Master Esc C
Resultados

RN Esc C(35-39)	18:50.82	GRILLO Ana Paula	UDCA	Swansea (GBR)	03-03-2006
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	22:06.43		621	30,00
	100m: 1:22.99 1:22.99	500m: 7:16.49 1:28.67	900m: 13:12.79 1:29.57	1300m: 19:12.16 1:28.97			
	200m: 2:50.39 1:27.40	600m: 8:44.02 1:27.53	1000m: 14:43.01 1:30.22	1400m: 20:40.45 1:28.29			
	300m: 4:18.81 1:28.42	700m: 10:13.07 1:29.05	1100m: 16:12.91 1:29.90	1500m: 22:06.43 1:25.98			
	400m: 5:47.82 1:29.01	800m: 11:43.22 1:30.15	1200m: 17:43.19 1:30.28				
2.	INACIO Alexandra Adelinovna	83	Colegio Monte Maior	23:28.24		519	26,00
	100m: 1:26.41 1:26.41	500m: 7:42.87 1:34.35	900m: 14:00.97 1:34.76	1300m: 20:20.46 1:36.76			
	200m: 3:00.42 1:34.01	600m: 9:17.77 1:34.90	1000m: 15:34.91 1:33.94	1400m: 21:56.24 1:35.78			
	300m: 4:34.18 1:33.76	700m: 10:51.45 1:33.68	1100m: 17:08.76 1:33.85	1500m: 23:28.24 1:32.00			
	400m: 6:08.52 1:34.34	800m: 12:26.21 1:34.76	1200m: 18:43.70 1:34.94				
3.	FONSECA Maria Ana	82	Fluvial Portuense	23:53.85		492	22,00
	100m: 1:31.90 1:31.90	500m: 7:58.84 1:36.82	900m: 14:23.51 1:36.38	1300m: 20:46.20 1:35.37			
	200m: 3:09.00 1:37.10	600m: 9:35.12 1:36.28	1000m: 15:59.25 1:35.74	1400m: 22:21.45 1:35.25			
	300m: 4:45.48 1:36.48	700m: 11:11.20 1:36.48	1100m: 17:36.48 1:36.23	1500m: 23:53.85 1:32.40			
	400m: 6:22.02 1:36.54	800m: 12:47.13 1:35.93	1200m: 19:10.83 1:35.35				
4.	GUEDES Ana DALte	80	Leixoes	24:50.54		438	20,00
	100m: 1:34.10 1:34.10	500m: 8:18.57 1:41.20	900m: 15:00.98 1:40.21	1300m: 21:37.98 1:38.64			
	200m: 3:14.56 1:40.46	600m: 9:59.63 1:41.06	1000m: 16:40.62 1:39.64	1400m: 23:15.69 1:37.71			
	300m: 4:55.44 1:40.88	700m: 11:40.35 1:40.72	1100m: 18:19.72 1:39.10	1500m: 24:50.54 1:34.85			
	400m: 6:37.37 1:41.93	800m: 13:20.77 1:40.42	1200m: 19:59.34 1:39.62				
5.	SILVA Ana Rosa	80	Foca	26:40.91		353	19,00
	100m: 1:41.15 1:41.15	500m: 8:48.40 1:46.42	900m: 15:57.43 1:47.27	1300m: 23:07.65 1:48.45			
	200m: 3:26.58 1:45.43	600m: 10:35.72 1:47.32	1000m: 17:43.94 1:46.51	1400m: 24:56.36 1:48.71			
	300m: 5:13.84 1:47.26	700m: 12:22.63 1:46.91	1100m: 19:31.07 1:47.13	1500m: 26:40.91 1:44.55			
	400m: 7:01.98 1:48.14	800m: 14:10.16 1:47.53	1200m: 21:19.20 1:48.13				
6.	FERREIRA Marta Martins	79	Funcao Publica	26:42.79		352	18,00
	100m: 1:39.78 1:39.78	500m: 8:48.38 1:45.40	900m: 15:55.42 1:46.58	1300m: 23:09.98 1:49.41			
	200m: 3:26.74 1:46.96	600m: 10:35.00 1:46.62	1000m: 17:42.48 1:47.06	1400m: 24:58.58 1:48.60			
	300m: 5:14.49 1:47.75	700m: 12:21.54 1:46.54	1100m: 19:31.75 1:49.27	1500m: 26:42.79 1:44.21			
	400m: 7:02.98 1:48.49	800m: 14:08.84 1:47.30	1200m: 21:20.57 1:48.82				
7.	MELO Rita Sofia	81	Colegio Monte Maior	27:44.47		314	17,00
	100m: 1:45.82 1:45.82	500m: 9:15.30 1:53.11	900m: 16:44.45 1:51.83	1300m: 24:14.88 1:52.45			
	200m: 3:37.04 1:51.22	600m: 11:07.71 1:52.41	1000m: 18:36.46 1:52.01	1400m: 26:05.39 1:50.51			
	300m: 5:29.09 1:52.05	700m: 13:00.64 1:52.93	1100m: 20:30.06 1:53.60	1500m: 27:44.47 1:39.08			
	400m: 7:22.19 1:53.10	800m: 14:52.62 1:51.98	1200m: 22:22.43 1:52.37				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc C

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
8.	PATO Ana Henriques	83	Masters de Almada	27:46.71		313	16,00
	100m: 1:32.66 1:32.66	500m: 8:53.10 1:52.66	900m: 16:25.20 1:53.22	1300m: 24:03.22 1:54.79			
	200m: 3:19.10 1:46.44	600m: 10:45.82 1:52.72	1000m: 18:18.47 1:53.27	1400m: 25:57.45 1:54.23			
	300m: 5:09.31 1:50.21	700m: 12:38.56 1:52.74	1100m: 20:13.43 1:54.96	1500m: 27:46.71 1:49.26			
	400m: 7:00.44 1:51.13	800m: 14:31.98 1:53.42	1200m: 22:08.43 1:55.00				
9.	ROCHA Maria Joao	80	Gesloures	28:00.40		305	14,00
	100m: 1:39.97 1:39.97	500m: 9:04.50 1:52.11	900m: 16:37.19 1:53.62	1300m: 24:17.75 1:55.40			
	200m: 3:29.61 1:49.64	600m: 10:57.28 1:52.78	1000m: 18:31.04 1:53.85	1400m: 26:11.57 1:53.82			
	300m: 5:20.81 1:51.20	700m: 12:50.05 1:52.77	1100m: 20:26.13 1:55.09	1500m: 28:00.40 1:48.83			
	400m: 7:12.39 1:51.58	800m: 14:43.57 1:53.52	1200m: 22:22.35 1:56.22				
10.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	28:14.87		297	12,00
	100m: 1:47.05 1:47.05	500m: 9:22.15 1:53.69	900m: 16:58.12 1:54.62	1300m: 24:29.51 1:52.61			
	200m: 3:39.46 1:52.41	600m: 11:15.23 1:53.08	1000m: 18:52.40 1:54.28	1400m: 26:23.77 1:54.26			
	300m: 5:34.10 1:54.64	700m: 13:09.87 1:54.64	1100m: 20:45.68 1:53.28	1500m: 28:14.87 1:51.10			
	400m: 7:28.46 1:54.36	800m: 15:03.50 1:53.63	1200m: 22:36.90 1:51.22				
11.	MACHADO Maria Margarida	81	Vila DEste/Gaia	28:15.40		297	11,00
	100m: 1:38.94 1:38.94	500m: 9:02.52 1:52.99	900m: 16:44.81 1:56.58	1300m: 24:29.26 1:56.20			
	200m: 3:26.35 1:47.41	600m: 10:57.83 1:55.31	1000m: 18:40.04 1:55.23	1400m: 26:24.99 1:55.73			
	300m: 5:17.49 1:51.14	700m: 12:53.90 1:56.07	1100m: 20:37.05 1:57.01	1500m: 28:15.40 1:50.41			
	400m: 7:09.53 1:52.04	800m: 14:48.23 1:54.33	1200m: 22:33.06 1:56.01				
12.	NEVES Isabel Carolina	80	Vila DEste/Gaia	29:09.14		271	10,00
	100m: 1:51.73 1:51.73	500m: 9:34.89 1:58.08	900m: 17:30.84 1:58.44	1300m: 25:19.47 1:56.84			
	200m: 3:44.78 1:53.05	600m: 11:34.39 1:59.50	1000m: 19:29.80 1:58.96	1400m: 27:16.89 1:57.42			
	300m: 5:40.21 1:55.43	700m: 13:32.53 1:58.14	1100m: 21:25.43 1:55.63	1500m: 29:09.14 1:52.25			
	400m: 7:36.81 1:56.60	800m: 15:32.40 1:59.87	1200m: 23:22.63 1:57.20				
13.	UHLFELDER Ana Sofia	83	Fluvial Portuense	29:53.57		251	9,00
	100m: 1:45.76 1:45.76	500m: 9:41.34 2:00.27	900m: 17:48.05 2:01.92	1300m: 25:58.12 2:00.96			
	200m: 3:40.99 1:55.23	600m: 11:43.25 2:01.91	1000m: 19:49.95 2:01.90	1400m: 27:57.47 1:59.35			
	300m: 5:41.06 2:00.07	700m: 13:45.21 2:01.96	1100m: 21:53.39 2:03.44	1500m: 29:53.57 1:56.10			
	400m: 7:41.07 2:00.01	800m: 15:46.13 2:00.92	1200m: 23:57.16 2:03.77				
14.	LEITE Joana Isabel	80	Fluvial Portuense	35:54.98		144	8,00
	100m: 2:07.45 2:07.45	500m: 11:52.97 2:24.75	900m: 21:34.73 2:25.38	1300m: 31:10.85 2:21.23			
	200m: 4:30.37 2:22.92	600m: 14:17.19 2:24.22	1000m: 23:59.12 2:24.39	1400m: 33:33.96 2:23.11			
	300m: 6:59.16 2:28.79	700m: 16:44.52 2:27.33	1100m: 26:26.30 2:27.18	1500m: 35:54.98 2:21.02			
	400m: 9:28.22 2:29.06	800m: 19:09.35 2:24.83	1200m: 28:49.62 2:23.32				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres

Prova 1
24-02-2018

Femin., 1500m Livres

Master Esc D
Resultados

RN Esc D(40-44) 20:45.77 ROTHES Ines Maria CFP Rio Maior 20-02-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	BARBARA Carla Santa	75	Porto	20:59.25		743	30,00
	100m: 1:15.76 1:15.76	500m: 6:49.31 1:24.74	900m: 12:28.79 1:24.61	1300m: 18:11.37 1:26.28			
	200m: 2:37.29 1:21.53	600m: 8:14.51 1:25.20	1000m: 13:53.90 1:25.11	1400m: 19:37.43 1:26.06			
	300m: 4:00.51 1:23.22	700m: 9:39.13 1:24.62	1100m: 15:18.95 1:25.05	1500m: 20:59.25 1:21.82			
	400m: 5:24.57 1:24.06	800m: 11:04.18 1:25.05	1200m: 16:45.09 1:26.14				
2.	FERNANDES Filipa Cristina	76	Gesloures	22:30.84		602	26,00
	100m: 1:25.89 1:25.89	500m: 7:26.91 1:30.19	900m: 13:27.67 1:30.22	1300m: 19:29.79 1:31.51			
	200m: 2:55.93 1:30.04	600m: 8:57.40 1:30.49	1000m: 14:57.69 1:30.02	1400m: 21:00.68 1:30.89			
	300m: 4:26.22 1:30.29	700m: 10:27.71 1:30.31	1100m: 16:27.53 1:29.84	1500m: 22:30.84 1:30.16			
	400m: 5:56.72 1:30.50	800m: 11:57.45 1:29.74	1200m: 17:58.28 1:30.75				
3.	BAPTISTA Liliana Elisabete	78	Leixoes	23:01.30		563	22,00
	100m: 1:26.32 1:26.32	500m: 7:35.46 1:32.35	900m: 13:45.11 1:33.33	1300m: 19:57.27 1:33.48			
	200m: 2:58.34 1:32.02	600m: 9:06.91 1:31.45	1000m: 15:18.38 1:33.27	1400m: 21:30.26 1:32.99			
	300m: 4:31.05 1:32.71	700m: 10:39.36 1:32.45	1100m: 16:51.30 1:32.92	1500m: 23:01.30 1:31.04			
	400m: 6:03.11 1:32.06	800m: 12:11.78 1:32.42	1200m: 18:23.79 1:32.49				
4.	FARIA Joana Maria	74	Leixoes	23:35.82		523	20,00
	100m: 1:26.51 1:26.51	500m: 7:45.95 1:35.89	900m: 14:06.08 1:35.26	1300m: 20:27.40 1:35.20			
	200m: 2:59.79 1:33.28	600m: 9:20.35 1:34.40	1000m: 15:41.68 1:35.60	1400m: 22:02.03 1:34.63			
	300m: 4:34.31 1:34.52	700m: 10:55.33 1:34.98	1100m: 17:16.79 1:35.11	1500m: 23:35.82 1:33.79			
	400m: 6:10.06 1:35.75	800m: 12:30.82 1:35.49	1200m: 18:52.20 1:35.41				
5.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	24:32.50		464	19,00
	100m: 1:23.75 1:23.75	500m: 7:50.26 1:38.95	900m: 14:29.74 1:40.04	1300m: 21:12.04 1:40.54			
	200m: 2:57.76 1:34.01	600m: 9:29.88 1:39.62	1000m: 16:10.34 1:40.60	1400m: 22:53.46 1:41.42			
	300m: 4:33.41 1:35.65	700m: 11:09.68 1:39.80	1100m: 17:50.79 1:40.45	1500m: 24:32.50 1:39.04			
	400m: 6:11.31 1:37.90	800m: 12:49.70 1:40.02	1200m: 19:31.50 1:40.71				
6.	MOUTELA Ana Sofia	77	Galitos / Bresimar	24:42.65		455	18,00
	100m: 1:32.35 1:32.35	500m: 8:06.61 1:38.70	900m: 14:46.93 1:39.57	1300m: 21:28.68 1:39.91			
	200m: 3:10.43 1:38.08	600m: 9:46.14 1:39.53	1000m: 16:27.05 1:40.12	1400m: 23:07.84 1:39.16			
	300m: 4:48.93 1:38.50	700m: 11:26.70 1:40.56	1100m: 18:08.10 1:41.05	1500m: 24:42.65 1:34.81			
	400m: 6:27.91 1:38.98	800m: 13:07.36 1:40.66	1200m: 19:48.77 1:40.67				
7.	OLIVEIRA Ana Cristina	76	Galitos / Bresimar	26:18.64		377	17,00
	100m: 1:35.95 1:35.95	500m: 8:25.41 1:44.69	900m: 15:31.74 1:47.78	1300m: 22:45.05 1:48.61			
	200m: 3:15.49 1:39.54	600m: 10:10.64 1:45.23	1000m: 17:19.93 1:48.19	1400m: 24:32.15 1:47.10			
	300m: 4:57.70 1:42.21	700m: 11:57.57 1:46.93	1100m: 19:07.95 1:48.02	1500m: 26:18.64 1:46.49			
	400m: 6:40.72 1:43.02	800m: 13:43.96 1:46.39	1200m: 20:56.44 1:48.49				
8.	CARVALHO Elza Maria	76	Vila DEste/Gaia	26:38.82		363	16,00
	100m: 1:41.65 1:41.65	500m: 8:46.89 1:45.95	900m: 15:56.03 1:47.47	1300m: 23:08.39 1:48.75			
	200m: 3:26.41 1:44.76	600m: 10:34.03 1:47.14	1000m: 17:44.61 1:48.58	1400m: 24:55.89 1:47.50			
	300m: 5:11.46 1:45.05	700m: 12:21.82 1:47.79	1100m: 19:31.91 1:47.30	1500m: 26:38.82 1:42.93			
	400m: 7:00.94 1:49.48	800m: 14:08.56 1:46.74	1200m: 21:19.64 1:47.73				
9.	FERNANDES Ana Luisa	77	Leixoes	27:13.04		340	14,00
	100m: 1:34.84 1:34.84	500m: 8:47.42 1:50.30	900m: 16:07.83 1:49.56	1300m: 23:32.49 1:51.60			
	200m: 3:19.06 1:44.22	600m: 10:38.10 1:50.68	1000m: 17:57.35 1:49.52	1400m: 25:23.22 1:50.73			
	300m: 5:08.04 1:48.98	700m: 12:28.23 1:50.13	1100m: 19:48.62 1:51.27	1500m: 27:13.04 1:49.82			
	400m: 6:57.12 1:49.08	800m: 14:18.27 1:50.04	1200m: 21:40.89 1:52.27				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc D

