Fina

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SETÚBAL

PORTUGAL 2016

Fina

MARATHON SWIMMING

OLYMPIC GAMES QUALIFICATION TOURNAMENT

SETUBAL

FPN

1. Summary

EVENT INFORMATION	
Host	FINA
Organizer	Portuguese Swimming Federation & Setubal Municipality
Competition Venue	Setubal Bay | Setubal | Portugal

KEY DATES	
Provisional Entry (by number)	to be submitted in the FINA GMS by March 1st 2016 @ 23:59 (GMT).
Provisional Accommodation Form	1 March 2016
Final Accommodation &Rooming List	11 May 2016
Final Entry	All Swimmers and Team Officials must be registered in the FINA GMS by May 11th 2016 @ 23:59 (GMT).
Technical Meeting – Hotel do Sado	10 June 2016 – 18h00
10 km Women's Race	11 June 2016 – 16h00
10 km Men's Race	12 June 2016 – 16h00

KEY CONTACTS	
Portuguese Swimming Federation	Contact Person: Custódia Coroa Email: secretaria@fpnatacao.pt Phone: +351 21 415 81 90/93 Website: www.fpnatacao.pt
Local Organizing Committee President	Luís Liberato Baptista Phone: +351 265 545 180 Fax: +351 265 545 187 Email: luis.liberato@mun-setubal.pt
LOC Head Quarters **From June 7th to 13th**	During the Tournament official dates the LOC Head Quarters will be at Esperança Centro Hotel. Person in charge: Mr. João Campos (mobile + 351 913 465 251

2. Participation

PARTICIPATION
Only NOC/NF that have no swimmer qualified for the OG Rio 2016through the 2015 FINA World Championships may elect to send a maximum of two (2) athletes per event to the FINA_MSOG_QT 2016.

QUALIFICATION
The nine (9) best ranked athletes of each event will directly qualify. Each NOC/NF can qualify a maximum of one (1) swimmer per gender. The best ranked athlete in FINA_MSOG_QT 2016, not yet qualified, from each of five (5) Continents will directly qualify. Should a NOC/NF have previously qualified one (1) or two (2) swimmers, the next best ranked athlete from the same Continent, not yet qualified, in the ranking of the FINA_MSOG_QT 2016 event will qualify to ensure that each of these competitions yields a competitor.

ENTRIES AND FINAL REGISTRATION
All Registrations and Entries shall take place through the FINA General Management System (FINA GMS) which can be accessed by https://data.fina.org. National Federations must use their usual login details to access the system. For registration help and assistance please contact: aquaticsdb@fina.org There will be two successive entry moments to provide information to the OC as follows: **Provisional Entry** (by number) to be submitted in the FINA GMS by March 1st 2016 @ 23:59 (GMT). **This is mandatory**. All preliminary registered NOC/NF will receive a subsequent communication for final entry and accreditation process. **Final Entry** – All Swimmers and Team Officials must be registered in the FINA GMS by May 11th 2016 @ 23:59 (GMT). A photo of each team member and passport scan is mandatory. No late entries will be accepted.

3. Accreditation

ACCREDITATION - DELEGATIONS
The OC will provide all Swimmers and Team Officials (registered through the FINA GMS) with an official Accreditation card. Only accredited people will be allowed to access certain venue areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation will be available to collect on the LOC Head Quarters at Esperança Centro Hotel.

ACCREDITATION - MEDIA
Only accredited Media will be allowed to access certain venue areas. To register for a Media Accreditation card, please send your personal information (Name, Media Id and photo) to: CustódiaCoroa – secretaria@fpnatacao.pt **Where to collect:** Accreditation will be available to collect on the LOC Head Quarters at Esperança Centro Hotel.

4. Accommodation & Transport

OFFICIAL HOTELS
Hotel reservations are to be made with the **Portuguese Swimming Federation** trough the proper forms. Please notice that **reservations will be treated on a first come, first served basis.** Prices per person /per day with full board (airport transfers and local transportation included) **Single:** 170.00 Euros **Twin:** 150.00 Euros **March 1st** – Preliminary accommodation form with 50% deposit payment **May 11th**– Final Accommodation with balance payment

OFFICIAL HOTELS

Any room booked on May 11th and cancelled till May 21st will have a 50% cancellation fee. **The entire payment will be retained by the OC for any of the rooms cancelled afterwards.**

BankDetails as follows:

Accountname– Federação Portuguesa de Natação
BankName– Banco Santander
BankAdress – Rua Alves Redol 17/21, 2600-099 Vila Franca de Xira - Portugal
Account Number (IBAN) – PT50 0018 0003 1333 0170 02088
Swift Code– TOTAPTPL
Ref – FINA_MSOG_QT 2016_**(Country code)**

Please notice that all bank charges must be at NOC/NF responsibility

The official hotels are:

Esperança Centro Hotel

Address: Av. LuisaTodi, 220
2900-452 Setúbal - Portugal
Phone: + 351 265 521 780 Fax: +351 265 521 789
Website: http://www.lunaesperancacentrohotel.com/en/

Hotel Premium

Address: Avenida Alexandre Herculano, 58
2900-206 Setúbal - Portugal Setúbal
Phone: +351 265 536 325 Fax: +351 265 534 289
Website: http://en.premiumsetubal.com/

There will be an information desk at each hotel to assist teams with their check-in process and answer any queries. An updated notice board with daily training and transportation schedule will also be available on site.

TRANSPORT

The Organizing Committee will provide transportation to all accredited team members from Lisbon Airport to official hotels and back. It will also provide transportation between official hotels and the Venue or the training pools.

Official Airport

Lisbon Airport (LIS). The travel time from Lisbon Airport to Setubal is approximately one hour.

Arrival

All teams arriving at Lisbon Airport, will be picked up according to provided flight details to the Organizing Committee in due time.

Luggage

It is the responsibility of all individuals to collect their own luggage at the airport luggage claim area and load them on to buses.

Departures

Teams are responsible for reporting to their respective Hotel Information Desk any traveling arrangements changes at least 48 hours prior to departure time. Until this time, departure transport will be planned according to the flight details previously submitted to the Organizing Committee. Please inform the Organizing Committee of any changes as soon as possible.

5. Training

TRAINING

In accordance with FINA regulations, the official period of stay for team delegations will be from 7th June 2016 to 13th June 2016.

Pre-competition training will take place at "Complexo Municipal de Piscinas das Manteigadas", a 50 meters outdoor swimming pool. Ocean training will also be a possibility. On arrival, Team Leaders will be asked to choose between Pool and Ocean for their team's afternoon training sessions (when available).

Training Schedule will be as follows:

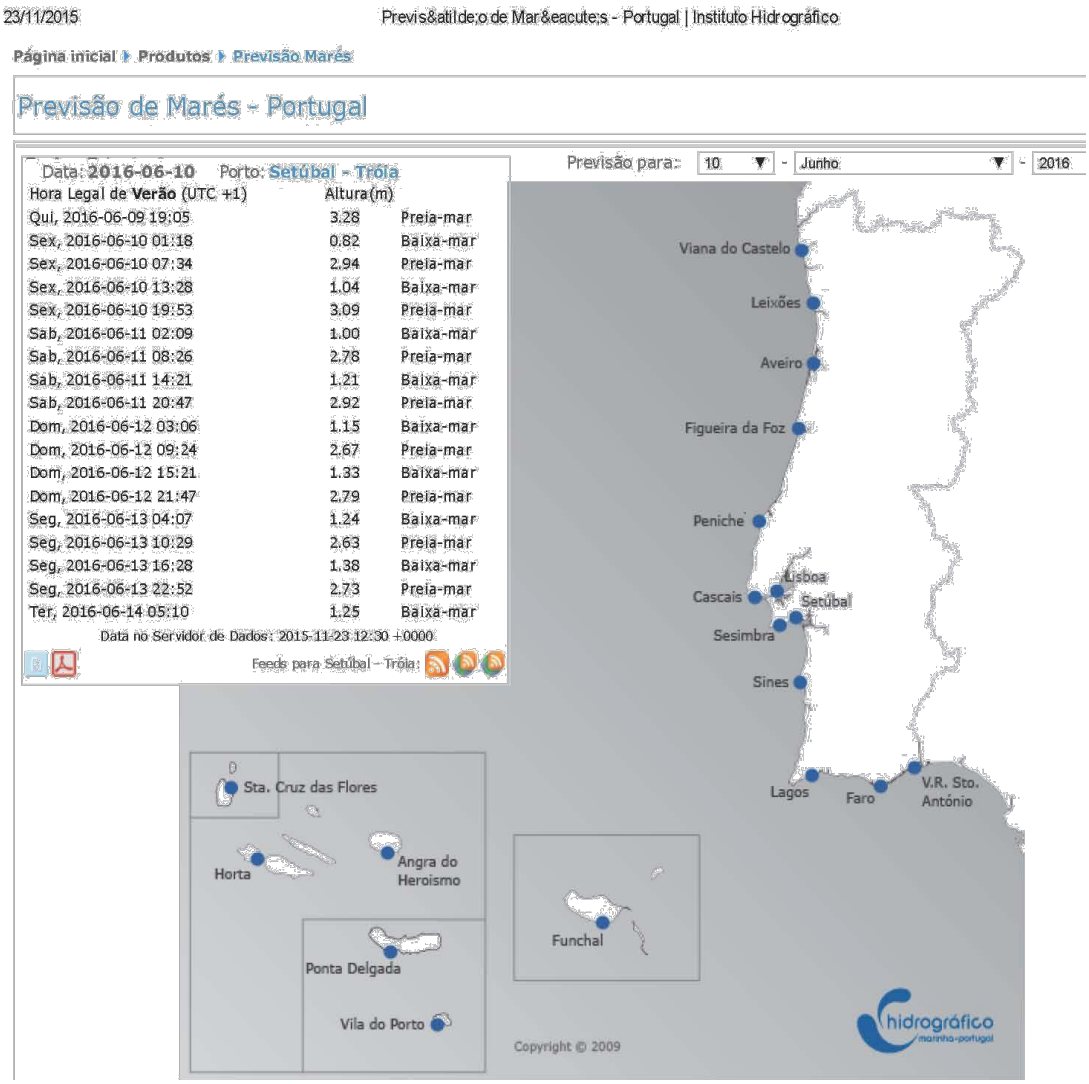
Day	Morning Period	Venue	Afternoon Period	Venue
June 07 – Tuesday	09:00 to 12:00	50m Out. Pool	16:00 to 18:30	50m Out. Pool
June 08 – Wednesday	09:00 to 12:00	50m Out. Pool	16:00 to 18:30	Ocean Training or 50m Out. Pool
June 09 – Thursday	09:00 to 12:00	50m Out. Pool	15:00 to 17:00 or 16:00 to 18:30	Ocean Training or 50m Out. Pool
June 10 – Friday	09:00 to 12:00	50m Out. Pool	15:00 to 17:00 or 16:00 to 18:30	Ocean Training or 50m Out. Pool
June 11 – Saturday	09:00 to 10:30 or 09:00 to 11.30	Ocean Training or 50m Out. Pool	Women's 10km	
June 12 – Sunday	09:00 to 10:30 Or 09:00 to 11.30	Ocean Training or 50m Out. Pool	Men's 10km	

Please note that this training schedule may be subject to change by the LOC.
All Team Leaders are advised to consult the available information board at the hotel on a daily basis.

COURSE FAMILIARIZATION

All swimmers will have a course familiarization opportunity on Friday June 10th, between 15h00 and 17h00.
During this period the race course will be fully setup.

TIDE INFORMATION



Rss feed with updated tide information (in Portuguese)
http://www.hidrografico.pt/previsao-mares.php

AIR & WATER TEMPERATURE

The average Air & Water temperatures in Setubal for the month of June are:
Air Temperature: 23˚ to 24˚Celsius
Water Temperature: 18˚ to 20˚Celsius

For a10 day weather forecast click here:
http://www.ipma.pt/en/otempo/prev.localidade/index.jsp?localID=15&cidadeID=19

6. Useful information

KEY ADDRESSES

Event Venue:	Swimming Pool:
Parque Urbano de Albarquel **Address:** Avenida José Mourinho 2900 Setúbal	**Complexo Municipal de Piscinas das Manteigadas** **Address:** Avenida Emídio Graça Manteigadas 2910-267 Setúbal - Portugal

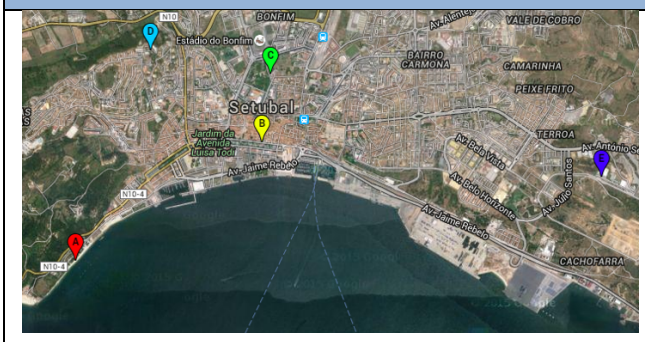
Hotels:

Esperança Centro Hotel
Teams Official Hotel and OC HQ
Address: Av. LuisaTodi, 220
2900-452 Setúbal - Portugal
Phone: + 351 265 52 17 80
Fax: +351 265 52 17 89
Website:www.lunahoteis.com

Hotel Premium
Teams Official Hotel
Address: Av. Alexandre Herculano, 58
2900-206 Setúbal - Portugal
Phone: +351 265 536 325
Fax: +351 265 534 289
Website:http://en.premiumsetubal.com/

Hotel do Sado
FINA FamilyOfficial Hotel
Address: Rua Irene Lisboa - nº1 e 3
2900-028 Setúbal – Portugal
Phone: +351 265 54 28 00
Fax: +351 265 54 28 28
Website:www.hoteldosado.com

MAPS



Event Venue
Esperança Centro Hotel
Premium Setubal Hotel
Hotel do Sado Business & Nature
50m Outdoor Training Pool

Click on the map to view interactive webpage

RACE COURSE

FINA Marathon Swimming
Olympic Games
Qualification Tournament 2016

Course / Support and Rescue Areas

Picture 1: General details

Starting pontoon — Feeding station pontoon — OMEGA Finish and intermediate time structure — Main evacuation point on land. — A: Main area of medical and recovery support — B: Medical and recovery support area opposite to race finish

COUNTRY INFORMATION

Language

The official language of Portugal is Portuguese. A lot of the citizens speak English in Portugal.

Currency

The currency of Portugal is the Euro.

ATMs - Automatic Teller Machines (Multibanco)

Portugal has a national network of cash machines (ATMs) identified by the symbol MB (Multibanco), from which you can withdraw cash 24 hours a day.

Currency Exchange

You can exchange money at banks, which are open from 8.30 a.m. to 3 p.m. five working days a week; at bureaux de change; and at automatic currency exchange machines (these are for currency sale transactions only).

Credit cards

In Portugal, the most commonly used credit cards are: Visa, American Express, Diners Club, Europay / MasterCard, JCB and Maestro.
If your Visa or MasterCard credit card is lost or stolen, contact the following telephone numbers for assistance:
- Visa: Tel. 800 811 107
- MasterCard: Tel. 800 811 272

Time

During summer time, the official time in mainland Portugal is the Universal Time Coordinated (UTC).

Electricity

The electric current is 220 volts and sockets comply with European standards.

Water

Running Water is appropriate for drinking.

COUNTRY INFORMATION

Communications

Telephones

In public telephone booths, coins and special cards can be used. They are sold in Portugal Telecom shops, post offices and some kiosks and news-stands (with a sign indicating this).

All telephone numbers in Portugal are composed of nine digits. To call from abroad to Portugal, it is necessary to dial the international access code 00 and the country code 351.

To call abroad from Portugal, dial 00, the country code, the area code and then the number wanted. The dialling codes of the various countries are affixed in public telephone booths.

Mobile phones

There are three network service providers - Meo, Vodafone and Nos – that have roaming agreements with most international mobile phone companies and provide users with a good coverage nationwide.

Internet

Internet access is available on payment in some cafés and in numerous post offices that have the Netpost service.

In various hotels and public facilities, like Airports, Conference centres, Restaurants, Service Areas in motor-ways and shopping centres, there are duly marked "wi-fi" areas where it is possible to access wireless Internet.

Pharmacies

In general, pharmacies are open on weekdays between 9am and 7pm (some close for lunch from 1 to 3 p.m.) and on Saturdays between 9am and 1pm.
They display an illuminated green cross outside when open at night.

All of them have information posted on the door indicating the nearest pharmacies that are open at night.

Taxis

Taxis are usually cream in colour, although there are still some painted black with a green roof in the traditional Portuguese style.

COUNTRY INFORMATION

The fare is shown on the taximeter. The prices are affixed inside the car or you can ask the driver about them.

There is an extra charge for luggage, regardless of weight or the number of pieces.

Carry cots, pushchairs, wheelchairs and walking aids are carried free of charge. Outside towns, taxis charge by the kilometre and the driver and passenger agree on the fare in advance. Where they exist, the passenger has to pay the road tolls there and back.

USEFUL CONTACTS

National Emergency Number: 112

Police (Setubal Area): +351 265 522 022

Setubal Hospital Centre: + 351 265 549 000
Hospital de São Bernardo
Address: Rua Camilo Castelo Branco
2910 - 446 Setúbal

Portuguese Swimming Federation: + 351 214 158 190 / 91 / 93

Taxi Central: +351 265 231 186