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
10.	GONCALVES Isilda Maria	76	Nadadores dos Estoris	27:23.96		334	12,00
	100m: 1:40.27 1:40.27		500m: 8:50.04 1:48.27	900m: 16:17.79 1:52.79	1300m: 23:45.10 1:52.55		
	200m: 3:25.99 1:45.72		600m: 10:39.16 1:49.12	1000m: 18:08.79 1:51.00	1400m: 25:38.84 1:53.74		
	300m: 5:13.71 1:47.72		700m: 12:31.96 1:52.80	1100m: 20:01.49 1:52.70	1500m: 27:23.96 1:45.12		
	400m: 7:01.77 1:48.06		800m: 14:25.00 1:53.04	1200m: 21:52.55 1:51.06			
11.	SANTOS Patricia Alexandra	78	Geslours	28:39.59		291	11,00
	100m: 1:42.72 1:42.72		500m: 9:21.45 1:55.71	900m: 17:01.13 1:54.84	1300m: 24:48.87 1:57.22		
	200m: 3:34.53 1:51.81		600m: 11:16.09 1:54.64	1000m: 18:57.72 1:56.59	1400m: 26:45.88 1:57.01		
	300m: 5:29.25 1:54.72		700m: 13:10.66 1:54.57	1100m: 20:54.68 1:56.96	1500m: 28:39.59 1:53.71		
	400m: 7:25.74 1:56.49		800m: 15:06.29 1:55.63	1200m: 22:51.65 1:56.97			
12.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	29:57.96		255	10,00
	100m: 1:53.18 1:53.18		500m: 9:49.57 1:59.94	900m: 17:51.43 2:00.20	1300m: 25:57.53 2:01.71		
	200m: 3:50.20 1:57.02		600m: 11:51.68 2:02.11	1000m: 19:53.07 2:01.64	1400m: 27:59.10 2:01.57		
	300m: 5:50.06 1:59.86		700m: 13:52.62 2:00.94	1100m: 21:54.60 2:01.53	1500m: 29:57.96 1:58.86		
	400m: 7:49.63 1:59.57		800m: 15:51.23 1:58.61	1200m: 23:55.82 2:01.22			
13.	MASSAGUE Adriana Reguera	75	Fluvial Portuense	31:41.13		216	9,00
	100m: 1:53.79 1:53.79		500m: 10:25.79 2:07.06	900m: 18:59.41 2:09.58	1300m: 27:33.41 2:06.57		
	200m: 4:02.97 2:09.18		600m: 12:35.48 2:09.69	1000m: 21:10.10 2:10.69	1400m: 29:41.54 2:08.13		
	300m: 6:11.20 2:08.23		700m: 14:40.92 2:05.44	1100m: 23:19.95 2:09.85	1500m: 31:41.13 1:59.59		
	400m: 8:18.73 2:07.53		800m: 16:49.83 2:08.91	1200m: 25:26.84 2:06.89			

Prova 1 Femin., 1500m Livres Master Esc E Resultados

RN Esc E(45-49)	20:49.12	GRILLO Ana Paula	NDCO	Swansea (GBR)	08-03-2014
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Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	ROTHES Ines Maria	73	Fluvial Portuense	21:21.33		750	30,00
	100m: 1:18.46 1:18.46		500m: 7:01.28 1:27.09	900m: 12:47.07 1:26.29	1300m: 18:31.58 1:25.79		
	200m: 2:42.48 1:24.02		600m: 8:28.03 1:26.75	1000m: 14:13.30 1:26.23	1400m: 19:57.41 1:25.83		
	300m: 4:07.96 1:25.48		700m: 9:54.81 1:26.78	1100m: 15:39.29 1:25.99	1500m: 21:21.33 1:23.92		
	400m: 5:34.19 1:26.23		800m: 11:20.78 1:25.97	1200m: 17:05.79 1:26.50			
2.	BRANDAO Maria Teresa	69	Fluvial Portuense	22:31.96		639	26,00
	100m: 1:26.21 1:26.21		500m: 7:25.83 1:30.32	900m: 13:28.78 1:31.55	1300m: 19:32.95 1:31.14		
	200m: 2:55.51 1:29.30		600m: 8:55.56 1:29.73	1000m: 14:59.79 1:31.01	1400m: 21:03.78 1:30.83		
	300m: 4:24.90 1:29.39		700m: 10:26.17 1:30.61	1100m: 16:30.75 1:30.96	1500m: 22:31.96 1:28.18		
	400m: 5:55.51 1:30.61		800m: 11:57.23 1:31.06	1200m: 18:01.81 1:31.06			
3.	REINA Rita Miguel	72	Colegio Monte Maior	23:22.15		572	22,00
	100m: 1:29.42 1:29.42		500m: 7:37.68 1:33.35	900m: 13:54.47 1:34.24	1300m: 20:14.48 1:35.61		
	200m: 3:00.71 1:31.29		600m: 9:11.90 1:34.22	1000m: 15:29.83 1:35.36	1400m: 21:51.31 1:36.83		
	300m: 4:32.04 1:31.33		700m: 10:45.87 1:33.97	1100m: 17:04.98 1:35.15	1500m: 23:22.15 1:30.84		
	400m: 6:04.33 1:32.29		800m: 12:20.23 1:34.36	1200m: 18:38.87 1:33.89			
4.	ALMEIDA Graca Maria	73	Leixoes	25:14.01		455	20,00
	100m: 1:35.27 1:35.27		500m: 8:21.60 1:41.94	900m: 15:06.71 1:41.91	1300m: 21:53.14 1:41.61		
	200m: 3:16.60 1:41.33		600m: 10:02.98 1:41.38	1000m: 16:48.29 1:41.58	1400m: 23:35.10 1:41.96		
	300m: 4:57.93 1:41.33		700m: 11:43.81 1:40.83	1100m: 18:29.81 1:41.52	1500m: 25:14.01 1:38.91		
	400m: 6:39.66 1:41.73		800m: 13:24.80 1:40.99	1200m: 20:11.53 1:41.72			

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc E

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
5.	BLANCO Catarina Araujo	71	Fluval Portuense	26:05.54		411	19,00
	100m: 1:40.12 1:40.12	500m: 8:49.77 1:55.24	900m: 15:50.14 1:43.37	1300m: 22:46.25 1:45.01			
	200m: 3:24.91 1:44.79	600m: 10:36.21 1:46.44	1000m: 17:34.31 1:44.17	1400m: 24:29.82 1:43.57			
	300m: 5:10.48 1:45.57	700m: 12:21.69 1:45.48	1100m: 19:17.85 1:43.54	1500m: 26:05.54 1:35.72			
	400m: 6:54.53 1:44.05	800m: 14:06.77 1:45.08	1200m: 21:01.24 1:43.39				
6.	HEWETT Maria Silvia	70	Fluval Portuense	26:37.87		387	18,00
	100m: 1:42.43 1:42.43	500m: 8:52.10 1:48.05	900m: 16:03.59 1:48.04	1300m: 23:13.65 1:47.11			
	200m: 3:28.61 1:46.18	600m: 10:40.59 1:48.49	1000m: 17:51.08 1:47.49	1400m: 25:00.02 1:46.37			
	300m: 5:16.42 1:47.81	700m: 12:27.65 1:47.06	1100m: 19:38.75 1:47.67	1500m: 26:37.87 1:37.85			
	400m: 7:04.05 1:47.63	800m: 14:15.55 1:47.90	1200m: 21:26.54 1:47.79				
7.	SANTINHA Fernanda Maria	72	Masters de Almada	27:34.78		348	17,00
	100m: 1:43.17 1:43.17	500m: 9:06.97 1:52.15	900m: 16:30.16 1:52.06	1300m: 23:53.81 1:50.76			
	200m: 3:33.29 1:50.12	600m: 10:58.13 1:51.16	1000m: 18:20.40 1:50.24	1400m: 25:44.86 1:51.05			
	300m: 5:23.63 1:50.34	700m: 12:48.55 1:50.42	1100m: 20:11.68 1:51.28	1500m: 27:34.78 1:49.92			
	400m: 7:14.82 1:51.19	800m: 14:38.10 1:49.55	1200m: 22:03.05 1:51.37				
8.	COSTA Marta Sofia	71	Porto	27:36.39		347	16,00
	100m: 1:39.62 1:39.62	500m: 9:01.29 1:51.52	900m: 16:30.01 1:51.88	1300m: 23:55.96 1:51.60			
	200m: 3:27.12 1:47.50	600m: 10:52.67 1:51.38	1000m: 18:22.13 1:52.12	1400m: 25:46.81 1:50.85			
	300m: 5:18.02 1:50.90	700m: 12:45.06 1:52.39	1100m: 20:14.10 1:51.97	1500m: 27:36.39 1:49.58			
	400m: 7:09.77 1:51.75	800m: 14:38.13 1:53.07	1200m: 22:04.36 1:50.26				
9.	MARTA Teresa Cardoso	73	Colegio Monte Maior	27:45.88		341	14,00
	100m: 1:48.45 1:48.45	500m: 9:19.07 1:52.40	900m: 16:41.07 1:50.08	1300m: 24:12.57 1:52.69			
	200m: 3:41.28 1:52.83	600m: 11:10.02 1:50.95	1000m: 18:32.60 1:51.53	1400m: 26:03.16 1:50.59			
	300m: 5:33.71 1:52.43	700m: 13:00.21 1:50.19	1100m: 20:26.17 1:53.57	1500m: 27:45.88 1:42.72			
	400m: 7:26.67 1:52.96	800m: 14:50.99 1:50.78	1200m: 22:19.88 1:53.71				
10.	AGANTE Luisa Lopes	71	Leixoes	27:54.12		336	12,00
	100m: 1:46.43 1:46.43	500m: 9:15.91 1:53.37	900m: 16:45.40 1:52.49	1300m: 24:16.34 1:53.20			
	200m: 3:37.20 1:50.77	600m: 11:08.55 1:52.64	1000m: 18:37.24 1:51.84	1400m: 26:07.00 1:50.66			
	300m: 5:30.08 1:52.88	700m: 13:01.31 1:52.76	1100m: 20:31.16 1:53.92	1500m: 27:54.12 1:47.12			
	400m: 7:22.54 1:52.46	800m: 14:52.91 1:51.60	1200m: 22:23.14 1:51.98				
11.	BARBARA Ana Bernardo	70	Portinado	30:13.35		264	11,00
	100m: 1:53.09 1:53.09	500m: 9:58.28 2:02.11	900m: 18:07.64 2:02.24	1300m: 26:18.02 2:02.03			
	200m: 3:52.64 1:59.55	600m: 11:59.74 2:01.46	1000m: 20:11.58 2:03.94	1400m: 28:20.81 2:02.79			
	300m: 5:54.04 2:01.40	700m: 14:02.61 2:02.87	1100m: 22:13.66 2:02.08	1500m: 30:13.35 1:52.54			
	400m: 7:56.17 2:02.13	800m: 16:05.40 2:02.79	1200m: 24:15.99 2:02.33				

Prova 1, Femin., 1500m Livres

Prova 1
24-02-2018

Femin., 1500m Livres

Master Esc F
Resultados

RN Esc F(50-54) 22:46.52 CARMO Maria Helena SAD Rio Maior 25-02-2017

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	FERREIRA Isabel Baptista <i>Rec Nacional Escalão F</i>	67	Colegio Monte Maior	22:09.11		732	30,00
	100m: 1:25.41 1:25.41	500m: 7:23.72 1:28.28	900m: 13:18.47 1:27.85	1300m: 19:12.81 1:28.80			
	200m: 2:55.86 1:30.45	600m: 8:52.98 1:29.26	1000m: 14:47.14 1:28.67	1400m: 20:41.45 1:28.64			
	300m: 4:25.74 1:29.88	700m: 10:21.78 1:28.80	1100m: 16:15.54 1:28.40	1500m: 22:09.11 1:27.66			
	400m: 5:55.44 1:29.70	800m: 11:50.62 1:28.84	1200m: 17:44.01 1:28.47				
2.	CARMO Maria Helena	66	Alges	22:22.83		710	26,00
	100m: 1:25.82 1:25.82	500m: 7:24.89 1:29.69	900m: 13:20.01 1:28.69	1300m: 19:21.74 1:31.77			
	200m: 2:55.48 1:29.66	600m: 8:53.39 1:28.50	1000m: 14:49.68 1:29.67	1400m: 20:53.70 1:31.96			
	300m: 4:25.24 1:29.76	700m: 10:22.33 1:28.94	1100m: 16:19.58 1:29.90	1500m: 22:22.83 1:29.13			
	400m: 5:55.20 1:29.96	800m: 11:51.32 1:28.99	1200m: 17:49.97 1:30.39				
3.	MIRANDA Laura Manuela	67	Colegio Monte Maior	24:03.74		571	22,00
	100m: 1:31.17 1:31.17	500m: 7:57.04 1:36.70	900m: 14:24.43 1:37.31	1300m: 20:52.59 1:38.13			
	200m: 3:07.49 1:36.32	600m: 9:32.62 1:35.58	1000m: 16:00.73 1:36.30	1400m: 22:29.31 1:36.72			
	300m: 4:43.94 1:36.45	700m: 11:09.12 1:36.50	1100m: 17:37.49 1:36.76	1500m: 24:03.74 1:34.43			
	400m: 6:20.34 1:36.40	800m: 12:47.12 1:38.00	1200m: 19:14.46 1:36.97				
4.	GUIMARAES Rita Cabral	64	Fluvial Portuense	25:27.46		482	20,00
	100m: 1:35.92 1:35.92	500m: 8:28.63 1:42.19	900m: 15:16.85 1:41.74	1300m: 22:06.75 1:42.76			
	200m: 3:19.24 1:43.32	600m: 10:10.84 1:42.21	1000m: 16:58.67 1:41.82	1400m: 23:49.13 1:42.38			
	300m: 5:03.57 1:44.33	700m: 11:53.42 1:42.58	1100m: 18:41.26 1:42.59	1500m: 25:27.46 1:38.33			
	400m: 6:46.44 1:42.87	800m: 13:35.11 1:41.69	1200m: 20:23.99 1:42.73				
5.	CORREIA Maria Isabel	64	Luz e Vida	26:34.51		424	19,00
	100m: 1:40.82 1:40.82	500m: 8:48.34 1:47.04	900m: 15:56.69 1:46.72	1300m: 23:04.29 1:46.44			
	200m: 3:27.25 1:46.43	600m: 10:35.79 1:47.45	1000m: 17:43.13 1:46.44	1400m: 24:51.08 1:46.79			
	300m: 5:13.94 1:46.69	700m: 12:22.72 1:46.93	1100m: 19:30.66 1:47.53	1500m: 26:34.51 1:43.43			
	400m: 7:01.30 1:47.36	800m: 14:09.97 1:47.25	1200m: 21:17.85 1:47.19				
6.	WISEU Maria Adriana	66	Leixoes	26:38.22		421	18,00
	100m: 1:38.66 1:38.66	500m: 8:50.17 1:48.64	900m: 16:00.53 1:47.93	1300m: 23:12.59 1:47.57			
	200m: 3:24.81 1:46.15	600m: 10:36.69 1:46.52	1000m: 17:49.06 1:48.53	1400m: 24:59.03 1:46.44			
	300m: 5:12.84 1:48.03	700m: 12:24.49 1:47.80	1100m: 19:37.19 1:48.13	1500m: 26:38.22 1:39.19			
	400m: 7:01.53 1:48.69	800m: 14:12.60 1:48.11	1200m: 21:25.02 1:47.83				
7.	TABORDA Maria Joao	67	Porto	27:10.11		397	17,00
	100m: 1:38.65 1:38.65	500m: 8:46.26 1:47.44	900m: 16:04.93 1:50.83	1300m: 23:29.80 1:52.99			
	200m: 3:24.46 1:45.81	600m: 10:35.27 1:49.01	1000m: 17:55.83 1:50.90	1400m: 25:20.70 1:50.90			
	300m: 5:11.99 1:47.53	700m: 12:23.75 1:48.48	1100m: 19:46.12 1:50.29	1500m: 27:10.11 1:49.41			
	400m: 6:58.82 1:46.83	800m: 14:14.10 1:50.35	1200m: 21:36.81 1:50.69				
8.	CARVALHO Helena Paula	64	Sporting	27:21.64		388	16,00
	100m: 1:41.00 1:41.00	500m: 8:59.57 1:51.28	900m: 16:22.68 1:50.81	1300m: 23:44.68 1:50.55			
	200m: 3:29.13 1:48.13	600m: 10:50.14 1:50.57	1000m: 18:13.18 1:50.50	1400m: 25:34.89 1:50.21			
	300m: 5:17.96 1:48.83	700m: 12:40.61 1:50.47	1100m: 20:04.18 1:51.00	1500m: 27:21.64 1:46.75			
	400m: 7:08.29 1:50.33	800m: 14:31.87 1:51.26	1200m: 21:54.13 1:49.95				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc F

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
9.	FERNANDES Maribel Santos	65	Leixoes	27:26.39		385	14,00
	100m: 1:38.50 1:38.50	500m: 8:55.92 1:50.02	900m: 16:21.64 1:52.00	1300m: 23:49.39 1:53.01			
	200m: 3:26.11 1:47.61	600m: 10:47.07 1:51.15	1000m: 18:13.74 1:52.10	1400m: 25:39.89 1:50.50			
	300m: 5:15.50 1:49.39	700m: 12:38.03 1:50.96	1100m: 20:05.24 1:51.50	1500m: 27:26.39 1:46.50			
	400m: 7:05.90 1:50.40	800m: 14:29.64 1:51.61	1200m: 21:56.38 1:51.14				
10.	BABO Rosalina Bessa	67	Porto	27:36.31		378	12,00
	100m: 1:38.58 1:38.58	500m: 9:00.07 1:53.44	900m: 16:24.32 1:52.55	1300m: 23:56.14 1:52.21			
	200m: 3:26.82 1:48.24	600m: 10:49.37 1:49.30	1000m: 18:21.45 1:57.13	1400m: 25:47.59 1:51.45			
	300m: 5:16.71 1:49.89	700m: 12:40.39 1:51.02	1100m: 20:12.14 1:50.69	1500m: 27:36.31 1:48.72			
	400m: 7:06.63 1:49.92	800m: 14:31.77 1:51.38	1200m: 22:03.93 1:51.79				
11.	MENDES Marina Isabel	68	Masters de Almada	29:14.63		318	11,00
	100m: 1:52.24 1:52.24	500m: 9:47.93 1:58.70	900m: 17:34.37 1:56.31	1300m: 25:26.81 1:58.01			
	200m: 3:49.40 1:57.16	600m: 11:43.45 1:55.52	1000m: 19:32.48 1:58.11	1400m: 27:24.13 1:57.32			
	300m: 5:49.67 2:00.27	700m: 13:40.50 1:57.05	1100m: 21:30.11 1:57.63	1500m: 29:14.63 1:50.50			
	400m: 7:49.23 1:59.56	800m: 15:38.06 1:57.56	1200m: 23:28.80 1:58.69				
12.	GRAHAM Muriel	65	Fluvial Portuense	30:20.36		285	10,00
	100m: 1:51.96 1:51.96	500m: 9:58.76 2:03.72	900m: 18:10.77 2:02.44	1300m: 26:22.77 2:02.36			
	200m: 3:52.42 2:00.46	600m: 12:01.30 2:02.54	1000m: 20:14.44 2:03.67	1400m: 28:23.95 2:01.18			
	300m: 5:54.16 2:01.74	700m: 14:04.10 2:02.80	1100m: 22:17.11 2:02.67	1500m: 30:20.36 1:56.41			
	400m: 7:55.04 2:00.88	800m: 16:08.33 2:04.23	1200m: 24:20.41 2:03.30				
13.	MARTINS Delfina Maria	66	Ginasio Santo Tirso	32:58.54		222	9,00
	100m: 2:04.52 2:04.52	500m: 10:51.97 2:12.52	900m: 19:41.41 2:11.41	1300m: 28:35.11 2:13.56			
	200m: 4:14.03 2:09.51	600m: 13:03.79 2:11.82	1000m: 21:55.25 2:13.84	1400m: 30:48.72 2:13.61			
	300m: 6:26.52 2:12.49	700m: 15:16.77 2:12.98	1100m: 24:08.24 2:12.99	1500m: 32:58.54 2:09.82			
	400m: 8:39.45 2:12.93	800m: 17:30.00 2:13.23	1200m: 26:21.55 2:13.31				

Prova 1
24-02-2018
Femin., 1500m Livres
Master Esc G
Resultados

RN Esc G(55-59) 22:39.90 KRAEVA Elena Nikolaevna ADRCIMM Rio Maior 20-02-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	KRAEVA Elena Nikolaevna <i>Rec Nacional Escalão G</i>	61	Colegio Monte Maior	22:12.95		868	30,00
	100m: 1:25.46 1:25.46	500m: 7:23.36 1:28.95	900m: 13:18.95 1:28.36	1300m: 19:16.30 1:29.93			
	200m: 2:55.33 1:29.87	600m: 8:52.57 1:29.21	1000m: 14:47.93 1:28.98	1400m: 20:46.29 1:29.99			
	300m: 4:25.01 1:29.68	700m: 10:21.67 1:29.10	1100m: 16:16.88 1:28.95	1500m: 22:12.95 1:26.66			
	400m: 5:54.41 1:29.40	800m: 11:50.59 1:28.92	1200m: 17:46.37 1:29.49				
2.	ANDRADE Maria Teresa	63	Porto	26:27.73		513	26,00
	100m: 1:35.15 1:35.15	500m: 8:34.56 1:46.31	900m: 15:44.46 1:48.16	1300m: 22:55.54 1:46.83			
	200m: 3:17.90 1:42.75	600m: 10:21.71 1:47.15	1000m: 17:31.84 1:47.38	1400m: 24:42.34 1:46.80			
	300m: 5:02.54 1:44.64	700m: 12:09.08 1:47.37	1100m: 19:20.69 1:48.85	1500m: 26:27.73 1:45.39			
	400m: 6:48.25 1:45.71	800m: 13:56.30 1:47.22	1200m: 21:08.71 1:48.02				
3.	URBANO Maria Margarida	63	Academica de Coimbra	27:27.45		459	22,00
	100m: 1:41.64 1:41.64	500m: 8:55.16 1:48.94	900m: 16:10.22 1:48.98	1300m: 23:46.83 1:50.21			
	200m: 3:28.06 1:46.42	600m: 10:43.43 1:48.27	1000m: 18:02.86 1:52.64	1400m: 25:37.60 1:50.77			
	300m: 5:16.47 1:48.41	700m: 12:32.45 1:49.02	1100m: 20:00.73 1:57.87	1500m: 27:27.45 1:49.85			
	400m: 7:06.22 1:49.75	800m: 14:21.24 1:48.79	1200m: 21:56.62 1:55.89				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Master Esc G

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
4.	FERNANDES Maria Santos	62	Leixoes	28:11.92		424	20,00
	100m: 1:44.74 1:44.74	500m: 9:17.67 1:54.70	900m: 16:50.52 1:53.86	1300m: 24:28.11 1:54.37			
	200m: 3:36.52 1:51.78	600m: 11:11.44 1:53.77	1000m: 18:43.97 1:53.45	1400m: 26:21.49 1:53.38			
	300m: 5:29.85 1:53.33	700m: 13:04.65 1:53.21	1100m: 20:38.62 1:54.65	1500m: 28:11.92 1:50.43			
	400m: 7:22.97 1:53.12	800m: 14:56.66 1:52.01	1200m: 22:33.74 1:55.12				
5.	MAXIMO Maria Fatima	62	Aminata	29:11.67		382	19,00
	100m: 1:42.79 1:42.79	500m: 9:25.18 1:57.86	900m: 17:15.96 1:58.78	1300m: 25:15.65 1:59.85			
	200m: 3:36.93 1:54.14	600m: 11:22.08 1:56.90	1000m: 19:16.13 2:00.17	1400m: 27:14.25 1:58.60			
	300m: 5:31.87 1:54.94	700m: 13:18.86 1:56.78	1100m: 21:15.89 1:59.76	1500m: 29:11.67 1:57.42			
	400m: 7:27.32 1:55.45	800m: 15:17.18 1:58.32	1200m: 23:15.80 1:59.91				
6.	CANINAS Maria Madalena	63	Masters de Almada	29:47.96		359	18,00
	100m: 1:46.25 1:46.25	500m: 9:51.76 2:01.51	900m: 17:56.10 2:00.34	1300m: 25:57.84 2:00.04			
	200m: 3:45.24 1:58.99	600m: 11:52.83 2:01.07	1000m: 19:57.42 2:01.32	1400m: 27:56.62 1:58.78			
	300m: 5:47.35 2:02.11	700m: 13:54.64 2:01.81	1100m: 21:58.14 2:00.72	1500m: 29:47.96 1:51.34			
	400m: 7:50.25 2:02.90	800m: 15:55.76 2:01.12	1200m: 23:57.80 1:59.66				
7.	NETO Maria Manuela	62	Natacao da Maia	29:53.56		356	17,00
	100m: 1:49.35 1:49.35	500m: 9:48.65 1:59.97	900m: 17:52.72 1:59.73	1300m: 25:57.47 2:01.74			
	200m: 3:48.83 1:59.48	600m: 11:50.18 2:01.53	1000m: 19:53.79 2:01.07	1400m: 27:58.97 2:01.50			
	300m: 5:49.07 2:00.24	700m: 13:52.54 2:02.36	1100m: 21:55.17 2:01.38	1500m: 29:53.56 1:54.59			
	400m: 7:48.68 1:59.61	800m: 15:52.99 2:00.45	1200m: 23:55.73 2:00.56				
8.	GIAO Wanda Maria	62	Portinado	30:14.97		343	16,00
	100m: 1:52.58 1:52.58	500m: 9:59.37 2:02.15	900m: 18:07.92 2:01.74	1300m: 26:18.52 2:02.14			
	200m: 3:52.84 2:00.26	600m: 11:59.97 2:00.60	1000m: 20:11.44 2:03.52	1400m: 28:21.72 2:03.20			
	300m: 5:55.12 2:02.28	700m: 14:03.43 2:03.46	1100m: 22:13.57 2:02.13	1500m: 30:14.97 1:53.25			
	400m: 7:57.22 2:02.10	800m: 16:06.18 2:02.75	1200m: 24:16.38 2:02.81				
9.	KIND Anette	61	Leixoes	32:50.02		269	14,00
	100m: 1:54.60 1:54.60	500m: 10:33.89 2:11.18	900m: 19:24.89 2:13.82	1300m: 28:26.73 2:16.45			
	200m: 4:01.65 2:07.05	600m: 12:45.42 2:11.53	1000m: 21:40.39 2:15.50	1400m: 30:41.39 2:14.66			
	300m: 6:11.62 2:09.97	700m: 14:58.05 2:12.63	1100m: 23:55.80 2:15.41	1500m: 32:50.02 2:08.63			
	400m: 8:22.71 2:11.09	800m: 17:11.07 2:13.02	1200m: 26:10.28 2:14.48				

Prova 1 Femin., 1500m Livres Master Esc H Resultados

24-02-2018 RN Esc H(60-64) 32:45.22 MONTEIRO Isabel Costa AAC Rio Maior 20-02-2016

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	PINTAO Luisa Maria <i>Rec Nacional Escalão H</i>	54	Nadadores dos Estoris	30:40.29		405	30,00
	100m: 1:58.11 1:58.11	500m: 10:06.25 2:02.75	900m: 18:19.19 2:03.43	1300m: 26:36.15 2:03.60			
	200m: 3:59.95 2:01.84	600m: 12:09.05 2:02.80	1000m: 20:23.76 2:04.57	1400m: 28:40.51 2:04.36			
	300m: 6:01.82 2:01.87	700m: 14:11.90 2:02.85	1100m: 22:28.31 2:04.55	1500m: 30:40.29 1:59.78			
	400m: 8:03.50 2:01.68	800m: 16:15.76 2:03.86	1200m: 24:32.55 2:04.24				

Prova 1, Femin., 1500m Livres

Prova 1
24-02-2018

Femin., 1500m Livres

Master Esc I
Resultados

RN Esc I(65-69) 24:56.65 FERREIRA Ana Maria SAD Rio Maior 25-02-2017

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	FERREIRA Ana Maria	50	Alges	25:34.88		981	30,00
	100m: 1:35.88 1:35.88		500m: 8:24.80 1:42.55	900m: 15:16.74 1:42.70	1300m: 22:11.80 1:44.32		
	200m: 3:17.75 1:41.87		600m: 10:08.19 1:43.39	1000m: 16:59.69 1:42.95	1400m: 23:54.99 1:43.19		
	300m: 4:59.61 1:41.86		700m: 11:51.69 1:43.50	1100m: 18:43.24 1:43.55	1500m: 25:34.88 1:39.89		
	400m: 6:42.25 1:42.64		800m: 13:34.04 1:42.35	1200m: 20:27.48 1:44.24			
2.	MONTEIRO Isabel Costa	53	Academica de Coimbra	34:16.58		408	26,00
	100m: 1:57.50 1:57.50		500m: 11:09.24 2:19.02	900m: 20:22.18 2:17.42	1300m: 29:39.15 2:20.88		
	200m: 4:11.67 2:14.17		600m: 13:27.00 2:17.76	1000m: 22:41.58 2:19.40	1400m: 31:59.31 2:20.16		
	300m: 6:30.29 2:18.62		700m: 15:46.01 2:19.01	1100m: 25:01.10 2:19.52	1500m: 34:16.58 2:17.27		
	400m: 8:50.22 2:19.93		800m: 18:04.76 2:18.75	1200m: 27:18.27 2:17.17			

Prova 1
24-02-2018

Femin., 1500m Livres

Master Esc J
Resultados

RN Esc J(70-74) 59:00.00

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	BASTO Luisa Bessone <i>Rec Nacional Escalão J</i>	44	Alges	29:33.80		929	30,00
	100m: 1:43.74 1:43.74		500m: 9:36.09 1:57.86	900m: 17:29.91 1:59.62	1300m: 25:34.58 2:02.44		
	200m: 3:41.13 1:57.39		600m: 11:35.25 1:59.16	1000m: 19:29.45 1:59.54	1400m: 27:36.20 2:01.62		
	300m: 5:39.74 1:58.61		700m: 13:32.95 1:57.70	1100m: 21:30.59 2:01.14	1500m: 29:33.80 1:57.60		
	400m: 7:38.23 1:58.49		800m: 15:30.29 1:57.34	1200m: 23:32.14 2:01.55			

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres

Prova 1 24-02-2018	Femin., 1500m Livres				Absoluto Resultados
RN Esc A(25-29)	19:28.13	SILVA Carolina Santos	CNMAIA	Coimbra	18-04-2015
RN Esc B(30-34)	19:27.87	SILVA Carolina Santos	CPN	Rio Maior	25-02-2017
RN Esc C(35-39)	18:50.82	GRILO Ana Paula	UDCA	Swansea (GBR)	03-03-2006
RN Esc D(40-44)	20:45.77	ROTHES Ines Maria	CFP	Rio Maior	20-02-2016
RN Esc E(45-49)	20:49.12	GRILO Ana Paula	NDCO	Swansea (GBR)	08-03-2014
RN Esc F(50-54)	22:46.52	CARMO Maria Helena	SAD	Rio Maior	25-02-2017
RN Esc G(55-59)	22:39.90	KRAEVA Elena Nikolaevna	ADRCIMM	Rio Maior	20-02-2016
RN Esc H(60-64)	32:45.22	MONTEIRO Isabel Costa	AAC	Rio Maior	20-02-2016
RN Esc I(65-69)	24:56.65	FERREIRA Ana Maria	SAD	Rio Maior	25-02-2017
RN Esc J(70-74)	59:00.00				
RN Esc K(75-79)	59:00.00				
RN Esc L(80-84)	59:00.00				

Pontos: DSV Masters 16

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
1.	SILVA Carolina Santos	86	Propaganda da Natacao	19:52.58		883	30,00
	100m: 1:15.32 1:15.32	500m: 6:30.43 1:20.03	900m: 11:52.44 1:21.02	1300m: 17:13.61 1:19.67			
	200m: 2:33.16 1:17.84	600m: 7:50.01 1:19.58	1000m: 13:13.45 1:21.01	1400m: 18:34.02 1:20.41			
	300m: 3:51.48 1:18.32	700m: 9:10.57 1:20.56	1100m: 14:33.59 1:20.14	1500m: 19:52.58 1:18.56			
	400m: 5:10.40 1:18.92	800m: 10:31.42 1:20.85	1200m: 15:53.94 1:20.35				
2.	BARBARA Carla Santa	75	Porto	20:59.25		743	30,00
	100m: 1:15.76 1:15.76	500m: 6:49.31 1:24.74	900m: 12:28.79 1:24.61	1300m: 18:11.37 1:26.28			
	200m: 2:37.29 1:21.53	600m: 8:14.51 1:25.20	1000m: 13:53.90 1:25.11	1400m: 19:37.43 1:26.06			
	300m: 4:00.51 1:23.22	700m: 9:39.13 1:24.62	1100m: 15:18.95 1:25.05	1500m: 20:59.25 1:21.82			
	400m: 5:24.57 1:24.06	800m: 11:04.18 1:25.05	1200m: 16:45.09 1:26.14				
3.	ROTHES Ines Maria	73	Fluval Portuense	21:21.33		750	30,00
	100m: 1:18.46 1:18.46	500m: 7:01.28 1:27.09	900m: 12:47.07 1:26.29	1300m: 18:31.58 1:25.79			
	200m: 2:42.48 1:24.02	600m: 8:28.03 1:26.75	1000m: 14:13.30 1:26.23	1400m: 19:57.41 1:25.83			
	300m: 4:07.96 1:25.48	700m: 9:54.81 1:26.78	1100m: 15:39.29 1:25.99	1500m: 21:21.33 1:23.92			
	400m: 5:34.19 1:26.23	800m: 11:20.78 1:25.97	1200m: 17:05.79 1:26.50				
4.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	21:28.42		648	30,00
	100m: 1:15.52 1:15.52	500m: 6:54.16 1:26.47	900m: 12:44.98 1:27.74	1300m: 18:35.53 1:27.00			
	200m: 2:37.87 1:22.35	600m: 8:21.58 1:27.42	1000m: 14:13.51 1:28.53	1400m: 20:05.73 1:30.20			
	300m: 4:02.64 1:24.77	700m: 9:49.61 1:28.03	1100m: 15:41.57 1:28.06	1500m: 21:28.42 1:22.69			
	400m: 5:27.69 1:25.05	800m: 11:17.24 1:27.63	1200m: 17:08.53 1:26.96				
5.	SOUSA Keissy Joselin	85	Porto	21:43.38		676	26,00
	100m: 1:19.87 1:19.87	500m: 7:03.03 1:26.70	900m: 12:53.30 1:27.81	1300m: 18:48.10 1:29.68			
	200m: 2:44.78 1:24.91	600m: 8:29.84 1:26.81	1000m: 14:21.75 1:28.45	1400m: 20:17.24 1:29.14			
	300m: 4:09.92 1:25.14	700m: 9:57.68 1:27.84	1100m: 15:49.60 1:27.85	1500m: 21:43.38 1:26.14			
	400m: 5:36.33 1:26.41	800m: 11:25.49 1:27.81	1200m: 17:18.42 1:28.82				
6.	MATEUS Susana Maria	89	Litoral Alentejano	21:45.36		623	26,00
	100m: 1:24.61 1:24.61	500m: 7:19.04 1:28.88	900m: 13:07.00 1:25.87	1300m: 18:53.95 1:26.64			
	200m: 2:52.83 1:28.22	600m: 8:46.83 1:27.79	1000m: 14:33.43 1:26.43	1400m: 20:20.28 1:26.33			
	300m: 4:21.31 1:28.48	700m: 10:14.84 1:28.01	1100m: 16:00.31 1:26.88	1500m: 21:45.36 1:25.08			
	400m: 5:50.16 1:28.85	800m: 11:41.13 1:26.29	1200m: 17:27.31 1:27.00				
7.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	22:06.43		621	30,00
	100m: 1:22.99 1:22.99	500m: 7:16.49 1:28.67	900m: 13:12.79 1:29.57	1300m: 19:12.16 1:28.97			
	200m: 2:50.39 1:27.40	600m: 8:44.02 1:27.53	1000m: 14:43.01 1:30.22	1400m: 20:40.45 1:28.29			
	300m: 4:18.81 1:28.42	700m: 10:13.07 1:29.05	1100m: 16:12.91 1:29.90	1500m: 22:06.43 1:25.98			
	400m: 5:47.82 1:29.01	800m: 11:43.22 1:30.15	1200m: 17:43.19 1:30.28				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
8.	FOUGO Rita Claudia	88	Natacao da Maia	22:06.77		641	22,00
	100m: 1:23.14 1:23.14	500m: 7:16.93 1:28.82	900m: 13:13.48 1:29.84	1300m: 19:13.00 1:29.32			
	200m: 2:50.53 1:27.39	600m: 8:44.82 1:27.89	1000m: 14:43.66 1:30.18	1400m: 20:41.14 1:28.14			
	300m: 4:19.14 1:28.61	700m: 10:13.67 1:28.85	1100m: 16:13.22 1:29.56	1500m: 22:06.77 1:25.63			
	400m: 5:48.11 1:28.97	800m: 11:43.64 1:29.97	1200m: 17:43.68 1:30.46				
9.	FERREIRA Isabel Baptista <i>Rec Nacional Escalão F</i>	67	Colegio Monte Maior	22:09.11		732	30,00
	100m: 1:25.41 1:25.41	500m: 7:23.72 1:28.28	900m: 13:18.47 1:27.85	1300m: 19:12.81 1:28.80			
	200m: 2:55.86 1:30.45	600m: 8:52.98 1:29.26	1000m: 14:47.14 1:28.67	1400m: 20:41.45 1:28.64			
	300m: 4:25.74 1:29.88	700m: 10:21.78 1:28.80	1100m: 16:15.54 1:28.40	1500m: 22:09.11 1:27.66			
	400m: 5:55.44 1:29.70	800m: 11:50.62 1:28.84	1200m: 17:44.01 1:28.47				
10.	RODRIGUES Sara Daniela	87	Galitos / Bresimar	22:09.33		637	20,00
	100m: 1:25.33 1:25.33	500m: 7:15.37 1:28.11	900m: 13:10.48 1:28.56	1300m: 19:10.81 1:30.90			
	200m: 2:52.09 1:26.76	600m: 8:44.48 1:29.11	1000m: 14:39.83 1:29.35	1400m: 20:41.70 1:30.89			
	300m: 4:20.04 1:27.95	700m: 10:13.22 1:28.74	1100m: 16:09.55 1:29.72	1500m: 22:09.33 1:27.63			
	400m: 5:47.26 1:27.22	800m: 11:41.92 1:28.70	1200m: 17:39.91 1:30.36				
11.	KRAEVA Elena Nikolaevna <i>Rec Nacional Escalão G</i>	61	Colegio Monte Maior	22:12.95		868	30,00
	100m: 1:25.46 1:25.46	500m: 7:23.36 1:28.95	900m: 13:18.95 1:28.36	1300m: 19:16.30 1:29.93			
	200m: 2:55.33 1:29.87	600m: 8:52.57 1:29.21	1000m: 14:47.93 1:28.98	1400m: 20:46.29 1:29.99			
	300m: 4:25.01 1:29.68	700m: 10:21.67 1:29.10	1100m: 16:16.88 1:28.95	1500m: 22:12.95 1:26.66			
	400m: 5:54.41 1:29.40	800m: 11:50.59 1:28.92	1200m: 17:46.37 1:29.49				
12.	SILVA Joana Filipa	91	Leixoes	22:14.36		584	22,00
	100m: 1:25.14 1:25.14	500m: 7:26.95 1:29.93	900m: 13:26.17 1:29.93	1300m: 19:20.77 1:27.89			
	200m: 2:55.14 1:30.00	600m: 8:56.77 1:29.82	1000m: 14:56.49 1:30.32	1400m: 20:48.25 1:27.48			
	300m: 4:26.59 1:31.45	700m: 10:26.38 1:29.61	1100m: 16:26.08 1:29.59	1500m: 22:14.36 1:26.11			
	400m: 5:57.02 1:30.43	800m: 11:56.24 1:29.86	1200m: 17:52.88 1:26.80				
13.	CARMO Maria Helena	66	Alges	22:22.83		710	26,00
	100m: 1:25.82 1:25.82	500m: 7:24.89 1:29.69	900m: 13:20.01 1:28.69	1300m: 19:21.74 1:31.77			
	200m: 2:55.48 1:29.66	600m: 8:53.39 1:28.50	1000m: 14:49.68 1:29.67	1400m: 20:53.70 1:31.96			
	300m: 4:25.24 1:29.76	700m: 10:22.33 1:28.94	1100m: 16:19.58 1:29.90	1500m: 22:22.83 1:29.13			
	400m: 5:55.20 1:29.96	800m: 11:51.32 1:28.99	1200m: 17:49.97 1:30.39				
14.	NUNES Ana Teresa	88	CASPAE	22:24.60		616	19,00
	100m: 1:25.74 1:25.74	500m: 7:14.97 1:28.34	900m: 13:16.51 1:30.56	1300m: 19:21.86 1:31.99			
	200m: 2:50.64 1:24.90	600m: 8:44.78 1:29.81	1000m: 14:47.89 1:31.38	1400m: 20:57.02 1:35.16			
	300m: 4:18.12 1:27.48	700m: 10:14.95 1:30.17	1100m: 16:19.14 1:31.25	1500m: 22:24.60 1:27.58			
	400m: 5:46.63 1:28.51	800m: 11:45.95 1:31.00	1200m: 17:49.87 1:30.73				
15.	FERNANDES Filipa Cristina	76	Gesloures	22:30.84		602	26,00
	100m: 1:25.89 1:25.89	500m: 7:26.91 1:30.19	900m: 13:27.67 1:30.22	1300m: 19:29.79 1:31.51			
	200m: 2:55.93 1:30.04	600m: 8:57.40 1:30.49	1000m: 14:57.69 1:30.02	1400m: 21:00.68 1:30.89			
	300m: 4:26.22 1:30.29	700m: 10:27.71 1:30.31	1100m: 16:27.53 1:29.84	1500m: 22:30.84 1:30.16			
	400m: 5:56.72 1:30.50	800m: 11:57.45 1:29.74	1200m: 17:58.28 1:30.75				
16.	BRANDAO Maria Teresa	69	Fluvial Portuense	22:31.96		639	26,00
	100m: 1:26.21 1:26.21	500m: 7:25.83 1:30.32	900m: 13:28.78 1:31.55	1300m: 19:32.95 1:31.14			
	200m: 2:55.51 1:29.30	600m: 8:55.56 1:29.73	1000m: 14:59.79 1:31.01	1400m: 21:03.78 1:30.83			
	300m: 4:24.90 1:29.39	700m: 10:26.17 1:30.61	1100m: 16:30.75 1:30.96	1500m: 22:31.96 1:28.18			
	400m: 5:55.51 1:30.61	800m: 11:57.23 1:31.06	1200m: 18:01.81 1:31.06				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
17.	MENDES Ana Rita	91	Gesloures	22:32.06		561	20,00
	100m: 1:19.24 1:19.24	500m: 7:19.17 1:31.72	900m: 13:25.32 1:32.15	1300m: 19:32.69 1:32.12			
	200m: 2:46.86 1:27.62	600m: 8:50.47 1:31.30	1000m: 14:56.30 1:30.98	1400m: 21:05.20 1:32.51			
	300m: 4:17.19 1:30.33	700m: 10:22.11 1:31.64	1100m: 16:29.08 1:32.78	1500m: 22:32.06 1:26.86			
	400m: 5:47.45 1:30.26	800m: 11:53.17 1:31.06	1200m: 18:00.57 1:31.49				
18.	TEIXEIRA Rute Sofia	90	Ginasio Santo Tirso	22:32.65		560	19,00
	100m: 1:25.43 1:25.43	500m: 7:25.88 1:30.02	900m: 13:29.05 1:31.40	1300m: 19:34.08 1:31.41			
	200m: 2:55.12 1:29.69	600m: 8:55.95 1:30.07	1000m: 15:00.83 1:31.78	1400m: 21:05.34 1:31.26			
	300m: 4:25.62 1:30.50	700m: 10:26.56 1:30.61	1100m: 16:31.42 1:30.59	1500m: 22:32.65 1:27.31			
	400m: 5:55.86 1:30.24	800m: 11:57.65 1:31.09	1200m: 18:02.67 1:31.25				
19.	BAPTISTA Liliana Elisabete	78	Leixoes	23:01.30		563	22,00
	100m: 1:26.32 1:26.32	500m: 7:35.46 1:32.35	900m: 13:45.11 1:33.33	1300m: 19:57.27 1:33.48			
	200m: 2:58.34 1:32.02	600m: 9:06.91 1:31.45	1000m: 15:18.38 1:33.27	1400m: 21:30.26 1:32.99			
	300m: 4:31.05 1:32.71	700m: 10:39.36 1:32.45	1100m: 16:51.30 1:32.92	1500m: 23:01.30 1:31.04			
	400m: 6:03.11 1:32.06	800m: 12:11.78 1:32.42	1200m: 18:23.79 1:32.49				
20.	MACHADO Sandra Marisa	93	Pimpoes/Cimai	23:03.45		524	18,00
	100m: 1:30.47 1:30.47	500m: 7:45.15 1:34.17	900m: 13:53.46 1:31.78	1300m: 20:03.01 1:32.15			
	200m: 3:04.30 1:33.83	600m: 9:18.00 1:32.85	1000m: 15:25.87 1:32.41	1400m: 21:35.22 1:32.21			
	300m: 4:37.43 1:33.13	700m: 10:49.71 1:31.71	1100m: 16:58.47 1:32.60	1500m: 23:03.45 1:28.23			
	400m: 6:10.98 1:33.55	800m: 12:21.68 1:31.97	1200m: 18:30.86 1:32.39				
21.	ROCHA Ana Margarida	86	Galitos / Bresimar	23:08.75		559	18,00
	100m: 1:25.87 1:25.87	500m: 7:34.55 1:33.81	900m: 13:52.12 1:34.53	1300m: 20:09.02 1:33.24			
	200m: 2:56.13 1:30.26	600m: 9:08.39 1:33.84	1000m: 15:25.91 1:33.79	1400m: 21:40.54 1:31.52			
	300m: 4:27.20 1:31.07	700m: 10:43.09 1:34.70	1100m: 17:00.31 1:34.40	1500m: 23:08.75 1:28.21			
	400m: 6:00.74 1:33.54	800m: 12:17.59 1:34.50	1200m: 18:35.78 1:35.47				
22.	VALENTE Catia Marisa	84	Luz e Vida	23:15.83		551	17,00
	100m: 1:25.53 1:25.53	500m: 7:34.70 1:33.29	900m: 13:49.41 1:33.66	1300m: 20:07.73 1:34.98			
	200m: 2:56.00 1:30.47	600m: 9:08.24 1:33.54	1000m: 15:23.98 1:34.57	1400m: 21:42.97 1:35.24			
	300m: 4:27.99 1:31.99	700m: 10:41.73 1:33.49	1100m: 16:58.12 1:34.14	1500m: 23:15.83 1:32.86			
	400m: 6:01.41 1:33.42	800m: 12:15.75 1:34.02	1200m: 18:32.75 1:34.63				
23.	SOUSA Ana Oliveira	85	Academica de Coimbra	23:18.94		547	16,00
	100m: 1:23.99 1:23.99	500m: 7:37.45 1:36.05	900m: 13:56.19 1:34.37	1300m: 20:11.71 1:34.62			
	200m: 2:53.59 1:29.60	600m: 9:12.32 1:34.87	1000m: 15:29.13 1:32.94	1400m: 21:46.62 1:34.91			
	300m: 4:26.34 1:32.75	700m: 10:46.94 1:34.62	1100m: 17:03.48 1:34.35	1500m: 23:18.94 1:32.32			
	400m: 6:01.40 1:35.06	800m: 12:21.82 1:34.88	1200m: 18:37.09 1:33.61				
24.	REINA Rita Miguel	72	Colegio Monte Maior	23:22.15		572	22,00
	100m: 1:29.42 1:29.42	500m: 7:37.68 1:33.35	900m: 13:54.47 1:34.24	1300m: 20:14.48 1:35.61			
	200m: 3:00.71 1:31.29	600m: 9:11.90 1:34.22	1000m: 15:29.83 1:35.36	1400m: 21:51.31 1:36.83			
	300m: 4:32.04 1:31.33	700m: 10:45.87 1:33.97	1100m: 17:04.98 1:35.15	1500m: 23:22.15 1:30.84			
	400m: 6:04.33 1:32.29	800m: 12:20.23 1:34.36	1200m: 18:38.87 1:33.89				
25.	INACIO Alexandra Adelinovna	83	Colegio Monte Maior	23:28.24		519	26,00
	100m: 1:26.41 1:26.41	500m: 7:42.87 1:34.35	900m: 14:00.97 1:34.76	1300m: 20:20.46 1:36.76			
	200m: 3:00.42 1:34.01	600m: 9:17.77 1:34.90	1000m: 15:34.91 1:33.94	1400m: 21:56.24 1:35.78			
	300m: 4:34.18 1:33.76	700m: 10:51.45 1:33.68	1100m: 17:08.76 1:33.85	1500m: 23:28.24 1:32.00			
	400m: 6:08.52 1:34.34	800m: 12:26.21 1:34.76	1200m: 18:43.70 1:34.94				
26.	MARTINS Joana Catarina	92	Propaganda da Natacao	23:33.45		491	17,00
	100m: 1:27.15 1:27.15	500m: 7:37.88 1:34.85	900m: 13:59.03 1:36.00	1300m: 20:22.99 1:37.49			
	200m: 2:59.48 1:32.33	600m: 9:12.99 1:35.11	1000m: 15:34.66 1:35.63	1400m: 22:00.27 1:37.28			
	300m: 4:30.84 1:31.36	700m: 10:48.62 1:35.63	1100m: 17:10.40 1:35.74	1500m: 23:33.45 1:33.18			
	400m: 6:03.03 1:32.19	800m: 12:23.03 1:34.41	1200m: 18:45.50 1:35.10				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
27.	FARIA Joana Maria	74	Leixoes	23:35.82		523	20,00
	100m: 1:26.51 1:26.51	500m: 7:45.95 1:35.89	900m: 14:06.08 1:35.26	1300m: 20:27.40 1:35.20			
	200m: 2:59.79 1:33.28	600m: 9:20.35 1:34.40	1000m: 15:41.68 1:35.60	1400m: 22:02.03 1:34.63			
	300m: 4:34.31 1:34.52	700m: 10:55.33 1:34.98	1100m: 17:16.79 1:35.11	1500m: 23:35.82 1:33.79			
	400m: 6:10.06 1:35.75	800m: 12:30.82 1:35.49	1200m: 18:52.20 1:35.41				
28.	PINTO Rita Loureiro	85	Ginasio Clube	23:48.08		514	14,00
	100m: 1:27.54 1:27.54	500m: 7:45.35 1:34.96	900m: 14:07.76 1:36.12	1300m: 20:35.94 1:37.06			
	200m: 3:00.76 1:33.22	600m: 9:20.31 1:34.96	1000m: 15:44.38 1:36.62	1400m: 22:13.63 1:37.69			
	300m: 4:35.35 1:34.59	700m: 10:55.58 1:35.27	1100m: 17:21.68 1:37.30	1500m: 23:48.08 1:34.45			
	400m: 6:10.39 1:35.04	800m: 12:31.64 1:36.06	1200m: 18:58.88 1:37.20				
29.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	23:49.01		475	16,00
	100m: 1:27.33 1:27.33	500m: 7:45.58 1:35.97	900m: 14:13.55 1:36.76	1300m: 20:39.18 1:36.95			
	200m: 3:00.31 1:32.98	600m: 9:22.17 1:36.59	1000m: 15:49.35 1:35.80	1400m: 22:15.33 1:36.15			
	300m: 4:34.98 1:34.67	700m: 10:59.23 1:37.06	1100m: 17:25.77 1:36.42	1500m: 23:49.01 1:33.68			
	400m: 6:09.61 1:34.63	800m: 12:36.79 1:37.56	1200m: 19:02.23 1:36.46				
30.	FONSECA Maria Ana	82	Fluval Portuense	23:53.85		492	22,00
	100m: 1:31.90 1:31.90	500m: 7:58.84 1:36.82	900m: 14:23.51 1:36.38	1300m: 20:46.20 1:35.37			
	200m: 3:09.00 1:37.10	600m: 9:35.12 1:36.28	1000m: 15:59.25 1:35.74	1400m: 22:21.45 1:35.25			
	300m: 4:45.48 1:36.48	700m: 11:11.20 1:36.08	1100m: 17:35.48 1:36.23	1500m: 23:53.85 1:32.40			
	400m: 6:22.02 1:36.54	800m: 12:47.13 1:35.93	1200m: 19:10.83 1:35.35				
31.	MIRANDA Laura Manuela	67	Colegio Monte Maior	24:03.74		571	22,00
	100m: 1:31.17 1:31.17	500m: 7:57.04 1:36.70	900m: 14:24.43 1:37.31	1300m: 20:52.59 1:38.13			
	200m: 3:07.49 1:36.32	600m: 9:32.62 1:35.58	1000m: 16:00.73 1:36.30	1400m: 22:29.31 1:36.72			
	300m: 4:43.94 1:36.45	700m: 11:09.12 1:36.50	1100m: 17:37.49 1:36.76	1500m: 24:03.74 1:34.43			
	400m: 6:20.34 1:36.40	800m: 12:47.12 1:38.00	1200m: 19:14.46 1:36.97				
32.	RIBEIRO Patricia Marisa	91	Vila DEste/Gaia	24:29.57		437	14,00
	100m: 1:26.61 1:26.61	500m: 7:56.72 1:38.45	900m: 14:32.90 1:39.65	1300m: 21:14.14 1:42.30			
	200m: 3:00.98 1:34.37	600m: 9:35.52 1:38.80	1000m: 16:12.24 1:39.34	1400m: 22:55.84 1:41.70			
	300m: 4:39.32 1:38.34	700m: 11:14.11 1:38.59	1100m: 17:51.20 1:38.96	1500m: 24:29.57 1:33.73			
	400m: 6:18.27 1:38.95	800m: 12:53.25 1:39.14	1200m: 19:31.84 1:40.64				
33.	BARBARA Sandra Santa	75	Ginasio Santo Tirso	24:32.50		464	19,00
	100m: 1:23.75 1:23.75	500m: 7:50.26 1:38.95	900m: 14:29.74 1:40.04	1300m: 21:12.04 1:40.54			
	200m: 2:57.76 1:34.01	600m: 9:29.88 1:39.62	1000m: 16:10.34 1:40.60	1400m: 22:53.46 1:41.42			
	300m: 4:33.41 1:35.65	700m: 11:09.68 1:39.80	1100m: 17:50.79 1:40.45	1500m: 24:32.50 1:39.04			
	400m: 6:11.31 1:37.90	800m: 12:49.70 1:40.02	1200m: 19:31.50 1:40.71				
34.	MOUTELA Ana Sofia	77	Galitos / Bresimar	24:42.65		455	18,00
	100m: 1:32.35 1:32.35	500m: 8:06.61 1:38.70	900m: 14:46.93 1:39.57	1300m: 21:28.68 1:39.91			
	200m: 3:10.43 1:38.08	600m: 9:46.14 1:39.53	1000m: 16:27.05 1:40.12	1400m: 23:07.84 1:39.16			
	300m: 4:48.93 1:38.50	700m: 11:26.70 1:40.56	1100m: 18:08.10 1:41.05	1500m: 24:42.65 1:34.81			
	400m: 6:27.91 1:38.98	800m: 13:07.36 1:40.66	1200m: 19:48.77 1:40.67				
35.	GUEDES Ana DAlte	80	Leixoes	24:50.54		438	20,00
	100m: 1:34.10 1:34.10	500m: 8:18.57 1:41.20	900m: 15:00.98 1:40.21	1300m: 21:37.98 1:38.64			
	200m: 3:14.56 1:40.46	600m: 9:59.63 1:41.06	1000m: 16:40.62 1:39.64	1400m: 23:15.69 1:37.71			
	300m: 4:55.44 1:40.88	700m: 11:40.35 1:40.72	1100m: 18:19.72 1:39.10	1500m: 24:50.54 1:34.85			
	400m: 6:37.37 1:41.93	800m: 13:20.77 1:40.42	1200m: 19:59.34 1:39.62				
36.	MACHADO Catarina Sofia	91	Gesloures	25:00.48		410	12,00
	100m: 1:34.23 1:34.23	500m: 8:14.72 1:40.22	900m: 14:58.50 1:40.47	1300m: 21:41.26 1:40.35			
	200m: 3:13.83 1:39.60	600m: 9:55.41 1:40.69	1000m: 16:39.64 1:41.14	1400m: 23:24.01 1:42.75			
	300m: 4:53.89 1:40.06	700m: 11:36.80 1:41.39	1100m: 18:19.77 1:40.13	1500m: 25:00.48 1:36.47			
	400m: 6:34.50 1:40.61	800m: 13:18.03 1:41.23	1200m: 20:00.91 1:41.14				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
37.	BRUNO Marta Garanhoto	93	Colegio Monte Maior	25:04.89		407	11,00
	100m: 1:41.70 1:41.70	500m: 8:30.94 1:41.08	900m: 15:12.62 1:38.36	1300m: 21:53.71 1:42.33			
	200m: 3:23.68 1:41.98	600m: 10:12.72 1:41.78	1000m: 16:53.98 1:41.36	1400m: 23:31.94 1:38.23			
	300m: 5:05.00 1:41.32	700m: 11:54.46 1:41.74	1100m: 18:32.89 1:38.91	1500m: 25:04.89 1:32.95			
	400m: 6:49.86 1:44.86	800m: 13:34.26 1:39.80	1200m: 20:11.38 1:38.49				
38.	JOSE Maria Joao	90	Ginasio Santo Tirso	25:05.61		406	10,00
	100m: 1:29.93 1:29.93	500m: 8:08.13 1:42.46	900m: 14:56.93 1:42.05	1300m: 21:45.50 1:42.17			
	200m: 3:05.28 1:35.35	600m: 9:50.13 1:42.00	1000m: 16:39.63 1:42.70	1400m: 23:27.17 1:41.67			
	300m: 4:45.05 1:39.77	700m: 11:31.68 1:41.55	1100m: 18:21.10 1:41.47	1500m: 25:05.61 1:38.44			
	400m: 6:25.67 1:40.62	800m: 13:14.88 1:43.20	1200m: 20:03.33 1:42.23				
39.	ALMEIDA Graca Maria	73	Leixoes	25:14.01		455	20,00
	100m: 1:35.27 1:35.27	500m: 8:21.60 1:41.94	900m: 15:06.71 1:41.91	1300m: 21:53.14 1:41.61			
	200m: 3:16.60 1:41.33	600m: 10:02.98 1:41.38	1000m: 16:48.29 1:41.58	1400m: 23:35.10 1:41.96			
	300m: 4:57.93 1:41.33	700m: 11:43.81 1:40.83	1100m: 18:29.81 1:41.52	1500m: 25:14.01 1:38.91			
	400m: 6:39.66 1:41.73	800m: 13:24.80 1:40.99	1200m: 20:11.53 1:41.72				
40.	LIRIO Ana Raquel	90	Ginasio Santo Tirso	25:20.29		394	9,00
	100m: 1:29.89 1:29.89	500m: 7:56.28 1:39.43	900m: 14:37.55 1:41.13	1300m: 21:41.53 1:49.83			
	200m: 3:02.96 1:33.07	600m: 9:35.74 1:39.46	1000m: 16:17.99 1:40.44	1400m: 23:31.21 1:49.68			
	300m: 4:37.98 1:35.02	700m: 11:15.99 1:40.25	1100m: 18:02.96 1:44.97	1500m: 25:20.29 1:49.08			
	400m: 6:16.85 1:38.87	800m: 12:56.42 1:40.43	1200m: 19:51.70 1:48.74				
41.	GUIMARAES Rita Cabral	64	Fluvial Portuense	25:27.46		482	20,00
	100m: 1:35.92 1:35.92	500m: 8:28.63 1:42.19	900m: 15:16.85 1:41.74	1300m: 22:06.75 1:42.76			
	200m: 3:19.24 1:43.32	600m: 10:10.84 1:42.21	1000m: 16:58.67 1:41.82	1400m: 23:49.13 1:42.38			
	300m: 5:03.57 1:44.33	700m: 11:53.42 1:42.58	1100m: 18:41.26 1:42.59	1500m: 25:27.46 1:38.33			
	400m: 6:46.44 1:42.87	800m: 13:35.11 1:41.69	1200m: 20:23.99 1:42.73				
42.	FERREIRA Ana Maria	50	Alges	25:34.88		981	30,00
	100m: 1:35.88 1:35.88	500m: 8:24.80 1:42.55	900m: 15:16.74 1:42.70	1300m: 22:11.80 1:44.32			
	200m: 3:17.75 1:41.87	600m: 10:08.19 1:43.39	1000m: 16:59.69 1:42.95	1400m: 23:54.99 1:43.19			
	300m: 4:59.61 1:41.86	700m: 11:51.69 1:43.50	1100m: 18:43.24 1:43.55	1500m: 25:34.88 1:39.89			
	400m: 6:42.25 1:42.64	800m: 13:34.04 1:42.35	1200m: 20:27.48 1:44.24				
43.	JOSE Helena Manuel	90	Ginasio Santo Tirso	26:05.11		362	8,00
	100m: 1:32.32 1:32.32	500m: 8:25.26 1:46.74	900m: 15:30.76 1:45.77	1300m: 22:36.91 1:46.16			
	200m: 3:11.04 1:38.72	600m: 10:12.07 1:46.81	1000m: 17:17.49 1:46.73	1400m: 24:23.44 1:46.53			
	300m: 4:52.19 1:41.15	700m: 11:58.75 1:46.68	1100m: 19:04.46 1:46.97	1500m: 26:05.11 1:41.67			
	400m: 6:38.52 1:46.33	800m: 13:44.99 1:46.24	1200m: 20:50.75 1:46.29				
44.	BLANCO Catarina Araujo	71	Fluvial Portuense	26:05.54		411	19,00
	100m: 1:40.12 1:40.12	500m: 8:49.77 1:55.24	900m: 15:50.14 1:43.37	1300m: 22:46.25 1:45.01			
	200m: 3:24.91 1:44.79	600m: 10:36.21 1:46.44	1000m: 17:34.31 1:44.17	1400m: 24:29.82 1:43.57			
	300m: 5:10.48 1:45.57	700m: 12:21.69 1:45.48	1100m: 19:17.85 1:43.54	1500m: 26:05.54 1:35.72			
	400m: 6:54.53 1:44.05	800m: 14:06.77 1:45.08	1200m: 21:01.24 1:43.39				
45.	OLIVEIRA Ana Cristina	76	Galitos / Bresimar	26:18.64		377	17,00
	100m: 1:35.95 1:35.95	500m: 8:25.41 1:44.69	900m: 15:31.74 1:47.78	1300m: 22:45.05 1:48.61			
	200m: 3:15.49 1:39.54	600m: 10:10.64 1:45.23	1000m: 17:19.93 1:48.19	1400m: 24:32.15 1:47.10			
	300m: 4:57.70 1:42.21	700m: 11:57.57 1:46.93	1100m: 19:07.95 1:48.02	1500m: 26:18.64 1:46.49			
	400m: 6:40.72 1:43.02	800m: 13:43.96 1:46.39	1200m: 20:56.44 1:48.49				
46.	ANDRADE Maria Teresa	63	Porto	26:27.73		513	26,00
	100m: 1:35.15 1:35.15	500m: 8:34.56 1:46.31	900m: 15:44.46 1:48.16	1300m: 22:55.54 1:46.83			
	200m: 3:17.90 1:42.75	600m: 10:21.71 1:47.15	1000m: 17:31.84 1:47.38	1400m: 24:42.34 1:46.80			
	300m: 5:02.54 1:44.64	700m: 12:09.08 1:47.37	1100m: 19:20.69 1:48.85	1500m: 26:27.73 1:45.39			
	400m: 6:48.25 1:45.71	800m: 13:56.30 1:47.22	1200m: 21:08.71 1:48.02				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
47.	CORREIA Maria Isabel	64	Luz e Vida	26:34.51		424	19,00
	100m: 1:40.82 1:40.82	500m: 8:48.34 1:47.04	900m: 15:56.69 1:46.72	1300m: 23:04.29 1:46.44			
	200m: 3:27.25 1:46.43	600m: 10:35.79 1:47.45	1000m: 17:43.13 1:46.44	1400m: 24:51.08 1:46.79			
	300m: 5:13.94 1:46.69	700m: 12:22.72 1:46.93	1100m: 19:30.66 1:47.53	1500m: 26:34.51 1:43.43			
	400m: 7:01.30 1:47.36	800m: 14:09.97 1:47.25	1200m: 21:17.85 1:47.19				
48.	HEWETT Maria Silvia	70	Fluvial Portuense	26:37.87		387	18,00
	100m: 1:42.43 1:42.43	500m: 8:52.10 1:48.05	900m: 16:03.59 1:48.04	1300m: 23:13.65 1:47.11			
	200m: 3:28.61 1:46.18	600m: 10:40.59 1:48.49	1000m: 17:51.08 1:47.49	1400m: 25:00.02 1:46.37			
	300m: 5:16.42 1:47.81	700m: 12:27.65 1:47.06	1100m: 19:38.75 1:47.67	1500m: 26:37.87 1:37.85			
	400m: 7:04.05 1:47.63	800m: 14:15.55 1:47.90	1200m: 21:26.54 1:47.79				
49.	VEISEU Maria Adriana	66	Leixoes	26:38.22		421	18,00
	100m: 1:38.66 1:38.66	500m: 8:50.17 1:48.64	900m: 16:00.53 1:47.93	1300m: 23:12.59 1:47.57			
	200m: 3:24.81 1:46.15	600m: 10:36.69 1:46.52	1000m: 17:49.06 1:48.53	1400m: 24:59.03 1:46.44			
	300m: 5:12.84 1:48.03	700m: 12:24.49 1:47.80	1100m: 19:37.19 1:48.13	1500m: 26:38.22 1:39.19			
	400m: 7:01.53 1:48.69	800m: 14:12.60 1:48.11	1200m: 21:25.02 1:47.83				
50.	CARVALHO Elza Maria	76	Vila DEste/Gaia	26:38.82		363	16,00
	100m: 1:41.65 1:41.65	500m: 8:46.89 1:45.95	900m: 15:56.03 1:47.47	1300m: 23:08.39 1:48.75			
	200m: 3:26.41 1:44.76	600m: 10:34.03 1:47.14	1000m: 17:44.61 1:48.58	1400m: 24:55.89 1:47.50			
	300m: 5:11.46 1:45.05	700m: 12:21.82 1:47.79	1100m: 19:31.91 1:47.30	1500m: 26:38.82 1:42.93			
	400m: 7:00.94 1:49.48	800m: 14:08.56 1:46.74	1200m: 21:19.64 1:47.73				
51.	SILVA Ana Rosa	80	Foca	26:40.91		353	19,00
	100m: 1:41.15 1:41.15	500m: 8:48.40 1:46.42	900m: 15:57.43 1:47.27	1300m: 23:07.65 1:48.45			
	200m: 3:26.58 1:45.43	600m: 10:35.72 1:47.32	1000m: 17:43.94 1:46.51	1400m: 24:56.36 1:48.71			
	300m: 5:13.84 1:47.26	700m: 12:22.63 1:46.91	1100m: 19:31.07 1:47.13	1500m: 26:40.91 1:44.55			
	400m: 7:01.98 1:48.14	800m: 14:10.16 1:47.53	1200m: 21:19.20 1:48.13				
52.	FERREIRA Marta Martins	79	Funcao Publica	26:42.79		352	18,00
	100m: 1:39.78 1:39.78	500m: 8:48.38 1:45.40	900m: 15:55.42 1:46.58	1300m: 23:09.98 1:49.41			
	200m: 3:26.74 1:46.96	600m: 10:35.00 1:46.62	1000m: 17:42.48 1:47.06	1400m: 24:58.58 1:48.60			
	300m: 5:14.49 1:47.75	700m: 12:21.54 1:46.54	1100m: 19:31.75 1:49.27	1500m: 26:42.79 1:44.21			
	400m: 7:02.98 1:48.49	800m: 14:08.84 1:47.30	1200m: 21:20.57 1:48.82				
53.	BARBOSA Ana Raquel	88	Gesloures	26:44.92		362	12,00
	100m: 1:36.38 1:36.38	500m: 8:45.24 1:48.50	900m: 15:55.30 1:47.18	1300m: 23:07.98 1:47.38			
	200m: 3:21.78 1:45.40	600m: 10:33.88 1:48.64	1000m: 17:44.25 1:48.95	1400m: 24:56.64 1:48.66			
	300m: 5:08.46 1:46.68	700m: 12:20.96 1:47.08	1100m: 19:33.04 1:48.79	1500m: 26:44.92 1:48.28			
	400m: 6:56.74 1:48.28	800m: 14:08.12 1:47.16	1200m: 21:20.60 1:47.56				
54.	TABORDA Maria Joao	67	Porto	27:10.11		397	17,00
	100m: 1:38.65 1:38.65	500m: 8:46.26 1:47.44	900m: 16:04.93 1:50.83	1300m: 23:29.80 1:52.99			
	200m: 3:24.46 1:45.81	600m: 10:35.27 1:49.01	1000m: 17:55.83 1:50.90	1400m: 25:20.70 1:50.90			
	300m: 5:11.99 1:47.53	700m: 12:23.75 1:48.48	1100m: 19:46.12 1:50.29	1500m: 27:10.11 1:49.41			
	400m: 6:58.82 1:46.83	800m: 14:14.10 1:50.35	1200m: 21:36.81 1:50.69				
55.	FERNANDES Ana Luisa	77	Leixoes	27:13.04		340	14,00
	100m: 1:34.84 1:34.84	500m: 8:47.42 1:50.30	900m: 16:07.83 1:49.56	1300m: 23:32.49 1:51.60			
	200m: 3:19.06 1:44.22	600m: 10:38.10 1:50.68	1000m: 17:57.35 1:49.52	1400m: 25:23.22 1:50.73			
	300m: 5:08.04 1:48.98	700m: 12:28.23 1:50.13	1100m: 19:48.62 1:51.27	1500m: 27:13.04 1:49.82			
	400m: 6:57.12 1:49.08	800m: 14:18.27 1:50.04	1200m: 21:40.89 1:52.27				
56.	CARVALHO Helena Paula	64	Sporting	27:21.64		388	16,00
	100m: 1:41.00 1:41.00	500m: 8:59.57 1:51.28	900m: 16:22.68 1:50.81	1300m: 23:44.68 1:50.55			
	200m: 3:29.13 1:48.13	600m: 10:50.14 1:50.57	1000m: 18:13.18 1:50.50	1400m: 25:34.89 1:50.21			
	300m: 5:17.96 1:48.83	700m: 12:40.61 1:50.47	1100m: 20:04.18 1:51.00	1500m: 27:21.64 1:46.75			
	400m: 7:08.29 1:50.33	800m: 14:31.87 1:51.26	1200m: 21:54.13 1:49.95				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
57.	GONCALVES Isilda Maria	76	Nadadores dos Estoris	27:23.96		334	12,00
	100m: 1:40.27 1:40.27	500m: 8:50.04 1:48.27	900m: 16:17.79 1:52.79	1300m: 23:45.10 1:52.55			
	200m: 3:25.99 1:45.72	600m: 10:39.16 1:49.12	1000m: 18:08.79 1:51.00	1400m: 25:38.84 1:53.74			
	300m: 5:13.71 1:47.72	700m: 12:31.96 1:52.80	1100m: 20:01.49 1:52.70	1500m: 27:23.96 1:45.12			
	400m: 7:01.77 1:48.06	800m: 14:25.00 1:53.04	1200m: 21:52.55 1:51.06				
58.	FERNANDES Maribel Santos	65	Leixoes	27:26.39		385	14,00
	100m: 1:38.50 1:38.50	500m: 8:55.92 1:50.02	900m: 16:21.64 1:52.00	1300m: 23:49.39 1:53.01			
	200m: 3:26.11 1:47.61	600m: 10:47.07 1:51.15	1000m: 18:13.74 1:52.10	1400m: 25:39.89 1:50.50			
	300m: 5:15.50 1:49.39	700m: 12:38.03 1:50.96	1100m: 20:05.24 1:51.50	1500m: 27:26.39 1:46.50			
	400m: 7:05.90 1:50.40	800m: 14:29.64 1:51.61	1200m: 21:56.38 1:51.14				
59.	ALVES Filipa Ramalho	91	Gesloures	27:27.10		310	7,00
	100m: 1:38.63 1:38.63	500m: 8:49.92 1:48.62	900m: 16:16.65 1:53.61	1300m: 23:48.26 1:52.87			
	200m: 3:24.35 1:45.72	600m: 10:40.96 1:51.04	1000m: 18:09.64 1:52.99	1400m: 25:39.85 1:51.59			
	300m: 5:12.68 1:48.33	700m: 12:32.22 1:51.26	1100m: 20:02.01 1:52.37	1500m: 27:27.10 1:47.25			
	400m: 7:01.30 1:48.62	800m: 14:23.04 1:50.82	1200m: 21:55.39 1:53.38				
60.	URBANO Maria Margarida	63	Academica de Coimbra	27:27.45		459	22,00
	100m: 1:41.64 1:41.64	500m: 8:55.16 1:48.94	900m: 16:10.22 1:48.98	1300m: 23:46.83 1:50.21			
	200m: 3:28.06 1:46.42	600m: 10:43.43 1:48.27	1000m: 18:02.86 1:52.64	1400m: 25:37.60 1:50.77			
	300m: 5:16.47 1:48.41	700m: 12:32.45 1:49.02	1100m: 20:00.73 1:57.87	1500m: 27:27.45 1:49.85			
	400m: 7:06.22 1:49.75	800m: 14:21.24 1:48.79	1200m: 21:56.62 1:55.89				
61.	SANTINHA Fernanda Maria	72	Masters de Almada	27:34.78		348	17,00
	100m: 1:43.17 1:43.17	500m: 9:06.97 1:52.15	900m: 16:30.16 1:52.06	1300m: 23:53.81 1:50.76			
	200m: 3:33.29 1:50.12	600m: 10:58.13 1:51.16	1000m: 18:20.40 1:50.24	1400m: 25:44.86 1:51.05			
	300m: 5:23.63 1:50.34	700m: 12:48.55 1:50.42	1100m: 20:11.68 1:51.28	1500m: 27:34.78 1:49.92			
	400m: 7:14.82 1:51.19	800m: 14:38.10 1:49.55	1200m: 22:03.05 1:51.37				
62.	BABO Rosalina Bessa	67	Porto	27:36.31		378	12,00
	100m: 1:38.58 1:38.58	500m: 9:00.07 1:53.44	900m: 16:24.32 1:52.55	1300m: 23:56.14 1:52.21			
	200m: 3:26.82 1:48.24	600m: 10:49.37 1:49.30	1000m: 18:21.45 1:57.13	1400m: 25:47.59 1:51.45			
	300m: 5:16.71 1:49.89	700m: 12:40.39 1:51.02	1100m: 20:12.14 1:50.69	1500m: 27:36.31 1:48.72			
	400m: 7:06.63 1:49.92	800m: 14:31.77 1:51.38	1200m: 22:03.93 1:51.79				
63.	COSTA Marta Sofia	71	Porto	27:36.39		347	16,00
	100m: 1:39.62 1:39.62	500m: 9:01.29 1:51.52	900m: 16:30.01 1:51.88	1300m: 23:55.96 1:51.60			
	200m: 3:27.12 1:47.50	600m: 10:52.67 1:51.38	1000m: 18:22.13 1:52.12	1400m: 25:46.81 1:50.85			
	300m: 5:18.02 1:50.90	700m: 12:45.06 1:52.39	1100m: 20:14.10 1:51.97	1500m: 27:36.39 1:49.58			
	400m: 7:09.77 1:51.75	800m: 14:38.13 1:53.07	1200m: 22:04.36 1:50.26				
64.	MELO Rita Sofia	81	Colegio Monte Maior	27:44.47		314	17,00
	100m: 1:45.82 1:45.82	500m: 9:15.30 1:53.11	900m: 16:44.45 1:51.83	1300m: 24:14.88 1:52.45			
	200m: 3:37.04 1:51.22	600m: 11:07.71 1:52.41	1000m: 18:36.46 1:52.01	1400m: 26:05.39 1:50.51			
	300m: 5:29.09 1:52.05	700m: 13:00.64 1:52.93	1100m: 20:30.06 1:53.60	1500m: 27:44.47 1:39.08			
	400m: 7:22.19 1:53.10	800m: 14:52.62 1:51.98	1200m: 22:22.43 1:52.37				
65.	MARTA Teresa Cardoso	73	Colegio Monte Maior	27:45.88		341	14,00
	100m: 1:48.45 1:48.45	500m: 9:19.07 1:52.40	900m: 16:41.07 1:50.08	1300m: 24:12.57 1:52.69			
	200m: 3:41.28 1:52.83	600m: 11:10.02 1:50.95	1000m: 18:32.60 1:51.53	1400m: 26:03.16 1:50.59			
	300m: 5:33.71 1:52.43	700m: 13:00.21 1:50.19	1100m: 20:26.17 1:53.57	1500m: 27:45.88 1:42.72			
	400m: 7:26.67 1:52.96	800m: 14:50.99 1:50.78	1200m: 22:19.88 1:53.71				
66.	PATO Ana Henriques	83	Masters de Almada	27:46.71		313	16,00
	100m: 1:32.66 1:32.66	500m: 8:53.10 1:52.66	900m: 16:25.20 1:53.22	1300m: 24:03.22 1:54.79			
	200m: 3:19.10 1:46.44	600m: 10:45.82 1:52.72	1000m: 18:18.47 1:53.27	1400m: 25:57.45 1:54.23			
	300m: 5:09.31 1:50.21	700m: 12:38.56 1:52.74	1100m: 20:13.43 1:54.96	1500m: 27:46.71 1:49.26			
	400m: 7:00.44 1:51.13	800m: 14:31.98 1:53.42	1200m: 22:08.43 1:55.00				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
67.	AGANTE Luisa Lopes	71	Leixoes	27:54.12		336	12,00
	100m: 1:46.43 1:46.43	500m: 9:15.91 1:53.37	900m: 16:45.40 1:52.49	1300m: 24:16.34 1:53.20			
	200m: 3:37.20 1:50.77	600m: 11:08.55 1:52.64	1000m: 18:37.24 1:51.84	1400m: 26:07.00 1:50.66			
	300m: 5:30.08 1:52.88	700m: 13:01.31 1:52.76	1100m: 20:31.16 1:53.92	1500m: 27:54.12 1:47.12			
	400m: 7:22.54 1:52.46	800m: 14:52.91 1:51.60	1200m: 22:23.14 1:51.98				
68.	ROCHA Maria Joao	80	Geslourses	28:00.40		305	14,00
	100m: 1:39.97 1:39.97	500m: 9:04.50 1:52.11	900m: 16:37.19 1:53.62	1300m: 24:17.75 1:55.40			
	200m: 3:29.61 1:49.64	600m: 10:57.28 1:52.78	1000m: 18:31.04 1:53.85	1400m: 26:11.57 1:53.82			
	300m: 5:20.81 1:51.20	700m: 12:50.05 1:52.77	1100m: 20:26.13 1:55.09	1500m: 28:00.40 1:48.83			
	400m: 7:12.39 1:51.58	800m: 14:43.57 1:53.52	1200m: 22:22.35 1:56.22				
69.	FERNANDES Maria Santos	62	Leixoes	28:11.92		424	20,00
	100m: 1:44.74 1:44.74	500m: 9:17.67 1:54.70	900m: 16:50.52 1:53.86	1300m: 24:28.11 1:54.37			
	200m: 3:36.52 1:51.78	600m: 11:11.44 1:53.77	1000m: 18:43.97 1:53.45	1400m: 26:21.49 1:53.38			
	300m: 5:29.85 1:53.33	700m: 13:04.65 1:53.21	1100m: 20:38.62 1:54.65	1500m: 28:11.92 1:50.43			
	400m: 7:22.97 1:53.12	800m: 14:56.66 1:52.01	1200m: 22:33.74 1:55.12				
70.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	28:14.87		297	12,00
	100m: 1:47.05 1:47.05	500m: 9:22.15 1:53.69	900m: 16:58.12 1:54.62	1300m: 24:29.51 1:52.61			
	200m: 3:39.46 1:52.41	600m: 11:15.23 1:53.08	1000m: 18:52.40 1:54.28	1400m: 26:23.77 1:54.26			
	300m: 5:34.10 1:54.64	700m: 13:09.87 1:54.64	1100m: 20:45.68 1:53.28	1500m: 28:14.87 1:51.10			
	400m: 7:28.46 1:54.36	800m: 15:03.50 1:53.63	1200m: 22:36.90 1:51.22				
71.	MACHADO Maria Margarida	81	Vila DEste/Gaia	28:15.40		297	11,00
	100m: 1:38.94 1:38.94	500m: 9:02.52 1:52.99	900m: 16:44.81 1:56.58	1300m: 24:29.26 1:56.20			
	200m: 3:26.35 1:47.41	600m: 10:57.83 1:55.31	1000m: 18:40.04 1:55.23	1400m: 26:24.99 1:55.73			
	300m: 5:17.49 1:51.14	700m: 12:53.90 1:56.07	1100m: 20:37.05 1:57.01	1500m: 28:15.40 1:50.41			
	400m: 7:09.53 1:52.04	800m: 14:48.23 1:54.33	1200m: 22:33.06 1:56.01				
72.	SANTOS Patricia Alexandra	78	Geslourses	28:39.59		291	11,00
	100m: 1:42.72 1:42.72	500m: 9:21.45 1:55.71	900m: 17:01.13 1:54.84	1300m: 24:48.87 1:57.22			
	200m: 3:34.53 1:51.81	600m: 11:16.09 1:54.64	1000m: 18:57.72 1:56.59	1400m: 26:45.88 1:57.01			
	300m: 5:29.25 1:54.72	700m: 13:10.66 1:54.57	1100m: 20:54.68 1:56.96	1500m: 28:39.59 1:53.71			
	400m: 7:25.74 1:56.49	800m: 15:06.29 1:55.63	1200m: 22:51.65 1:56.97				
73.	NEVES Isabel Carolina	80	Vila DEste/Gaia	29:09.14		271	10,00
	100m: 1:51.73 1:51.73	500m: 9:34.89 1:58.08	900m: 17:30.84 1:58.44	1300m: 25:19.47 1:56.84			
	200m: 3:44.78 1:53.05	600m: 11:34.39 1:59.50	1000m: 19:29.80 1:58.96	1400m: 27:16.89 1:57.42			
	300m: 5:40.21 1:55.43	700m: 13:32.53 1:58.14	1100m: 21:25.43 1:55.63	1500m: 29:09.14 1:52.25			
	400m: 7:36.81 1:56.60	800m: 15:32.40 1:59.87	1200m: 23:22.63 1:57.20				
74.	MAXIMO Maria Fatima	62	Aminata	29:11.67		382	19,00
	100m: 1:42.79 1:42.79	500m: 9:25.18 1:57.86	900m: 17:15.96 1:58.78	1300m: 25:15.65 1:59.85			
	200m: 3:36.93 1:54.14	600m: 11:22.08 1:56.90	1000m: 19:16.13 2:00.17	1400m: 27:14.25 1:58.60			
	300m: 5:31.87 1:54.94	700m: 13:18.86 1:56.78	1100m: 21:15.89 1:59.76	1500m: 29:11.67 1:57.42			
	400m: 7:27.32 1:55.45	800m: 15:17.18 1:58.32	1200m: 23:15.80 1:59.91				
75.	MENDES Marina Isabel	68	Masters de Almada	29:14.63		318	11,00
	100m: 1:52.24 1:52.24	500m: 9:47.93 1:58.70	900m: 17:34.37 1:56.31	1300m: 25:26.81 1:58.01			
	200m: 3:49.40 1:57.16	600m: 11:43.45 1:55.52	1000m: 19:32.48 1:58.11	1400m: 27:24.13 1:57.32			
	300m: 5:49.67 2:00.27	700m: 13:40.50 1:57.05	1100m: 21:30.11 1:57.63	1500m: 29:14.63 1:50.50			
	400m: 7:49.23 1:59.56	800m: 15:38.06 1:57.56	1200m: 23:28.80 1:58.69				

Torneio de Fundo Masters
Coimbra, 24-2-2018

Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
76.	BASTO Luisa Bessone <i>Rec Nacional Escalão J</i>	44	Alges	29:33.80		929	30,00
	100m: 1:43.74 1:43.74	500m: 9:36.09 1:57.86	900m: 17:29.91 1:59.62	1300m: 25:34.58 2:02.44			
	200m: 3:41.13 1:57.39	600m: 11:35.25 1:59.16	1000m: 19:29.45 1:59.54	1400m: 27:36.20 2:01.62			
	300m: 5:39.74 1:58.61	700m: 13:32.95 1:57.70	1100m: 21:30.59 2:01.14	1500m: 29:33.80 1:57.60			
	400m: 7:38.23 1:58.49	800m: 15:30.29 1:57.34	1200m: 23:32.14 2:01.55				
77.	CANINAS Maria Madalena	63	Masters de Almada	29:47.96		359	18,00
	100m: 1:46.25 1:46.25	500m: 9:51.76 2:01.51	900m: 17:56.10 2:00.34	1300m: 25:57.84 2:00.04			
	200m: 3:45.24 1:58.99	600m: 11:52.83 2:01.07	1000m: 19:57.42 2:01.32	1400m: 27:56.62 1:58.78			
	300m: 5:47.35 2:02.11	700m: 13:54.64 2:01.81	1100m: 21:58.14 2:00.72	1500m: 29:47.96 1:51.34			
	400m: 7:50.25 2:02.90	800m: 15:55.76 2:01.12	1200m: 23:57.80 1:59.66				
78.	NETO Maria Manuela	62	Natacao da Maia	29:53.56		356	17,00
	100m: 1:49.35 1:49.35	500m: 9:48.65 1:59.97	900m: 17:52.72 1:59.73	1300m: 25:57.47 2:01.74			
	200m: 3:48.83 1:59.48	600m: 11:50.18 2:01.53	1000m: 19:53.79 2:01.07	1400m: 27:58.97 2:01.50			
	300m: 5:49.07 2:00.24	700m: 13:52.54 2:02.36	1100m: 21:55.17 2:01.38	1500m: 29:53.56 1:54.59			
	400m: 7:48.68 1:59.61	800m: 15:52.99 2:00.45	1200m: 23:55.73 2:00.56				
79.	UHLFELDER Ana Sofia	83	Fluvial Portuense	29:53.57		251	9,00
	100m: 1:45.76 1:45.76	500m: 9:41.34 2:00.27	900m: 17:48.05 2:01.92	1300m: 25:58.12 2:00.96			
	200m: 3:40.99 1:55.23	600m: 11:43.25 2:01.91	1000m: 19:49.95 2:01.90	1400m: 27:57.47 1:59.35			
	300m: 5:41.06 2:00.07	700m: 13:45.21 2:01.96	1100m: 21:53.39 2:03.44	1500m: 29:53.57 1:56.10			
	400m: 7:41.07 2:00.01	800m: 15:46.13 2:00.92	1200m: 23:57.16 2:03.77				
80.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	29:57.96		255	10,00
	100m: 1:53.18 1:53.18	500m: 9:49.57 1:59.94	900m: 17:51.43 2:00.20	1300m: 25:57.53 2:01.71			
	200m: 3:50.20 1:57.02	600m: 11:51.68 2:02.11	1000m: 19:53.07 2:01.64	1400m: 27:59.10 2:01.57			
	300m: 5:50.06 1:59.86	700m: 13:52.62 2:00.94	1100m: 21:54.60 2:01.53	1500m: 29:57.96 1:58.86			
	400m: 7:49.63 1:59.57	800m: 15:51.23 1:58.61	1200m: 23:55.82 2:01.22				
81.	BARBARA Ana Bernardo	70	Portinado	30:13.35		264	11,00
	100m: 1:53.09 1:53.09	500m: 9:58.28 2:02.11	900m: 18:07.64 2:02.24	1300m: 26:18.02 2:02.03			
	200m: 3:52.64 1:59.55	600m: 11:59.74 2:01.46	1000m: 20:11.58 2:03.94	1400m: 28:20.81 2:02.79			
	300m: 5:54.04 2:01.40	700m: 14:02.61 2:02.87	1100m: 22:13.66 2:02.08	1500m: 30:13.35 1:52.54			
	400m: 7:56.17 2:02.13	800m: 16:05.40 2:02.79	1200m: 24:15.99 2:02.33				
82.	GIAO Wanda Maria	62	Portinado	30:14.97		343	16,00
	100m: 1:52.58 1:52.58	500m: 9:59.37 2:02.15	900m: 18:07.92 2:01.74	1300m: 26:18.52 2:02.14			
	200m: 3:52.84 2:00.26	600m: 11:59.97 2:00.60	1000m: 20:11.44 2:03.52	1400m: 28:21.72 2:03.20			
	300m: 5:55.12 2:02.28	700m: 14:03.43 2:03.46	1100m: 22:13.57 2:02.13	1500m: 30:14.97 1:53.25			
	400m: 7:57.22 2:02.10	800m: 16:06.18 2:02.75	1200m: 24:16.38 2:02.81				
83.	GRAHAM Muriel	65	Fluvial Portuense	30:20.36		285	10,00
	100m: 1:51.96 1:51.96	500m: 9:58.76 2:03.72	900m: 18:10.77 2:02.44	1300m: 26:22.77 2:02.36			
	200m: 3:52.42 2:00.46	600m: 12:01.30 2:02.54	1000m: 20:14.44 2:03.67	1400m: 28:23.95 2:01.18			
	300m: 5:54.16 2:01.74	700m: 14:04.10 2:02.80	1100m: 22:17.11 2:02.67	1500m: 30:20.36 1:56.41			
	400m: 7:55.04 2:00.88	800m: 16:08.33 2:04.23	1200m: 24:20.41 2:03.30				
84.	PINTAO Luisa Maria <i>Rec Nacional Escalão H</i>	54	Nadadores dos Estoris	30:40.29		405	30,00
	100m: 1:58.11 1:58.11	500m: 10:06.25 2:02.75	900m: 18:19.19 2:03.43	1300m: 26:36.15 2:03.60			
	200m: 3:59.95 2:01.84	600m: 12:09.05 2:02.80	1000m: 20:23.76 2:04.57	1400m: 28:40.51 2:04.36			
	300m: 6:01.82 2:01.87	700m: 14:11.90 2:02.85	1100m: 22:28.31 2:04.55	1500m: 30:40.29 1:59.78			
	400m: 8:03.50 2:01.68	800m: 16:15.76 2:03.86	1200m: 24:32.55 2:04.24				

Torneio de Fundo Masters
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Prova 1, Femin., 1500m Livres, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts DSV	Pts Taça
85.	MASSAGUE Adriana Reguera	75	Fluvial Portuense	31:41.13		216	9,00
	100m: 1:53.79 1:53.79		500m: 10:25.79 2:07.06	900m: 18:59.41 2:09.58	1300m: 27:33.41 2:06.57		
	200m: 4:02.97 2:09.18		600m: 12:35.48 2:09.69	1000m: 21:10.10 2:10.69	1400m: 29:41.54 2:08.13		
	300m: 6:11.20 2:08.23		700m: 14:40.92 2:05.44	1100m: 23:19.95 2:09.85	1500m: 31:41.13 1:59.59		
	400m: 8:18.73 2:07.53		800m: 16:49.83 2:08.91	1200m: 25:26.84 2:06.89			
86.	ALVES Diana Filipa	90	Gesloures	32:00.14		196	6,00
	100m: 1:52.80 1:52.80		500m: 10:22.53 2:09.34	900m: 18:59.91 2:09.45	1300m: 27:42.48 2:12.14		
	200m: 3:58.13 2:05.33		600m: 12:32.20 2:09.67	1000m: 21:10.20 2:10.29	1400m: 29:54.12 2:11.64		
	300m: 6:05.13 2:07.00		700m: 14:40.94 2:08.74	1100m: 23:19.26 2:09.06	1500m: 32:00.14 2:06.02		
	400m: 8:13.19 2:08.06		800m: 16:50.46 2:09.52	1200m: 25:30.34 2:11.08			
87.	KIND Anette	61	Leixoes	32:50.02		269	14,00
	100m: 1:54.60 1:54.60		500m: 10:33.89 2:11.18	900m: 19:24.89 2:13.82	1300m: 28:26.73 2:16.45		
	200m: 4:01.65 2:07.05		600m: 12:45.42 2:11.53	1000m: 21:40.39 2:15.50	1400m: 30:41.39 2:14.66		
	300m: 6:11.62 2:09.97		700m: 14:58.05 2:12.63	1100m: 23:55.80 2:15.41	1500m: 32:50.02 2:08.63		
	400m: 8:22.71 2:11.09		800m: 17:11.07 2:13.02	1200m: 26:10.28 2:14.48			
88.	MARTINS Delfina Maria	66	Ginasio Santo Tirso	32:58.54		222	9,00
	100m: 2:04.52 2:04.52		500m: 10:51.97 2:12.52	900m: 19:41.41 2:11.41	1300m: 28:35.11 2:13.56		
	200m: 4:14.03 2:09.51		600m: 13:03.79 2:11.82	1000m: 21:55.25 2:13.84	1400m: 30:48.72 2:13.61		
	300m: 6:26.52 2:12.49		700m: 15:16.77 2:12.98	1100m: 24:08.24 2:12.99	1500m: 32:58.54 2:09.82		
	400m: 8:39.45 2:12.93		800m: 17:30.00 2:13.23	1200m: 26:21.55 2:13.31			
89.	MONTEIRO Isabel Costa	53	Academica de Coimbra	34:16.58		408	26,00
	100m: 1:57.50 1:57.50		500m: 11:09.24 2:19.02	900m: 20:22.18 2:17.42	1300m: 29:39.15 2:20.88		
	200m: 4:11.67 2:14.17		600m: 13:27.00 2:17.76	1000m: 22:41.58 2:19.40	1400m: 31:59.31 2:20.16		
	300m: 6:30.29 2:18.62		700m: 15:46.01 2:19.01	1100m: 25:01.10 2:19.52	1500m: 34:16.58 2:17.27		
	400m: 8:50.22 2:19.93		800m: 18:04.76 2:18.75	1200m: 27:18.27 2:17.17			
90.	LEITE Joana Isabel	80	Fluvial Portuense	35:54.98		144	8,00
	100m: 2:07.45 2:07.45		500m: 11:52.97 2:24.75	900m: 21:34.73 2:25.38	1300m: 31:10.85 2:21.23		
	200m: 4:30.37 2:22.92		600m: 14:17.19 2:24.22	1000m: 23:59.12 2:24.39	1400m: 33:33.96 2:23.11		
	300m: 6:59.16 2:28.79		700m: 16:44.52 2:27.33	1100m: 26:26.30 2:27.18	1500m: 35:54.98 2:21.02		
	400m: 9:28.22 2:29.06		800m: 19:09.35 2:24.83	1200m: 28:49.62 2:23.32			